



The Stoke Climland Newsletter

Issue 37 May 2021

WELCOME to the end-of-May issue of the Stoke Climland Newsletter. As we enter June we recognise that we are reaching another crunch stage in the development of our response to the Covid pandemic. Will we be able and feel able to relax after June 21st or will the easing of restrictions be delayed? And, even if they were, will we want to relax into something that we keep calling 'normality'? There's some information about this on pages 3 and 5 and we will all need to heed the often-repeated advice to be cautious and sensible in what we do. And perhaps we already know that even the 'normality' has changed and that none of us will be going back to exactly the way we were in 2019.

This issue also includes a look back at the Millenium (see pages 15 and 16) and a first attempt at a description of a short walk through part of our parish (pages 17 and 18). The sun is shining as we finish this issue of the Newsletter and we would all be better off out there rather than crouched over a keyboard. So: enjoy the welcome feeling of summer and the sense of optimism that it brings as you tramp our local footpaths.

Deri Parsons and John Wilmut

Handover

In the last issue of the Newsletter we said that we will be producing four more issues and would then stop. That's now three more issues (two in June and one in July.) We described the reasons for this, made some suggestions about the possible ways ahead and invited others to come forward to take over from us, saying that we would do all that we could to facilitate a handover. We also provided descriptions of the three principal tasks involved in the production: editing, compiling and managing advertising. We've reprinted those descriptions on page 2 of this issue.

We haven't been bowled over in a volunteer rush nor do we have any clear statement from the trustees of The Old School about whether they intend to restart the Old School News, and on what basis that might happen. Time will quickly run out so, if you're thinking about getting involved, why not contact one of us (details below) and we can at least see whether we can make any progress.

**THINK OF THE FUN YOU WILL HAVE.
THINK OF THE NEW SKILLS YOU WILL
DEVELOP. THINK OF THE VALUE YOU
CAN BRING TO THE COMMUNITY**



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This issue of the Newsletter is published on The Old School page on Facebook and can be viewed and easily downloaded from www.theoldschoolnews.co.uk. The next issue is due out on June 15th.

**ABOUT THIS
NEWSLETTER**

This Newsletter is being produced by Old School volunteers in collaboration with the Parish Council. Please use our contacts to provide information or with questions about the Newsletter. Please do not leave information at The Old School office which at present is not always regularly staffed.
Editorial and information for inclusion: Deri Parsons 01579 370319 or derrick.parsons@btinternet.com
Advertising enquiries: Linda Ainsworth 01579 370632 or newsletteroldschool@gmail.com
Compilation by John Wilmut on 01579 370736 or johnwilmut@btinternet.com

WHAT' INVOLVED IN PRODUCING A NEWSLETTER?

This Newsletter has been produced by a three-person team: the editor, the compiler and the advertisements manager. Unlike the team that produced the Old School News, there has been almost no distribution to manage (because the Newsletter has been published online via Facebook, a dedicated website and by email) and all the copy editing and advertisement production has been shared between these three people. Below are statements that describe the three roles; any new team may, of course, wish to distribute the tasks in other ways.

THE EDITOR'S ROLE

The editor co-ordinates the work of the production team. To do this he or she needs to

- be reasonably well connected with activities in and relevant to Stoke Climsland Parish
- work with the compiler to ensure that there is a clear timetable for the production of each issue of the Newsletter
- liaise with existing contributors to ensure that copy is sent in by relevant deadlines
- contact new and potential contributors as and when considered appropriate
- edit (or arrange editing) of copy to meet house style and other requirements
- send edited copy to the compiler in a timely fashion

The skills to do this job (which may not all be obligatory and may be learned) are

- a capacity to link effectively with contributors
- a reasonable level of IT skills and competence in Word
- being comfortable with handling PDF files
- familiarity with basic image manipulation and editing
- some knowledge of Adobe InDesign
- basic familiarity with Excel and awareness of Open Office and other less commonly encountered programs.

The time required for this work is about 16 hours for each current issue.

THE COMPILER'S ROLE

The compiler manages the production of the Newsletter, using material supplied by the editor and working within the generally agreed format for the publication.

To do this he or she needs to

- work within the time frame agreed with the editor
- be willing to cope with whatever material is supplied in whatever form
- advise the editor of any problems with compiling material into the Newsletter
- incorporate advertisements sent by the advertising manager and to assist with advertisement creation and editing
- produce drafts for checking and proofreading
- generate the final version for publication and link with the person managing the website.

The requirements for this job are

- access to a suitable IT system and computer
- well-developed skills in the use of Microsoft Word and Excel
- fluency with Adobe InDesign (or some similar design package) and a suitable graphics package
- a good general understanding of computer software relevant to this type of publication
- some skill in graphical layout and a commitment to producing a high quality publication on schedule.

This work is likely to require about 16 hours per current issue.

THE ADVERTISING MANAGER'S ROLE

The advertising manager is responsible for getting advertisements to be included in the Newsletter. To do this he or she has to

- operate a systematic method for recording advertisements that have been included
- set up a schedule of advertisement sizes and prices in agreement with the editor and review these as appropriate
- maintain contact with existing advertisers so that advertisements arrive on time
- solicit new advertisements, particularly from local businesses
- liaise with the compiler when an advertisement needs compilation or editing
- provide the office bookkeeper with a schedule of advertisements so that invoices can be issued
- discuss with the bookkeeper and treasurer cases where payments are outstanding.

The manager will need to be able to

- link effectively with current and prospective advertisers
- work closely with the compiler, bookkeeper and treasurer
- maintain a spreadsheet record of advertisements inserted.

This work is likely to require 8 hours per current issue.

COVID UPDATES: RE-ENTRY ANXIETY

Our activities are still bound by the restrictions announced on May 17th and, at the moment, we can look forward to a further announcement on June 21st, assuming that cases from the Indian variant do not get out of control. Rather than detail what we can and cannot do (but we have given you a reminder in the box), we thought we'd say a few words about a matter that might be affecting some of us – re-entry anxiety. For many people, the phased relaxation of the Covid restrictions is great news – normality is returning. But for others, it's not quite so simple: getting back to normal is a time of uncertainty. Will I really be safe? Can I really go to meetings and to events without getting infected? Some people are going to experience re-entry anxiety.

What is re-entry anxiety?

Re-entry anxiety is the name given to the complex thought patterns surrounding returning to 'normal' in society. For over 14 months, many people have become used to going out less, seeing fewer people and doing things differently. If we can remember back to the beginning, there was a period of adjustment for us all as we went into lockdown. Thinking about going back to work or using public transport again could induce feelings of stress, anxiety and overwhelm.

How many people suffer from it?

This is difficult to quantify since the situation is relatively new. As many as 25% of people may be feeling anxiety at any one time, during a 'normal' year. However, the long period of time in restrictions mean everyone is susceptible to feeling unsettled. Change can be difficult for anyone.

How can I manage these feelings?

Firstly, you need to know is that it is OK to take your time. Some people may be rushing to get to the nearest pub on Monday. But if it feels too soon for you, rest assured that you can set personal boundaries. Secondly, remember to talk to someone. This might be a friend, or even a therapist. We frequently realise when we talk to others that we are not alone in our feelings. Thirdly, be mindful of sensory overload. Things have been quiet and still for a lot of the time we have been in lockdown. This is going to change: this too shall pass. Finally, try to have fun. Look for things you are excited to do.

Fortunately, there is a lot of support in Cornwall's voluntary sector. For a list of those organisations who support mental health, you can access them through this [directory](#).



People can meet in groups of up to 30 outdoors



Six people or two households can meet indoors with overnight stays allowed



Pubs, restaurants, bars and cafes allowed to serve customers indoors



Museums, theatres and cinemas can open



Hotels, hostels and B&Bs can reopen



Adult indoor group exercise classes can restart



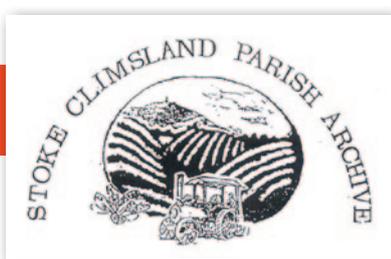
People urged to be cautious about hugging close friends and family

COVID CASES IN OUR AREA AND VACCINATIONS

The good news about the number of Covid cases in Cornwall generally and specifically in our Altarnun and Stoke Climsland Ward continues. The numbers are still declining, the number of hospitalisations similarly and, as we've said before, the very best measure is the absence of any Covid-related deaths. But, as ever, there is no room for complacency as the Indian variant is still infecting relatively large numbers of people elsewhere in the UK. Being pessimistic (or realistic?), it may be only a matter of time before it reaches Cornwall. Let's not let our guards down and continue to be careful and take whatever precautions we can, albeit against the background of relaxing the rules.

As far as the vaccination programme is concerned, all over-30s are now eligible for the vaccine in England, and the NHS is preparing to extend the rollout to those aged 18 to 29. Booking in England opened to those aged 30 and 31 on May 26th, with those in their late 20s expected to start getting invitations in the week beginning May 31st. This comes as the rollout of second doses has been accelerated, following concerns about the spread of the Indian variant, with over-50s due to get their second jab by June 7th, two weeks before lockdown restrictions could be lifted.

The NHS is strongly recommending everyone eligible to take up the offer of a jab. Matt Hancock has recently said: "The vaccine is our way out of this pandemic and recent data has shown the life-saving protection (that) a second dose of the jab can give, especially against the new variant. I urge everyone to come forward when you get the offer and play a part in getting us back to normality." Remember, getting a vaccination is easy: you can either book an appointment online ([click here](#)) or wait to be contacted by the NHS with an invitation. But why wait for an invitation? Book your jab now.



THE ARCHIVE CALL FOR FAMILY TREES

Do contact us if you would like to do any research of your own, help in the Archive or with Exhibitions.

And by the way, we're always looking for typists! If you'd like to volunteer an hour or two to typing up a document from a hand-written copy – just tell us!

For more information, phone us on 01579 370411 or via The Old School on 01579 370493 and thank you !

Don't Forget! We'd love to borrow your FAMILY TREE for an Exhibition to be displayed later this year at The Old School.

We have a good number already, in all shapes and sizes – some are just one or two lines (like mine – I'm only just starting) and others go back for centuries and cover large sheets of paper! Some have photos, some don't; some are drawn like a tree, and one goes round in a circle. We will copy or scan them to display.

This month we're putting out a special plea to Primary School children to make trees for their families – and yes, they can draw portraits of all their family members – we're looking forward to seeing them so much that we'll give a prize for the best one!

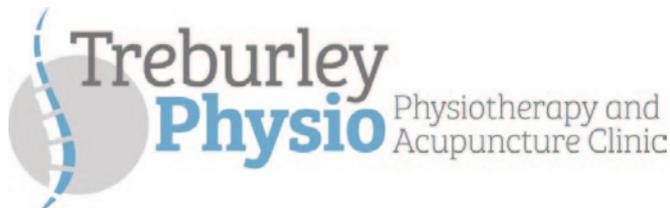
We're looking forward to this!

Caroline Vulliamy

What's in Your Genes?

Following the presentation about DNA testing as an aid to Family History on 19th April members of the same group met again on Zoom on 10th May for a general discussion, to ask questions and to exchange ideas and experience.

At that session the participants agreed that, if they wanted to raise further questions or needed help they would circulate the group and that another open session (online or face-to-face) might be arranged. If you didn't join with these sessions but would like to be involved please email Deri at derrick.parsons@btinternet.com for further information.



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Hello everyone, from your SCARPER team. Well, at the time of writing this the rain continues to cascade down. Hopefully, by the time you are able to read it, the weather has improved, and if half-term is relevant to you, then you are able to enjoy some 'freedom' times. Did you enjoy 'hugging Monday'? We hear that many families have begun to enjoy time with their loved ones and long-term friends. The 'staycation' trend is pushing up the sales of caravans, campervans, and motorhomes, all of which must be good for the UK manufacturers. Also, as the local 'hostelries' open for indoor eating (and drinking!) we begin to support those independent businesses that have desperately worked so hard to keep their heads above water.



Thankfully, the current variant of the Covid-19 virus (being called the 'Indian Variant') is not prevalent in the Peninsula. This has to be a reminder that the virus is still out there, we can still catch it. Did you read that even if you have had your two vaccinations, but you are diagnosed positive (but not getting unwell, thankfully) you will still have to self-isolate for 10 days? Are you picking up your lateral flow test kits locally? The recommendation suggests twice a week self-testing. Are you? So, SCARPER remain on stand-by for a real emergency, thankfully the heavy rain has not (yet) produced any serious problems. Long may that continue. In the meantime, our volunteer service remains open. We continue to offer the prescription collection service as long as it is needed. If you need collections due to your medical conditions, the collection service will be there for you. Please check your prescriptions and quantity of medicines you will be needing, also check on the pharmacy (and doctor) opening times which may be subject to changes. Just let Sarah Ross know when your prescription is ready, and she will arrange collection, see her contact details below. As restrictions begin to relax the needs for this service

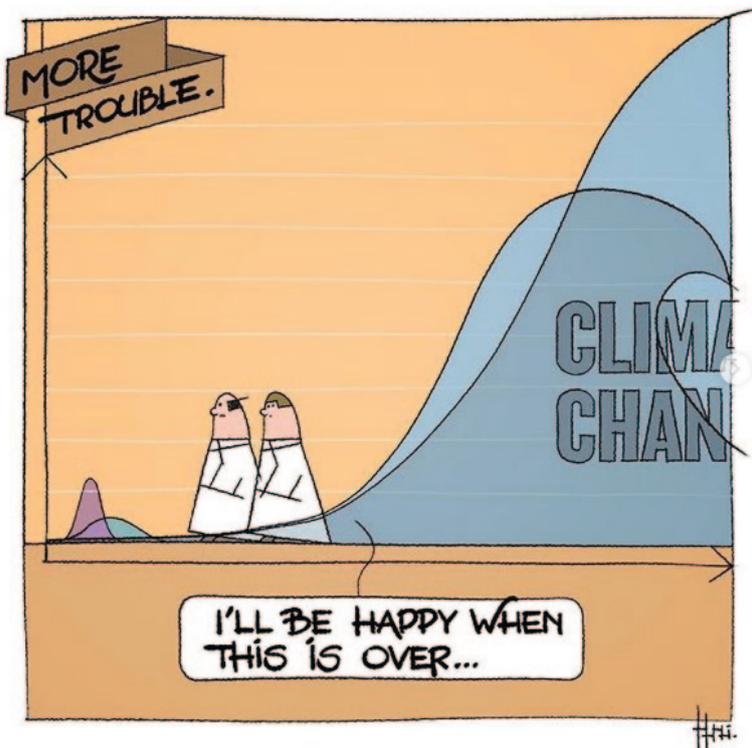
may also reduce. But some of you may still need to use it. Please contact Sarah if this applies to you and we can see how we continue in the coming months.

Ren Jackaman (contact: parishclerkscpc@gmail.com or 07878 368857), our 'vulnerable and self-isolating' co-ordinator. Contact Ren if you want to be added to our list or if you know of a neighbour who might be in need of some support.

Sarah Ross (contact: srossscpc@gmail.com or 01579 370521), our prescriptions and medicines co-ordinator. Please contact her if you need help.

Nigel Cooper (contact: njcooperscpc@gmail.com or 07525 351628), our volunteer co-ordinator. Please contact Nigel if you want to help us.

Village Store: Sue Watts (contact: sue-watts@btconnect.com or call 01579 370201). Please contact Sue if you want home deliveries of your groceries.



Stay safe, please try, and keep well and continue to follow the Government and Cornwall Council guidelines as they (and the 'road map' dates) may change.





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**CLOSING DATE FOR APPLICATIONS: 4TH JUNE 2021
DATE FOR INTERVIEW: WEEK COMMENCING 14TH
JUNE 2021**

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STOKE CLIMSLAND SPORTS AND SOCIAL CLUB

As we move out of lockdown and the first glimmerings of 'normal' starts to appear, the Committee has been looking at events on the field. We have decided that we would hold our ever-popular Fabulous Fish and Chip Night again this year. Hopefully, it will be in July when the government may have decided that the risk of another Covid outbreak has diminished. It will be a ticket-only event and limited to 100 tickets. The tickets will be £6 and given the English weather you can eat on the field or have a takeaway. We are hoping for a warm summer evening! You can pay for drinks by card as the bar will be on the field ready for action. As I said the date is yet to be confirmed so keep an eye out for information. Tickets will be sold through the Post Office.

As many will know we do not usually have events in August because many people are away on their holidays or having guests staying with them. However, this year we are considering having a 'Pop-up' quiz on the field, again weather permitting. It will be a ticket-only event; £5 for a team of up to 6 people. We think we can have up to 20 teams in the space. The ticket will include a free entry into a raffle. Again, please keep an eye out for information which will be posted on notice boards outside the Club and the field. You can follow us on Facebook as well.

The committee is continuing to follow Government guidelines and hope to be fully open as soon as it is allowed, and people feel happy coming back to the club.

If you want to know more, telephone the secretary: Louise Power on 01579 370819 or email louisepoweraok@msn.com.



METHODIST CHURCH

A local Wesleyan Methodist Society was formed in Venterdon in the early 19th century and in 1816 a chapel was erected. In 1869 the larger present chapel was built in the field behind with its own burial ground, and the old chapel converted to a room for the Sunday school. The old chapel has since been demolished, and the site used as an entrance to the car park.



The original stables and coach house survive as garages. In 1948 the seating capacity was 220. In 1994 the chapel was closed for extensive restoration work, and it is now officially Stoke Climsland Methodist Church. We would be pleased to welcome you at one of our services of Sunday Worship,

all of which start at 11am. Here are the services we are holding in June.

June 6th: Revd David Moss, with Holy Communion.

June 13th: Local Arrangement

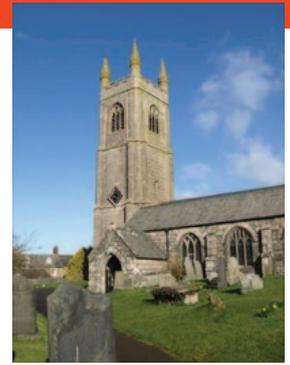
June 20th: No Service at Venterdon due to Circuit Celebration Service at Tamar Valley Methodist Church at 3 pm

June 27th: Naomi Sparey



PARISH CHURCH

Stoke Climsland church is now open all day Wednesdays and Sundays. Please keep to the south aisle and the Chapel of Remembrance.



If you are using the chairs, please use the sanitizer sprayer provided to clean your chair. Remember social distancing and be respectful of others. We have returned to holding 'live' services to which all are invited to attend in person. Our services for June will be:

June 6th: 10 am Morning worship led by Alan Bruce.

June 13th: 8 am Holy Communion led by Joe Lannon and, at 10 am, an All-Age Service led by Dominic Nelson.

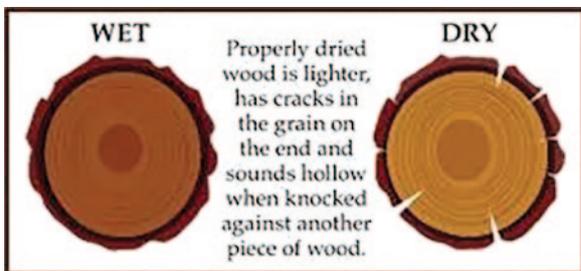
June 20th: 10 am Holy Communion led by Joe Lannon.

June 27th: 8 am BCP lead by Joe Lannon and, at 10 am, a Family Service led by Ryan Hill and Jane Coumbe.

If anyone would like to meet to be prayed with, please phone Barbara (07971 667556) or Jan (01579 370319) to arrange a time while the church is open.

RESTRICTIONS ON THE SALE OF COAL AND WET WOOD FOR HOME BURNING

Restrictions on the sale of coal, wet wood and manufactured solid fuels for burning in the home have come into force from 1st May 2021. The purpose of this legislation is to cut pollution harmful to human health. Burning at home, particularly with traditional house coal or wet wood, is a major source of the pollutant PM2.5 - tiny particles which can enter the bloodstream and lodge in lungs and other organs. PM2.5 has been identified by the World Health Organisation as the most serious air pollutant for human health.



Wet wood, also known as green or unseasoned wood, contains more than 20% moisture which, when burned, creates more smoke and PM2.5 than dry wood. People with log burners and open fires will be required to buy cleaner alternative fuels -if they are not already- such as dry wood and manufactured solid fuels which produce less smoke. Both of these cleaner options are just as easy to source and more efficient to burn, making them more cost effective.

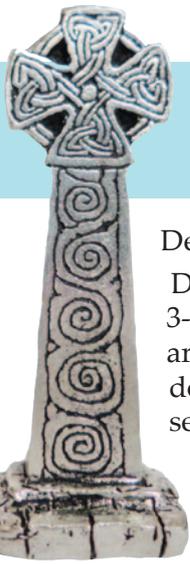
Burning dry wood also produces more heat and less soot than wet wood and can reduce emissions by up to 50%. Wet wood can also damage chimneys much more, by allowing tar and soot to build up.

The restrictions mean that:

- Sales of bagged traditional house coal and wet wood in units under 2m³ are now unlawful.
- Wet wood in larger volumes must be sold with advice on how to dry it before burning.
- All manufactured solid fuels must have a low sulphur content and only emit a small amount of smoke.
- A new certification scheme will see products certified and labelled by suppliers to ensure that they can be easily identified, and retail outlets will only be able to sell fuel that is accompanied by the correct label.

Susan Davies

Stoke Climsland Climate Change Action Group (SCCCAG)



CHURCH MATTERS: THE HIGHS AND LOWS OF THE JOURNEY

Dear Friends,

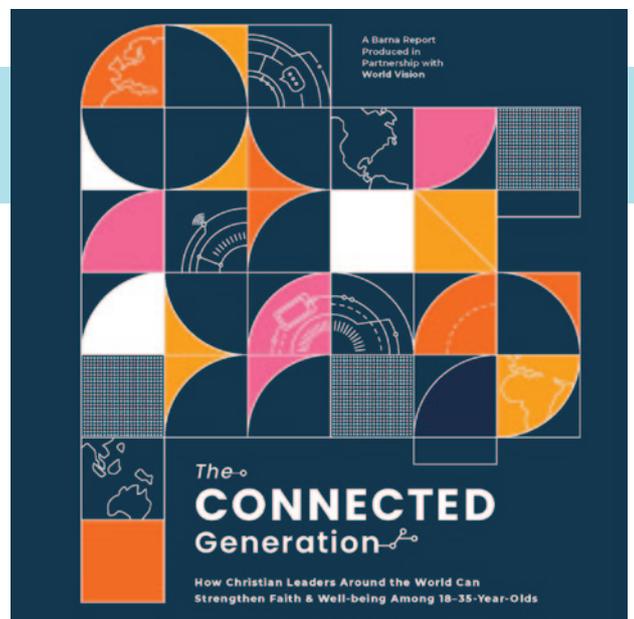
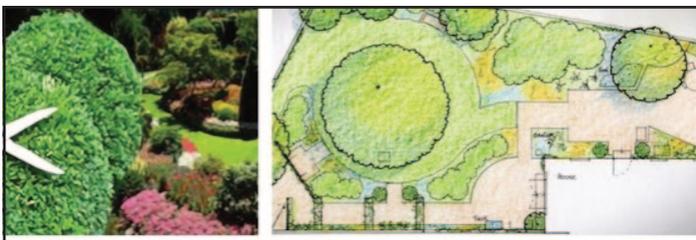
Driving around these parts in a little car with a 3-cylinder engine is sometimes a challenge when you are faced with a steep Cornish hill. I then must drop down through the gears and often find myself in second, unless I have had a good run up beforehand.

The exhilaration of reaching the summit and gazing across the moors to the sea is worth the steady climb. Life, and faith, is a journey of highs and lows, of long, uphill struggles and exhilarating moments with mountaintop vistas.

Today I heard about the people of Israel crossing the Red Sea and experiencing an apex in faith. They had just seen God work amazing miracles to deliver them from slavery in Egypt. Exodus 14:31 says: And when the Israelites saw the mighty hand of the Lord displayed against the Egyptians, the people feared the Lord and put their trust in him and in Moses his servant. This caused Miriam to burst into her song about how God delivered them with His mighty hand from their enemies. This was quite a high point and there was great celebration. However, it was not long before it all went pear shaped. For the next three days the people went into the desert of Shur and did not find any water (Exodus 15:21). They reached Marah and discovered water, but it was bitter and not fit to drink. It was then that their faith plummeted, and they began to grumble against Moses. Moses prayed to the Lord who miraculously purified the water. The rest of the passage tells us that the Lord tests faith. He wants faith to be real through the highs and the lows.

Recently I heard about how Faith makes a difference to our mental wellbeing (Barna and World Vision: The Connected Generation Report). There is a lot of anxiety, worry and stress in our world as we continue to battle with living through a pandemic. Faith in a God (who does mighty things, protects, and provides for us) makes a difference. We've just celebrated Pentecost and the birth of the Church. This was the beginning of the Last Days; that time (we are still in) when God promises to pour out His Spirit. Is it time to call out and ask God to give us fresh, sweet springs of living water to keep us in the wilderness?

Blessings,
Joe Lannon (Rector)
Callington Cluster

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All eyes will be on West Cornwall in less than two weeks' time as World Leaders descend upon Carbis Bay, St Ives for the G7 Summit. Inevitably, our own UK Government as host wishes to lead the headlines with promises, commitments, and actions on a range of related issues. So, it is with haste that announcement of Britain's first major trading deal outside the EU limits has been brokered by International Trade Secretary, Liz Truss, to strike a free trade agreement (FTA) with Australia. It is surely no coincidence that the Aussie PM is one of the guests of the UK.

Apprehension and alarm have been raised across the farming industry as UK livestock producers were promised any potential new International Trade Agreements would be subject to detailed scrutiny by an independent Trade and Agriculture Committee (TAC). Without any checks and balances of equitable animal health and welfare, production methods or environmental impact assessments, any such deal could easily disadvantage if not decimate our own domestic beef and lamb sectors. Australia is already the second largest exporter of red meat in the World with beef alone amounting to more than the whole production of the EU. There is little comparison between our systems of Northern Europe (traditional family farms with an average of 50 head and environmentally friendly grass-fed cattle)



with those of the Southern Hemisphere – massive 50,000 head Beef Feed Lots raised entirely on grain and growth hormone implants. Offering them a tariff free trade deal to so different standards is of great concern. Similar concerns have been raised previously when questioning the production systems of North America. So, whilst there may be consumer resistance to any such beef appearing on our supermarket shelves or high street butchers, the real threat to our UK livestock sector comes indirectly from any poorly labelled imports ending up in manufactured foods and convenience 'ready meals', or public service catering. A flaw in our marketing system, as with many products treated as a commodity, is that all red meat is priced and based on supply and demand across the entire product range. Although, for example, our local protected grass-fed West Country beef and lamb may attract a favourable premium of x pence per kilo, it only takes a glut of lower quality World Market commodity beef, so attractive to the manufacturers, to reduce the overall market base price.

Whilst we as proud South West and UK Farmers in general remain resilient and ready for any challenge: even in the knowledge that the Aussie deal has a 15 year transition period built in. Additionally, we are assured that our own export opportunities could develop in this Brave New World post-Brexit. Against this background, it seems rather ironic that, just at this time of change, we have our own DEFRA launching yet another consultation – on, of all things, plans for an exit strategy for UK farmers offering a lump sum retirement package to restructure the agriculture industry! However, if deemed attractive enough to many farmers and coupled with further economic pressure, a rising 'green' environmental agenda and the ever-challenging weather extremes, then we could well see our domestic food production and national security further compromised to the point when further deals across the world may be necessary to fill hungry bellies. Indeed, it could be Matilda who fills your Tucker Bag in the near future! What a legacy for Cornwall and UK hosting the G7!

'Stay Safe, Protect the NHS and Save Lives', plus keep it local and Back British Farming – thank you from us all

Down on the Farm.

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NATURE NOTES

We wanted rain? We got it! More in the first half of May than in the whole of March and April. The farmers get their grass and the gardeners their weeds. Arguably, a longer-term effect will be the unseasonably and protracted low spring temperatures particularly at night, causing the noticeable reduction in insects of all kinds. Reports are now coming in of stresses on the food chain relying on insects. Bats have been seen flying by day; adult birds dead on their nests. Pollination and thus subsequent crop yields may well be down. I have a fine row of Broad Beans in full flower, but scarcely any bumble bees to pollinate them. It comes to something when you are pleased to see a Large White Butterfly in the garden after several weeks with not a single one of any kind! Nature usually recovers from such short-term glitches, but when populations are under various other pressures, every individual stress on the system becomes more significant.

Have the Swallows been hanging back in France, headed off by the unfavourable weather further north? The usual pairs we see studding the roadside telephone wires have steadily dwindled over the past years and so far, we have seen none around us; the nearest is Rezare. While watching out for the Swifts that nest in the Callington Comp. School roof (they are not to be seen yet, though they are back at Trekenner and at Horsebridge.) we saw that the rooks, which have a few nests in the big Maritime Pines opposite the school entrance, were performing a languorous synchronized flight in pairs above the trees. They have already nested, and no doubt have young, so this was presumably a pair-bonding display. Starlings, once such common roof and shed breeders are much more seldom seen in the breeding season these days. So, we were pleased to see a couple of pairs around The Old School roof the other day when we went to vote.

Taking the back road to Launceston beyond Rezare we noticed a good lot of the inelegantly named Bastard Balm plants coming into flower along one stretch of bank. A Nationally Scarce* plant, we are fortunate in East Cornwall to have a good number of sites for this handsome flower, the Rezare lot being about the most extensive I know together with that

in the coppiced clearing in the Greenscombe Reserve. Favouring shady woodland edges and road banks, this endangered plant of the mint family only grows in SW England, the New Forest and SW Wales. In Devon and Cornwall, the population seems stable, but it is declining significantly elsewhere largely due to the two opposite factors of either overshadowing or overgrazing.

* **Nationally Scarce** is a designation given to a species with few national records. Nationally Scarce Category A is given to any species with records in only 16 to 30 hectads and Nationally Scarce Category B with records from 31 to 100 hectads. (A Hectad is 10kms x 10kms in extent as shown in the British Ordnance Survey maps.)

Mary Atkinson



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The next Newsletter will be published on June 15th, just before (we hope) all restrictions will be lifted. What an excellent time to advertise your goods and services with us!

Details from Linda Ainsworth - contact details on page 1

A MIX OF THINGS THAT WON'T FIT ELSEWHERE

DUCHY COLLEGE
OPEN DAY
STOKE CLIMSLAND

11 JULY
10AM - 4PM

Entry **£10** per car

Join us for entertainment, food festival, bar, vintage vehicles, dog show, pet the animals, presentations, outdoor activities.
A great family day out

Book online at
www.duchy.ac.uk/events/stoke-climsland-open-day/
(fees apply)



EAST CORNWALL MINING HISTORY ASSOCIATION
you are warmly invited on

Sunday – 27 JUNE 2021

to join us

on Zoom at 2.00 p.m. (log in from 1.45 p.m.)

when

Dr Susan Pittman will give a Power Point presentation

'From Horsebridge to Mount Edgcombe'

based on holiday slides exploring the Tamar from 1978-1983

to register for the link please

contact Caroline Vulliamy (carolinevulliamy@hotmail.com)

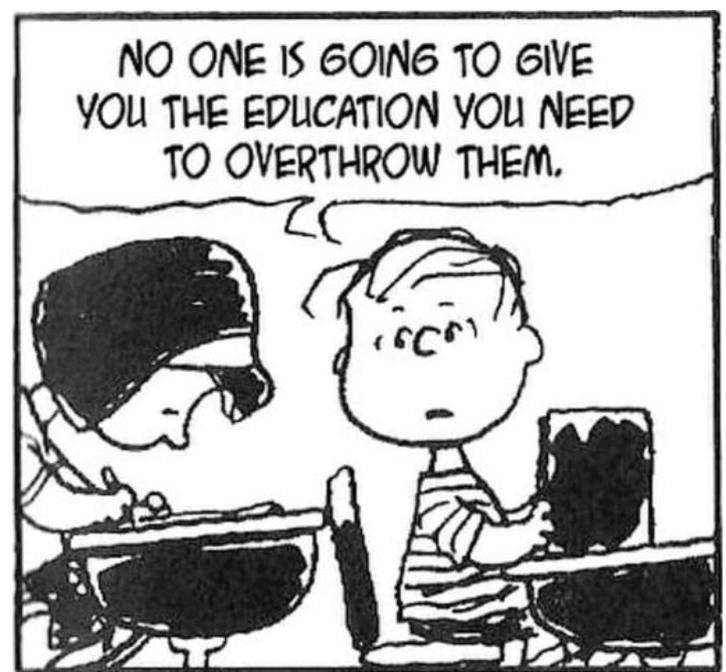


New Consols Mine site, Luccett - the engine house and crushing mill, 1978.

SOUTH TAMAR ART TRAIL
Saturday 19 June - Sunday 27 June 2021
23 artists, 8 venues, 4 public art locations

All venues have Covid precautions in place. This event is supported by Drawn to the Valley.

Mel Guy writes:
As with most arrangements of the last few months - our Art Trail was postponed because of Lockdown. The postponed exhibitions will now be open on the Art Trail from 19th June - Sunday 27th June. Brochures are available from The Old School or email meljoyguy@hotmail.com for information.



The Old School is still operating with a very limited range of activities but a number of the old favourites are re-starting soon and some new initiatives are planned. All, of course, are organised to comply with current and developing health guidelines and regulations so that Edah and the trustees are taking it a step at a time. There will be some events that will probably not restart until September and any changes in the government's road map may still affect what can or can't operate.

The office is dealing promptly with messages and enquiries and is staffed on most weekday mornings, so that messages left on the answering machine on **01579 370493** and on email at **theoldschool78@gmail.com** are responded to as soon as possible. We also try to keep you in touch via this Newsletter which is published online on The Old School Facebook page and on **www.theoldschoolnews.co.uk** where it is easier to read and download. Below is a summary of what we know is happening as we prepare this Newsletter.

THE ACUPUNCTURE CLINIC continues on Mondays at The Old School but only by prior appointment. Contact Michael Clements on **01752 770998** or **07711 934845**.

THE CHIROPODIST will hold an appointments-only clinic on Thursdays at 2-week intervals from 15th April. You may wish to check with the office for details of clinics.

TAKEAWAY MEAL We're sorry that the next take-away meal, scheduled for **Saturday 5th June**, has had to be cancelled. As far as we know, there will then be no take-aways in July and August but it is intended to resume the service on **4th September**.

THE LIBRARY has reopened on weekday mornings. Social distancing and hygiene rules must be observed and it may be sensible to check with the office before coming.

THE OLD SCHOOL BOOK CLUB

continues as a Zoom meeting on the morning of the third Tuesday of each month. Please email Helen Cadiot on **helen.cadiot@outlook.com** if you would like to join the Club - she will let you know where to collect a copy of the book and will arrange for you to get the logon details for the Zoom meeting.



The **MARKET** has resumed and will continue on the first Saturday of each month. Details are on the next page

THE CROSS BORDER ART GROUP restarts meetings on 19th June

THE LAUNCESTON TATE LOOK GROUP

will restart its monthly meetings with a meeting on **1st June**. The details of a special July meeting on Rock Art are on the next page.

CALLINGTON U3A GROUP will be holding meetings on **June 3rd** and **17th**. For details please call the office (contacts above).

JAZZ CLUB hopes to start in the autumn, subject to continuing relaxation of the Covid restrictions. Two provisional bookings with old friends of jazz at The Old School have been made; they are:



Saturday 2nd October - John Shillito and the Riviera Ramblers, pictured here

Friday 10th December - Roger Marks Cornish Armada Jazz Band.

We expect the evenings to take the usual form with a two-course dinner in the interval and a well-stocked bar.

These are dates for your diary. Bookings will open at the office at The Old School early in September. Lets hope that this turns out to be the return of music to The Old School.

FRIDAY LUNCHES will restart on June 11th. As has always been the case, you will need to book ahead by contacting the office at least a couple of days beforehand. Whilst Covid restrictions continue you will be asked to wear a mask when moving around and to sign in on arrival. The price will be £6.50 per person.



To whet your appetite Edah has supplied the following menus for the first three lunches:

- June 11th** Roast Lamb
Apple Pie
 - June 16th** Poached salmon
Mango Roulade
 - June 23rd** Roast Chicken
Pineapple steam pudding
- With tea and coffee also served.

200 CLUB winners for May are

- May 17th** L Galer
- May 14th** P Davies-Gregory
- May 21st** P Davies-Gregory
- May 28th** A Harper

THE MARKET IS BACK

We are delighted to be able to offer you our Saturday Market again. It resumed on May 1st, once again using the car park, and this will be the pattern for the time being.

The next Market is on June 5th from 10 am to midday. We ask you not to bring cars into the car park - there is parking space outside and alongside the village green. For the time being, please observe the normal rules for social distancing and follow direction signs. As before, we will ask you to sign in when you arrive.

We will be offering a light breakfast fare of filled baps, teas and coffees, served from the back door of the kitchen where we also expect to place tables and chairs so that you can dine in comfort (observing the Covid rules, of course).

We will make arrangements to keep you dry if the weather is poor. Providing that we can comply with Covid regulations we will move the Market indoors in due course and we hope that we can then resume a full breakfast service. Updates will appear in this Newsletter.



These are our regular stallholders

Sue Cook – Plants – 01579 383885

Karen Cooper – Cards – 01579 370536

Jeremy Daw – Butcher – 01579 350410

Chris George - Wood Turner- 01579 370654

Michael Harford – Wood crafts – 01579 370663

Dawn Hunn – Vegetables and strawberries in season - 07779 058889

Sandra Jane – Leather products – 01579 370966

Val Kidman – Preserves & Cakes – 01579 370297

Linda Losty – Aprons, Masks etc. – 07733 298969

Ian MacDonald – Framing -01579 351221

Di Nash – Gift Hand Knits – 01579 384155

Neil Robyns – Pies, yogurts, etc. – 07831 625159

Derek Scofield – Fruit Juices – 01579 350594

Dale Wood – Honey – 01579 362458

A few pictures of the May Market by John Wilmot

Val Kidman, the Market organiser writes:

If you require a special item from a Marketeer, please contact them directly at least a week before the Market Day.

So – why not come along and support The Old School and Market as we have missed seeing so many of our customers due to the Pandemic and look forward to meeting new customers.

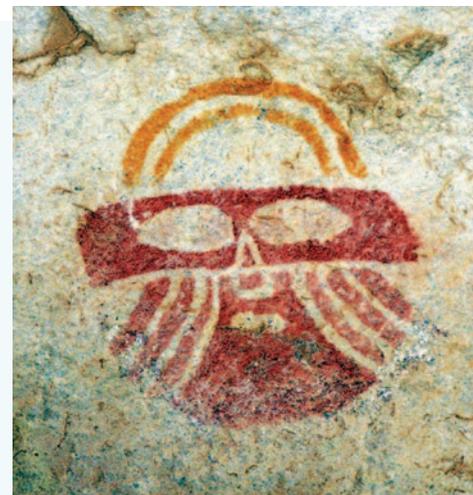
A LOOK AT ROCK ART

An invitation from **The Launceston Tate Look Group**

To celebrate the long-awaited summer, the Launceston Tate Look group are taking a look back to the very earliest days of human artistic endeavour.

We will be hosting a talk from the anthropologist and archaeologist, Jamie Hampson. Jamie specialises in indigenous rock paintings and engravings, some of which are over 70,000 years old. He works with Aboriginal groups in northern Australia, San Bushmen in southern Africa, indigenous groups in central India, and Native Americans in California and Texas. Jamie has a PhD from Cambridge and is currently Director of the MA programme in International Heritage at Exeter University (Penryn campus).

Jamie will be with us in the hall at The Old School for his illustrated talk, at **7 pm on Thursday 8th July**. In line with government advice, seats will be limited to allow for social distancing and pre-bookings only. To reserve your tickets, please contact Helen Adams **01566 782129** or Jo Pescod **01579 370200**. Tickets £5, will be collected and paid for at the door. The Look group will be providing tea, coffee and cake. We look forward to seeing you there.



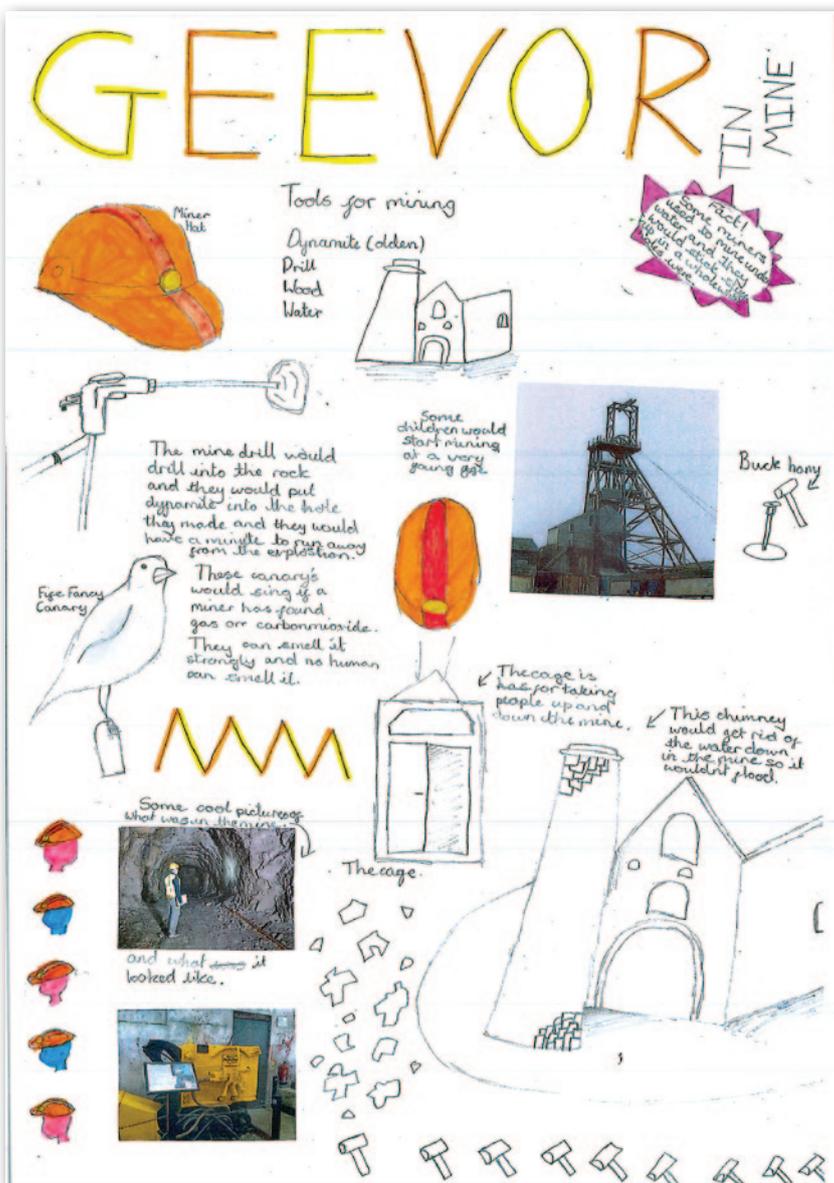
WE WENT TO GEEVOR

Stoke Climsland School



This half-term has been a busy one, so we are all looking forward to half-term, hopefully in the sunshine! Year 6 are enjoying their last few months at school before all embarking on their new journey at their chosen secondary school. Recently they had a fantastic day trip to Geevor Mine which was well worth the long coach journey. The children followed in the footsteps of Cornish miners; they enjoyed the hand drilling and rock crushing sessions. They had a tour of the processing mill, an underground tour of the mine and they panned for gems. You can see a great piece of written work by Leila following the trip. Sadly, the London Residential could not go ahead due to Covid but we hope the Year 6 pupils will enjoy next term's beach day, their trip to Tamar Trails, a fun day at Camel Creek, not to mention a sleep over at school! They have been busy practicing and recording a song for the G7 Summit, all in the good hands of their class teacher and music lead, Mr Tom Lumby.

We have really missed all the school assemblies, whole school singing, and performances and it has been tough for all the pupils being separated into their class bubbles. Hopefully, next term we will be starting to take advantage of the restrictions lifting and ZOOM get-togethers for the whole school will be a thing of the past.



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Just imagine if we could put children's voices at the heart of G7 2021 and make the Summit relevant to their young lives. That would certainly be something to sing about.

Take a look at this **music video** to see and hear the Truro Cathedral choristers singing Gee Seven by Sir Tim Rice and Peter Hobbs for 'Sing2G7'.



We welcome all contributions to this Newsletter - it makes it so much more interesting if it reflects the diversity of interests and activities in the parish. The deadline for each issue is 2 days before the publication date - see page 1 for details.

HOW MANY CAN YOU IDENTIFY?



This is a photograph of the Parish Council and other parishioners, taken in 2000. To check names, turn to the next page.

AND A PERSONAL LETTER FROM ONE JUST-RETIRED COUNCILLOR

Dear All,

I'm just saying cheerio and thankyou for having me! to Stoke Climsland Parish Council after what I think is 40 years as a parish Councillor. I can't say that it's all been fun, but for someone keen to protect and appreciate the local landscape, natural environment, and traditional buildings wherever I find myself, I would have found it harder not to be there.

Now that we are creating our Neighbourhood Plan (again) and Cornwall Council is building its response to Climate Change there may be more positive ways to do that.

I'd love to tell you more about the different eras I have seen, starting in the later years of Mr Dymond as Clerk, Martin Penney and Jake Lightfoot at either end of a row of councillors. They and others who'd spent their lives here really felt indignant when people applied for inappropriate plans or things they felt were not right for the parish.

It made a big difference when we started to sit round a table and didn't have to shout. For some years we could really concentrate on the subjects in hand, develop projects, and work on new and positive activities under a succession of chairpersons. The Parish Supper and Entertainment was an annual event to look forward to; though the entertainment was variable one male voice choir was amazing!

Digitisation hasn't made the job easier – as with so many things, it means there's more of it – more, longer, papers on every subject being sent from the County Council, even if it's just for 'consultation'. But now, with Central Government evidently trying to keep more overriding decisions to themselves and seemingly impoverishing the Counties' finances, Cornwall County Council like others needs to try to offload more onto the Parishes, and to involve them far more in decision making.

At the moment the Climate Change initiatives being evolved by Cornwall Council look like the brightest spark, and I wish them all the very best as well. Let's hope for positive outcomes.

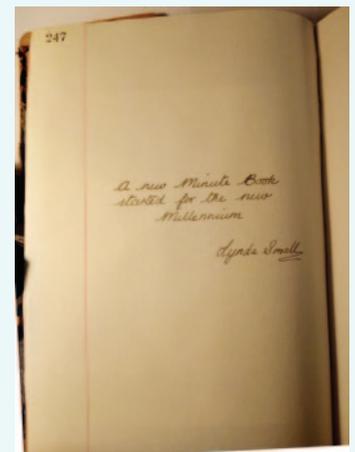
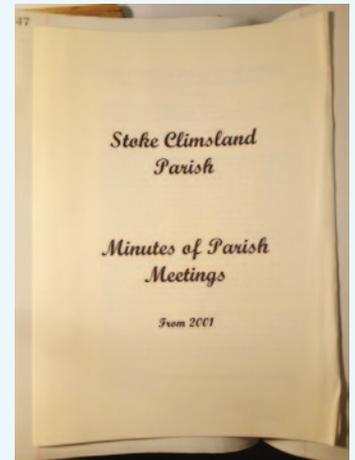
With Very Best Wishes,

Caroline Vulliamy

PUTTING NAMES TO FACES



These are images taken from documents held by the Parish Archive. Also below are image of the new Council minutes book, established on the same date by the then Parish Clerk, Lynda Harvey.



- | | | |
|-----|-----------------------|---|
| 1. | Mr Brian Howlett | Serving Councillor |
| 2. | Mr Philip Barriball | Serving Councillor |
| 3. | Dr David Price | Serving Councillor |
| 4. | Mrs Lynda Small | Serving Clerk to the Parish Council |
| 5. | Mr Martin Harvey | Serving Councillor |
| 6. | Mrs Lynda Harvey | Parishioner |
| 7. | Mr Peter Willsteed | Serving Chairman of Parish Council |
| 8. | Mr Parry Davis | Ex Clerk |
| 9. | Mrs Caroline Vulliamy | Serving Councillor |
| 10. | Mrs Bridgitte Cox | Serving Councillor |
| 11. | Mr David Atkins | Parishioner |
| 12. | Mr Maurice Penney | Serving Councillor |
| 13. | Mr Sandover | Ex Councillor |
| 14. | Mr Ed Bailey | Ex Councillor |
| 15. | Jacky Bailey | Parishioner |
| 16. | Trudy Bailey | Parishioner |
| 17. | Mr Vernon Daniells | Ex Councillor |
| 18. | Mr Michael Cox | Serving Councillor |
| 19. | Mr Phillip Coumbe | Ex Councillor |
| 20. | Edna Evely | Parishioner |
| 21. | Mr David Bundy | Ex Councillor & Head Teacher Primary School |
| 22. | Mr Seth Davey | Serving County Councillor |
| 23. | Mr Bernard Cardew | Ex Councillor |
| 24. | Mr John Burn | Ex Clerk |
| 25. | Eileen Hooper-Bargery | Ex Clerk |
| 26. | Mr Michael Broome | Ex Councillor |
| 27. | Jenny Llewellyn | Serving Councillor |
| 28. | Neil Burden | Serving District Councillor |
| 29. | Mrs Beryl Empett | Ex Councillor |

For more information, contact Caroline Vulliamy directly on 01579 370411 or leave a message at The Old School on 01579 370493

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WALKING OUR LOCAL FOOTPATHS

AND WHY NOT JOIN A NEW WALKING GROUP?

AND WHAT ABOUT ROWDEN FIELD?

This Parish has a fantastic number of beautiful footpaths, ranging from hilltop to riverside to shady woods. This week, as on most Wednesdays since we were allowed to walk in two's and threes, the Archive Volunteers walked another one new to us, and will be writing about its history from the fascinating and unexpected things we found along the way, plus a little research in local documents afterwards.



This week, our walk took us from Pempwell east across glorious green fields with magnificent views south to the ridge of Hingston Down and Kit Hill, to Downhouse Chapel and back by the narrowest of lanes, packed with banks of bluebells in their prime!

Exploring as many walks as possible this year we have found that each one has turned out to have a particular theme, often related to their origin. Our walk this week immediately brought to light one big surprise which may be key to the parish's early years. Like each of the others we'll be writing it up next, for our forthcoming web site.

Here is your Invitation to join a new Walking Group, meeting at The Old School once a month. We'll start with a series of evening guided walks (ambles really) around the villages and hamlets of the parish, looking at their histories through their buildings.

After that, who knows? Are daytimes better? Would you like to lead us on your favourite walk? If you're interested please contact us via The Old School office (01579 370493) so that we know what numbers to expect, and how many cups of coffee to make!

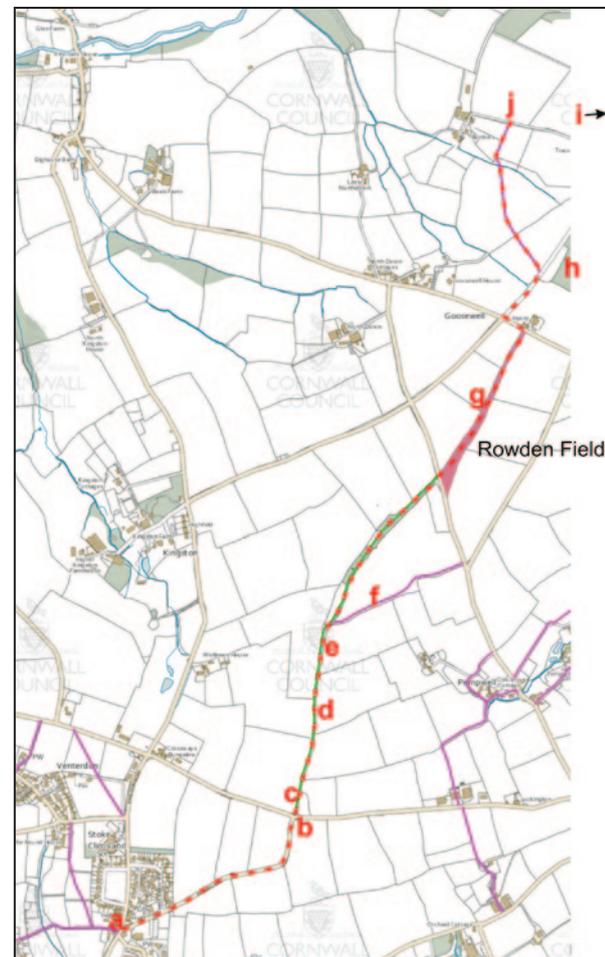
Thursday 24th June at 7 pm: Around Stoke Climsland Village in a guided walk, looking at its history and its historic buildings. About 1 ½ hours; meet in The Old School car park.

The Rowden Lane walk

Footpath number (553/10) - Stoke Climsland 10

One of our most ancient routeways, Rowden Lane was a droveway in the Middle Ages, used to lead herds and flocks to Rowe Down to graze on open land. But before that it was a ridgeway running south-north, a route opened up by grazing herds of deer and other animals followed by our hunter-gatherer ancestors.

- Start in the centre of Stoke Climsland village, at the war memorial. This spot was once the medieval pound to hold stray animals; we leave it and head northwards up Pound Lane to its far end where we meet the east-west road coming up from Horsebridge. That's an east-west ridgeway and the two cross at this high spot in the centre of the parish (a medieval manor and possibly a territory of far greater antiquity). The field hedges running off to our west were strongly built and hedged to surround and protect the crops grown by Venterdon's early farmers, in the open-field system. This is the parish's earliest group of fields, and a fantastic historic landscape – kept trimmed as they would have been, though by laying then, when this was the only source of firewood allowed to the tenant farmers of the Manor.
- Cross the road and enter the green lane – Rowden Lane footpath / bridleway. Along its route you'll find its mixed mature hedges are rich in different tree and shrub species as well as wild flowers and mammals. The ground alongside the droveway was gradually 'enclosed' as fields, and the lane hedges may have been deliberately allowed to grow tall from then onwards, providing shelter along the route. Now they are a valuable reservoir of local wildlife.
- To start with though, we pass between fields used for burials – on the left 'Burying Park' could have been used for those killed in battle at Horsebridge in the Civil War, while on our right 'Burying Place' may have been the well-recorded burial place of the Quakers. Non-conformist Quakers held strong views and were very badly treated here – some local families suffered imprisonment, loss of their farm tenancies, and emigrated to become early settlers in Pennsylvania and Delaware.
- We pass gateways into fields on either side, and places where gates across the lane have helped move animals between fields. Wider areas and small side fields may have been where stock were



rested overnight after herding and before being driven to farm or market.

- e. A hard ridge of greeny-grey rock crossing our route is the back of an outcropping strata which also emerges at Kingston and was quarried there. This hard stone was used for quoins to surround windows and doorways when the school was built in 1853.
- f. The stile on our right is where the footpath branches off and heads across the fields towards Turlea and Pempwell, a delightful route with clouds of butterflies when we walked along it.
- g. We come out into the open with a lane coming up from Pempwell on our right and heading towards Bealsmill. But if we cross over we find a narrow field which is rightly the continuation of Rowden Lane. Wider to start with as a second driveway from Pempwell joined in, together they continued to Rowe Down where many animals would have grazed together.
- h. That has since been divided up and enclosed by hedges, farmed as Burrows and Trecombe. The earthworks of a large Iron Age camp looking along the River Inney's steep valley is where Burrows Farm was built, while four or more Bronze Age burial mounds also erected at the north end of the ancient ridgeway are mostly concealed now by plantations extending southwards from the massive forested area around Inney Foot where the Inney meets the River Tamar.
- i. Herne's Oak, the famous ancient tree, grows on the riverbank here. The woods themselves still contain remnants of the Bradford-Hutt management system, with multi-age, multi-species planting, far more advanced towards ecologically sustainable forestation than anything since. Before that the Duke of Bedford threaded the woods with carriageways and newly-introduced Rhododendrons and built his ornate 'tea hut', 'fisherman's house' etc like others across the river, and several lodges. A ferry used by Stoke Climsland girls until quite recent memory was the early morning route to work at Endsleigh House.
- j. By taking a short diversion along lanes, you can follow the last section of the ancient route (now footpath 15) all the way to Burrows, site of the Iron Age settlement and Bronze Age barrows.

Rowden Field

What should happen to it?

For many years, the Stoke Climsland Parish Council has had responsibility for a small portion of land to the north east of Stoke Climsland village, known as Rowden Field. This land has provided a small income through the letting of the field for agricultural purposes. However, such use is now impractical due to the shape, condition, and size of the field. The Parish Council is currently looking for options to develop this area as a community asset for the people of the Parish and is looking for ideas from the community as to how best utilize this land for the benefit of all.

DO YOU HAVE AN IDEA?

If you do, please let the Parish Clerk know. There are some limitations as to what can be done: we cannot build permanent structures on the land, an organisation developing it cannot make financial benefit from it and any changes have to be complementary to the location. A few ideas have come from the Council,

- A community orchard
- Community composting site
- Siting of beehives
- Conversion to a bridleway to extend the existing Rowden Lane.

But we think that there are people in the Parish who may have better ideas and would like to be involved in pursuing a project for this field. If this applies to you, then the Council would love to hear from you. If you have an idea, please pass it to Ren Jackaman the Parish Clerk, (e-mail parishclerkscpc@gmail.com) along with a brief outline of your plan, details of the people or group supporting the proposal and, of course, some idea of the costs involved. The Parish Council will be considering financial support for the chosen plan and support in applying for grants if available for the selected project.

So, get your thinking caps on. If you are unsure where the field is, take Rowden Lane bridleway from the end of Pound Lane, Stoke Climsland, at the end cross the Goosewell-Pempwell road and the field is in front of you, a long narrow piece of land of approximately 2.6 acres/1.1 hectares. Take a look and see what you think would be the most benefit to the community. If you can get your ideas to Ren by the end of June 2021, the Council will consider them and if possible, with the input of the public, select the one that gives to most benefit to all. Once the proposal is selected it is expected that the sponsoring group will take ownership of project, lead and coordinate the work to add another facility for the Stoke Climsland Parish Community. Thank you.



Nigel Cooper

A REMINDER FROM THE VILLAGE STORE AND POST OFFICE

The Post Office counter is open 9 am - 5pm Monday - Friday, and 9 am - 12.30 pm Saturday.

The shop is open: 8 am- 6 pm Monday - Friday, 7 am - 12.30 pm Saturday and 8 am - 11 am Sunday.

For those who prefer, we also offer a 'call and collect' service. And we will continue to deliver to those vulnerable or self-isolating customers in need.

Social distancing at 2m will continue to be in force, which means limiting the number of people in the shop at any one time. Please bear with us.

And, in line with current guidelines, all customers must wear a face covering unless exempt due to health, age or cognitive disability.

FOR ORDERS: please call us on 01579 370201, or email sue-watts@btconnect.com

We take payment across the phone and aim to deliver the next day if you order before 4 pm. Minimum order £10, no delivery charge .

Thank you to all our customers old and new, our amazing staff and wonderful volunteers, we couldn't do it without you. Please share and thank you for your support .

WE REMIND YOU AGAIN ...

Over our next few issues the easing of Covid restrictions means that more and more people will be able to get out and to access goods and services that are available from local businesses. So there may never be a better time to advertise what you have to offer!

Advertisements in this Newsletter are very cheap; for example a 9 cm x 6 cm insertion in full colour costs only £6. We would be delighted to include yours. If you want to advertise your goods and services please get in touch with Linda - contact details on page 1.

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WEEKLY FOOD WASTE COLLECTIONS AND SIMPLER RECYCLING RULES IN ENGLAND BIN COLLECTION SHAKE-UP

It was good to read the following:

Councils told to make recycling simpler as part of drive to stop waste going to landfill or incineration sites. Recycling systems across England are to be overhauled as the Government seeks to improve collection rates for recycling and food waste.

Currently, local authorities set their own rules on what they will (and will not) collect as part of a local recycling service, a situation the Government argues is confusing for homes and businesses. To address the issue, ministers have set out plans to ensure all councils collect the same “core” types of recycling: glass, metal, plastic, and paper and card. Items refused by some local authorities, such as drinks cartons, plastic film and aerosol cans, could soon be eligible to go in all household recycling under the new rules. Households are also set to have weekly food waste collections from 2023 with free compostable caddy liners supplied, while free garden waste collections are also being considered. “Our proposals will boost recycling rates, and ensure that less rubbish is condemned to landfill,” said Environment Secretary George Eustice. “Householders want more frequent recycling collections. Regular food and garden waste collections will ensure that they can get rid of their rubbish faster, at no additional cost to them.”

England’s recycling rate has plateaued since 2013 at 45 per cent, despite efforts by governments and local councils to encourage people to recycle more. Ministers have set a target of reaching a 65 per cent recycling rate in England by 2035 – a threshold Wales has already met. A simpler, consistent system of recycling across

the country should help to boost the quantity and quality of England’s recyclable waste, allowing more of it to be processed within the country rather than shipped to countries like Malaysia, ministers believe.

But although the new rules could be simpler to follow, it is likely to mean millions more households will have to sort their recycling into separate waste streams. The Government is proposing that all recyclable waste is separated and sorted before collection, except where “this is not technically or economically practicable, or where there is no significant environmental benefit from separate collection”. This goes against Cornwall Council’s strategy for us to put all of our recyclable waste into one bin, from next year, for post collection sorting by a third party. In practice, this is likely to mean paper and cardboard will need to be collected separately, although glass, metal and plastic could be collected together.

The Government said it will give local authorities more money to cover the cost of overhauling their recycling collections. At last, we may have some central government push to align Councils on their recycling strategy and compliance.

Geoff Giles

Waste Management Team, Stoke Climsland Climate Change Action Group



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WHERE TO RECYCLE YOUR PLASTICS

Recycling for Charity

Save these items not collected by our council and support our charities.

Drop your items to the Stoke Climsland Old School car park Recycling Shed or see our recycling trailer at The Old School MARKET or at one of our local collections, which you can find on-line at www.south-hill.co.uk/charity-recycling

- Medicine blister packs
- Bread loaf bags that are stretchy
- Cheese packets & Baby Bel nets & wax
- Crisps & all snacks packets
- Baby food and washed Pet food pouches
- Biscuit, cracker and cake wrappers
- Sweet & chocolate wrappers
- Toothbrushes & toothpaste tubes, soft tubes and pots of creams, gels, ointments.
- Trigger sprays, hand pumps, roll on deodorants, LATEX style gloves & Marigolds
- Cleaning wipes and dishwasher/laundry tablet packets & tubs, plastic air fresheners
- Used pens, felt tips and inkjet cartridges, mobile phones & plastic cases, cameras....

For a full list of what can be accepted visit www.south-hill.co.uk/charity-recycling



The Recycling for Charity trailer will be at the Stoke Climsland Market at The Old School on Saturday June 5th from 10 am until 12 noon

Thank you for your support Ali SHARE@south-hill.co.uk 07305 044049

Helping to reduce your "rubbish" and helping our charities and planet.

TESCO stores in the SW (including Launceston & Callington) have added an extra in store collection alongside their carrier bags recycling cage. The additional cage is for "soft" plastics (that is, not hard/rigid plastic) so this includes **crinkly plastic** from:

- some fruits 'n veg, salad items, peppers, tomatoes, celery, spinach, apples
- film off punnets of fruit and trays of veg & meat (the tray can go in your kerbside recycling)
- sleeves and film lids off yoghurt pots (the pots can go in your kerbside recycling)
- packets from sauces, coffee, tea, noodles, rice & pasta
- cereals, muesli, granola & oats, dried fruit, sugar in plastic bags
- bread rolls, crumpets, thins & naan packaging
- pretty much all the food packaging that **RECYCLING FOR CHARITY** cannot take

The cages are located in the lobby just before the exit in the Launceston store and just past the tills in Callington. Stretchy plastic can be recycled with carrier bags and include

- shrink wrap from cans
- bubblewrap,
- postal bags
- frozen chips and peas packets
- spuds and apple bags
- nets from fruit and garlic
- carrier bags.



Tesco's Director of Quality, said: "Reducing and recycling plastics is such an important issue for us, for customers and for the future of our planet. That's why we are working hard to reduce the amount of packaging in our stores and have committed that all remaining packaging will be recyclable by 2025."