

# OLD SCHOOL NEWS

## STOKE CLIMSLAND & DISTRICT



March 2020

ISSUE 226

**WE'RE  
SORRY THAT  
THIS ISSUE  
IS BOTH  
LATER AND  
SMALLER  
THAN USUAL**



Just to cheer us all up: the first signs of spring are here.

A few days into the compilation of this issue our editor, Mary Ruchards was taken ill and rushed into Derriford - see below for a progress report. At first it seemed best to just cancel the issue but the Old School trustees felt strongly that an issue should be produced, even if it was smaller and later than usual.

Unfortunately, because of work commitments and other issues Ren Jackman was unable to complete the compilation of this edition.

What you see here is the consequence. Some contributions are locked away on Mary's computer and not available to us. With Linda Ainsworth's help we hope that we have been able to include all of the advertisements and with considerable help from our contributors we have been able to include a reduced spread of editorial content.

To anyone whose contributions have been mutilated we apologise. If we have inadvertently omitted an advertisement, we're sorry and will adjust invoices accordingly. To our readers, we hope that we can get back on track in a month or so.

**BUT WE WILL NEED HELP. PLEASE TURN TO PAGE 2 AND SEE WHETHER YOU CAN GIVE US A BIT OF YOUR TIME AND SKILL TO ENSURE THE CONTINUATION OF THE OLD SCHOOL NEWS.**

*Deri Parsons  
John Wilmot*

### MARY RICHARDS

Mary was taken (rushed would be a better word!) into Derriford and had some life-saving surgery. After passing through the Intensive Care and High Dependency Units, Mary was admitted to Stonehouse Ward for rest and continued observation. Having seen her on the Ward, I can assure our readers that she appeared well on the way to recovery and the old spark was still there.

At the time of writing this (February 24th), we are expecting Mary to be transferred nearer to home, to Liskeard Hospital. After that, she should be back in her home in Callington and picking up her keyboard to continue editing the Old School News. Obviously we don't know when that will be.

On behalf of everyone, we wish Mary a full recovery and we look forward to the resumption of her e-mails reminding us of impending copy deadlines.

*Deri Parsons*

# THE OLD SCHOOL NEWS NEEDS YOUR HELP **NOW!**

**THE REALITY IS THAT, IF STOKE CLIMSLAND  
WANTS THE OLD SCHOOL NEWS TO CONTINUE  
SOME NEW PEOPLE MUST STEP FORWARD.  
OTHERWISE IT WILL VERY SOON FOLD.**

Linda (who manages the advertising), Michelle, Deri and John can offer advice, support and training to anyone who would be willing to take on the tasks. It's not difficult but the Old School News needs commitment and care. Stoke Climsland has a unique and award-winning newsletter. Are we willing to let it fail?

This issue is a stop-gap. It's late and we regret that we've had to leave out quite a lot of things.

As things stand, Mary is recovering in hospital and is expects to come back as editor as soon as she can. But neither she nor we know when that will be.

Ren will not be continuing as compiler as she has many other work commitments which make continuing with the OSN impossible.

Michelle has told us that she would like to pass on control of the distribution as soon as possible.

Beyond the next issue Deri and John will not continue to fill the gaps - both have moved on to other things.

Please see the notice opposite.

**WHATEVER THE FUTURE HOLDS WE KNOW THAT YOU WOULD WANT TO JOIN US  
IN THANKING REN JACKAMAN AND MICHELLE TURNER FOR ALL THE WORK THAT  
THEY'VE PUT INTO THE OLD SCHOOL NEWS OVER THE LAST FEW YEARS**

**DOG WALKER  
& PET SITTER**

5 years experience working with  
animals in the uk and abroad.  
please contact Charlotte

07412892184

c.gascoyne@hotmail.co.uk



**COOK IT CLEAN**

Quality Oven Cleaning  
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available 7 days a week

Contact Ian on Tel: 01409 478648 / 07591 036096

Email: [ian@cookitclean.co.uk](mailto:ian@cookitclean.co.uk)

[www.cookitclean.co.uk](http://www.cookitclean.co.uk)

**Fit for Life**  
Massage Therapy

Based in Kelly Bray, FIT FOR LIFE MASSAGE THERAPY offers individually tailored  
massage treatments; including sports injury rehabilitation and taping, Indian Head  
Massage or simply relaxing massage to ease tension and tight muscles.

**GIFT VOUCHERS AVAILABLE**

(Fully qualified and insured;  
ITEC Levels 3 Anatomy, Physiology and Massage Therapy;  
Level 3 Sports Massage & Level 4 Sports Injury & Rehabilitation.  
Member of Federation of Holistic Therapists)

Call: 07989 95724  
Email: [fitforlife\\_cornwall@yahoo.co.uk](mailto:fitforlife_cornwall@yahoo.co.uk)  
[www.fitforlifetherapy.co.uk](http://www.fitforlifetherapy.co.uk)

**LOGS & KINDLING**

£3:50 per bag

Call: **07578118892**

**JUMBLE SALE**

Saturday 18th April  
at 10:00am  
Parish Hall

Refreshments available  
Donations of jumble gratefully received.

Please contact Jenny Llewellyn 01579 370675  
for further information.



## Natasha Ransom Gardening

RHS Qualified Gardener  
Trained at Walmer Castle Gardens  
Over 10 years professional experience  
[natasharansomgardening@yahoo.com](mailto:natasharansomgardening@yahoo.com)  
07969934178 or 01579 371339





## OLD SCHOOL MARCH DIARY

Mondays	Pilates Classes (sessions from)	9:00 am
	Acupuncturist (by appt)	9:00 am
	Scottish Country Dancing	7:30pm
Tuesdays	Rezare Art Group	10:00 am
	IT Clinic	2:00 pm
Wednesdays	Cross Border Art Group	10:00 am
Thursdays	Yoga	5:30 pm
	Band Practice	7:00 pm
Fridays	Friday Lunch	12 Noon
Wednesday	4 Afternoon Tea	2:00 pm
	Neighbourhood Plan	7:30 pm
Thursday	5 Chiropodist (by appointment)	10:00 am
Friday	6 Climate Change Talk	7:00 pm
Saturday	7 Village Market	9:00 am
	Messy Church	3:00 pm
Monday	9 Village Show Committee	7:30 pm
Wednesday	11 Tai Chi	2:00 pm
Thursday	12 U3A Art Group	10:00 am
	Trustees Meeting	7:30 pm
Friday	13 Film Club - Official Secrets	7:30 pm
Saturday	14 Jazz Club	7:00 pm
Tuesday	17 Book Club	9:30 am
Wednesday	18 Community Lunch	12 noon
Thursday	19 Chiropodist (by appointment)	10:00 am
	Investment Club	7:30 pm
Friday	20 Carers' Meeting	2:00 pm
Saturday	21 Craft & Gift Fair	9:30 am
Tuesday	24 Local History	7:30 pm
Wednesday	25 Tai Chi	2:00 pm
Thursday	26 U3A Art Group	10:00 am
	OSN Ready of Collection	10:00 am

**TO JOIN THE OLD SCHOOL 200 CLUB  
CALL THE OLD SCHOOL OFFICE FOR AN  
APPLICATION FORM**

### AND THE OLD SCHOOL 200 CLUB WINNERS ARE...

Jan 24	A. Harper
Jan 31	P. Palmer
Feb 7	D. Glassborow



The Old School News circulates to 4200 households in SE Cornwall.  
**Advertise in this space  
for as little as £27!**  
**FREE DESIGN SERVICE!**

Contact Linda Ainsworth:  
01579 370632  
newsletteroldschool@gmail.com

This edition of the Old School News was edited and compiled by Deri Parsons and John Wilmot and printed by Blue Moon Printing of Bristol

## CHURCH SERVICES IN MARCH

PARISH CHURCH	Mar 1st	8:00 am	Morning Prayer (Traditional)
		10:00 am	Morning Worship (Modern)
		14:30 pm	Remembering God (Simple Worship)
	Mar 7th	15:00 pm	Messy Church (The Old School)
	Mar 8th	8:00 am	Morning Prayer (Traditional)
		10:00 am	Morning Worship (Modern)
	Mar 15th	8:00 am	Morning Prayer (Traditional)
		10:00 am	Holy Communion (Modern)
	Mar 22nd	8:00 am	Holy Communion (Traditional)
		10:00 am	Family Service for Mothering Sunday (Modern)
METHODIST CHURCH		18:30 pm	6:30@SCC (Contemporary)
	Mar 29th	8:00 am	Holy Communion (Traditional)
		9:30 am	Cluster Holy Communion at Upton Cross

METHODIST CHURCH	Mar 1st	11:00 am	Jean Ryall
	Mar 8th	11:00 am	Gordon Rowe
	Mar 15th	11:00 am	Brenda Grundy
	Mar 22	11:00 am	Rev. David Moss
	Mar 29	10:30 am	Invited to Joint Circuit Service at Callington Methodist Church

## PARISH HALL MARCH DIARY

Mondays	Yoga	10:00 am & Noon
Tuesdays	Pop-Up Café	8:00 am - Noon
	Latino Dance	12:45 pm - 2:00 pm
Wednesdays	Dance	3:00 pm-9:00 pm
	Keep Fit	10:00 am - 11:00 am
Thursdays	Dance	3:00 pm - 7:20 pm
	Bowls	7:30 pm
Fridays	Bridge Club	7:00 pm-11:00 pm
Sunday	1 SCATS	8:00 am - 12:30 pm
	Dance	12:30 pm
Monday	2 Gardening Club	7:30 pm
Saturday	7 Dance	9:00 am - 6:00 pm
Sunday	8 Dance	9:00 am - 6:00 pm
Monday	9 SCCAG open meeting	7:30 pm
Tuesday	10 WI	7:00 pm
Wednesday	11 RAD Exams	8:00 am - 8:00 pm
Friday	13 Private Booking	1:00 pm - 6:30 pm
Saturday	14 WI Coffee Morning for Marie Curie Cancer	9:00 am - 1:00 pm
Monday	16 Parish Council	7:30 pm

For further details about events and how to book the parish hall contact Sue Watts by text on: 07836 202212 or email: sue-watts@btconnect.com

**DERI PARSONS AND JOHN WILMUT  
WILL EDIT AND COMPILE ONE MORE  
ISSUE OF THE OLD SCHOOL NEWS.  
COPY FOR THE APRIL ISSUE SHOULD  
BE SENT, BY MARCH 5th, TO DERI VIA  
derrick.parsons@btinternet.com**

## Real Junk Food Project Community Lunch

Plymouth's Real Junk Food Project (RJFP) has been working since April 2016 as part of a national network of Real Junk Food projects across the UK.

Our mission is simple - to feed bellies, not bins. We do this by working with local supermarkets, businesses, shops, food producers and farms - intercepting food that would otherwise be thrown away, reducing needless landfill and feeding hungry bellies with delicious food instead.

We have been coming to Callington Methodist Church, Hays Road, PL17 7JJ, on the first Friday of each month since September 2019 and still need more customers. The hot meals provided are for anyone and everyone on a 'pay as you feel' basis. Please come along on Friday, March 6 from 12 noon 1.30pm

Further information from Louise 01579 388840



The IT Clinic at The Old School is in session every Tuesday afternoon from 2 until around 4 pm. Nigel,

Rosemary and Deri will be there to help you with any laptop, tablet or mobile phone usage problem you might have. We don't do repairs! We've even got some i-pads we can loan to those who might want to try before they buy. We charge a modest £2 to cover room hire. If you want any more information, please give Deri Parsons a call on 01579 370319 or send him an e-mail (derrick.parsons@btinternet.com).



**Callington Lions Table  
Top Sale**



**CALLINGTON TOWN HALL**  
**SATURDAY 7TH MARCH 2020**

Doors open For traders at 09:30 Public at 10.00am to 1.00pm  
**£5 per table**

To reserve your place please telephone Tina on  
**01579 383605 in the evenings.**

This is a popular event so make sure you reserve early.  
If you would like to donate some saleable items for the Lions' charity stall please contact Tina.



**STOKE  
CLIMSLAND  
CLIMATE  
CHANGE  
ACTION  
GROUP**

**WORKING GROUPS MEETING**

**THIS IS AN OPEN MEETING  
ALL ARE WELCOME TO ATTEND  
AND CONTRIBUTE TO PROJECTS**

**Monday 9th March 2020 at 7:30pm  
in Stoke Climsland Parish Hall**

TO GET INVOLVED PLEASE EMAIL:  
[SCCLIMATECHANGEGROUP@GMAIL.COM](mailto:SCCLIMATECHANGEGROUP@GMAIL.COM)



**Callington  
Methodist  
Church**

**PL17 7JJ**

**Sunday 8<sup>th</sup> March 3.30 - 5.45 pm**

**Our theme -**

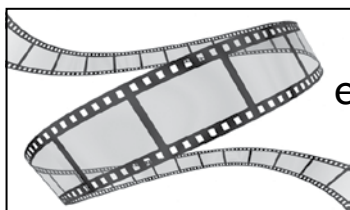


**Games, Creativity, Challenges, Food  
(pay as you feel) for all ages.**

**Children please bring a well behaved  
adult with you! 01579 388840**

[www.callingtonmethodist.org](http://www.callingtonmethodist.org)





For your  
entertainment The  
Old School Film  
Club presents...

**Friday, March 13th at 7.30pm**  
**Official Secrets**

A docudrama based on the life of whistle-blower, Katharine Gun, who leaked a memo detailing that the United States had eavesdropped on diplomats from countries tasked with passing a second United Nations resolution on the invasion of Iraq. It stars Keira Knightly, Matthew Good and Matt Smith.

**The Old School Film Club is for members only. New members can join at anytime for a very modest fee and are always welcome.**



## THE NEXT FEW MEETINGS

**March 24th:** Dr Keith Russ: *Beneath the Surface - 3D-Models of Cornish Mines.*

**April 28th:** John Wilmut: *Will doing a DNA test help me with my family history?*

**May 26th:** A guided walk around the Barbican and Sutton Harbour with Chris Robinson.

All are welcome to come to all, or any, of our meetings. We'll be at The Old School at 7.30pm until our April meeting and, after that, we move outside for three months. You can contact Deri Parsons (01579 370319 or via [derrick.parsons@btinternet.com](mailto:derrick.parsons@btinternet.com)) if you want more information.

## BUY, SELL, TRADE Free small ads for Old School News readers

**FOR SALE: £75 ONO THULE RANGER 90  
FOLDABLE FABRIC ROOF BOX**

**COMPLETE WITH CARRY BAG, BARS AND  
ASSORTED FIXING COMPONENTS, GOOD  
CONDITION USED TWICE ONLY.**

**MRS SUE PEARSALL, MOBILE 07399 358484**

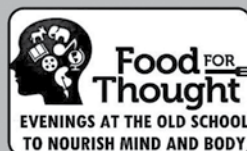


A tense eco-thriller in which **YOU** determine the outcome! A fictional West African state, mired in the controversy of oil, corporate intrigue and political corruption. Hostages are taken, the clock is ticking.

Can **YOU** save the day?

Come and join us for this unique, entertaining and thought provoking event!

**The Old School Stoke Climsland**  
**7.30 pm 24th April 2020**  
**(Bar open at 7.00 pm)**



**Free entrance by pre-booked  
tickets only from the  
Old School Office  
01579 370493  
Donations to Amnesty  
International on the evening.**

## BADMINTON AT DUCHY COLLEGE



The sessions are on Friday evenings, from 6:30 pm to 8:00 pm. If we have four courts running all playing doubles it works out at £2 per person. If more people attend it will be cheaper!



Come and give Scottish Country Dancing a try, it's good gentle exercise and great fun. You don't need a partner, special clothes or great skill. Beginners are always welcome.

It costs only £2 per session.

Monday evenings at The Old School 7.30pm - 9pm.

If you would like any further details ring:

Sheila Brown 01566 782257

or Pauline Champness 01579 370589

**REMEMBER:** The deadline for  
copy for the next issue of the Old  
School News is March 5th with  
copy to be sent to Deri Parsons -  
see the note on page 3



**17 March: Dr Ed Sulston (Global Production Lead at Oxitec Ltd., Oxford)**

Dr Sulston is an expert on disease carrying insects.

**21 April: Professor Roland Burns (Advanced Control Research - ACR)**

Out on a Limb - Recent Advances in Upper - Limb Prosthetics and Orthotics

**19 May: Professor Derek Stacey (Oxford University)**

Physics through the Looking Glass

**16 June: Professor Paul Cole (University of Plymouth)**

Vulcanology

**21 July: Local Young Scientists**

Presentations of their projects by the Aspire Programme Students, as they compete for the Café Scientifique Prizes

**15 September: Professor Andrew Newby (University of Bristol)**

A knife in the heart and other, better ways to avoid an early grave

**19 October: Professor Johnjoe McFadden (University of Surrey)**

Quantum Biology

**17 November: John Cooper**

Isambard Kingdom Brunel: I alone am hung in chains

St. Eustachius Church, Tavistock.

Saturday 25th April 2020.

7.30 p.m.

## The Ridgeway Chorale

[www.ridgewaychorale.org.uk](http://www.ridgewaychorale.org.uk)

A concert of short choral pieces,  
sacred and secular,  
serious and light-hearted,  
something for everyone ...

**Richard Grylls - Musical Director**

**Colin Stevens - Accompanist**

**Marcus Coleridge - Trumpet**

**Free Entry**

Donations to



St. Eustachius Church



## JOIN THE OLD SCHOOL 200 CLUB FOR ONLY £1 PER WEEK!

A weekly draw takes place at the Friday Lunch Club. Each winner takes home a quarter of the weekly pot of money. The money raised helps support The Old School. Ring the office for details: 01579 370493

### SHORT COURSES TO SUIT YOU!

*At The Old School - starting now, Spring 2020*

**Subjects?** Those below are on offer now, more to follow, advertised in the Old School News

**Dates?** These are up to you - as soon as we have 5 or more people we can start on a day and date to suit the teacher and group.

**Cost?** This will be minimal - enough to cover the cost of room hire, teacher, and any overheads. As a guide we'd be aiming at £5 per session (refreshments included).

**How long?** Courses start as 3 sessions of 2 hours each, over 3 weeks. If it's a subject which the group would like to continue, there's no reason why it shouldn't.

### What's immediately available?

Wildlife gardening for climate change - learn and discuss

Plant i.d.ent - know your wild plants and insects, starting from scratch

Fruit trees for the Future! - grafting and budding, growing on, and future care of a range of fruits

Keeping your website or facebook up to date - step by step help

Setting up a website from scratch - keeping it simple

Keeping Accounts on computer

**Future subjects?** - What could you teach for 3 or more sessions? We're keen to run languages, creative writing, music, singing and practical subjects.

Tell us

- your contact details
- what interests you
- which days or evenings suit you best
- whether you need help with transport

*To sign up or show your interest, please contact The Old School in person or call 01579 370493 or email at [theoldschool78@gmail.com](mailto:theoldschool78@gmail.com)*



## MARCH AT CALSTOCK ARTS

**Thursday, March 5:** Calstock Film - Sully (Clint Eastwood, 2016) Cert 12A. *Doors and refreshments 6.45pm, start time 7.30pm.*

**Friday, March 6:** Meraki Duo - guitar and flute  
The Meraki Duo are the multiple award-winning Meera Maharaj (flute) and James Girling (guitar).  
*Tickets: £11 in advance. £12 on the door. £8 under 18s. £1 reduction for Friends of Calstock Arts*

**Saturday, March 14:** A Day Of Mouse Making - Workshop with Bryony Rose Jennings  
Work with fabric to shape and create your own textile creature. Everything required for mouse making is supplied. You are welcome to bring your own treasured fabrics and objects to cover and personalise. Basic sewing skills useful.  
*Eight places available at £90 per person. For more information please contact bryonywings@yahoo.co.uk To book your place visit the 'For Sale' page at www.prettyscruffy.com*

**Saturday, March 14:** Jen Brister - Under Privilege  
Brister has it all - a wife, kids, a house and a job she loves (sometimes) so what the hell is she moaning about?  
*16+ Tickets: £12 advance, £13 door, £1 reduction for Friends of Calstock Arts*

**Sunday, March 15:** The Balagan Café Band  
*Tickets: £10 advance, £11 door, £1 reduction for Friends of Calstock Arts, £7 under 18s, £25 family (2+2)*

**Friday, March 20:** Chris Wood  
Winner of six BBC Folk Awards  
*Tickets: £14 advance, £15 door, £1 reduction for Friends of Calstock Arts, £8 under 18s.*

**Friday, March 27:** Gallery Bar Special: Julu and Heg  
Julu Irvine and Heg Brignall have fast made their name as a fresh new duo on the south west Folk scene.

*Free entry, donations to the band please.*

**Unless further advised: Doors and bar, 7pm, start time 8pm**

*Calstock Film operates under the C-Fylm licence, so you need to become a member on your first visit, if you haven't already signed up elsewhere. C-Fylm annual membership of £6 includes the first film, £4 for subsequent films. Tickets on the door only. Please remember to bring your membership card.*

**IF YOU HAVE MOBILITY ISSUES PLEASE LET US KNOW AHEAD OF TIME SO WE CAN ARRANGE ASSISTANCE**

*Calstock Arts, The Old Chapel, Calstock PL18 9QX Tel. No. 01822 833183. Tickets and information via www.calstockarts.org and from The Limekiln Gallery in Calstock. Telephone bookings 01726 879500.*

## CAVE in March

**Film at the CAVE: Mrs Lowry & Son**

**Thursday 26th March at Callington Town Hall**

**RUNNING TIME: 1 HR 32 MINS**



*Members' entrance:*

*Adults: £4 U18s: £3*

*Start time: 7.30pm (Doors open at 7.15pm)*

**NOTE: NEW 2020 MEMBERSHIP REQUIRED**

**(£6 AVAILABLE ON DOOR) FIRST FILM FREE**

**Touring Theatre at the CAVE: TWISTED TALES Vol 2**

Back by popular demand is a brand-new show by 'Ow-dyado Theatre Company.

To book tickets, see details on the poster or take a look at the CAVE website: -

<https://callingtoncave.weebly.com>



**Tickets available from Callington Town Hall, Kivells in Fore Street, Callington, or via the Cornwall Riviera Box Office (Tel: 01726 879500 or [www.crbo.co.uk](http://www.crbo.co.uk))**

Callington Community



## OLD SCHOOL FRIDAY LUNCH CLUB

Did you know that every Friday, The Old School kitchen produces a delicious 3 course set menu, including tea or coffee for just £6.50! You may have seen the posters in the village advertising each week's menu, but not realised that anyone can book a meal.

All ages are welcome!

It's an ideal opportunity for a Friday get together with friends. Enjoy freshly prepared food in a friendly atmosphere with no washing up afterwards!

If it's a Special occasion, why not bring along a bottle and we will supply a homemade cake to help you celebrate! (Please state when booking as the cake will be made to order.)

Booking is essential via The Old School office 370493 with 48 hours' notice. (Please remember to cancel if you can't make it as all food is freshly cooked).

# STOKE CLIMSLAND VILLAGE MARKET

Every 1st Saturday of the month, your opportunity to shop locally, meet friends and have a hearty breakfast, all on your doorstep!



WAITING TO SERVE YOU: OUR  
STALLHOLDERS

Chris George - Wood turner (01579 370654)  
Chris Rounsevell - Eggs and farm-fresh locally produced meats (01579 363598)  
Dawn Hunn - Fresh veg and soft fruits in season (07779 058889)  
Derek & Mary Scofield - Apple and other juices, vinegars, cordials (01579 350594)  
Di Nash ( DJ's Designs) - Peg bags, gift bags, etc. (01579 384155)  
Michael Harford - Wood crafts - (01579 370663)  
Ian Macdonald - Cross stitch, tapestry, pictures framed (01579 351221)  
Karen Cooper - Personalised gifts & cards (01579 370536)  
Linda Losty - Handmade aprons (01579 342790 or 07733 298969)  
Neil Robyns - Artisan yogurts, cream cheese, cheesecakes, pies (07831 625159)  
Sue Cook - Stained glass and plants (in season) (01579 383885)  
Sandra Jane - Leather goods (01579 370966)  
Sarah Kidman - Individual hand-made jewellery (07850 557625)  
Val Kidman - Home-made preserves, jams and freshly-baked cakes (01579 370297)

*If you are interested in having a stall at the Market, contact the organiser, Val Kidman, on 01579 370297 or leave a message at the Old School Office (01579 370493). Val is also the person to contact if you have any suggestions for stall holders.*



## 'Toddler In' for

babies, toddlers and their  
parents/grandparents/carers

**Callington Methodist Church**

Thursday mornings 9.30 - 11.30 am

Games, Toys, Storytime, Healthy

Snack for the little ones,

Tea/Coffee and parking PL17 7JJ

[www.callingtonmethodist.org](http://www.callingtonmethodist.org)

[ljames434@btinternet.com](mailto:ljames434@btinternet.com)

STARTING  
JANUARY 2020...

## DUCKLINGS

### 'Waddler group'

0 - 3 years

**Every Tuesday afternoon**  
**1.00pm - 2.30pm**

At Ducklings Pre-school,  
Venterdon Methodist Chapel

*Everyone welcome, exciting and fun activities.  
A free toddler group for all to enjoy, come along  
and join in the fun!*



# THE CLIMATE EMERGENCY IS WITH US! NOW!

## What can WE do about it?

Well, there's our own Climate Change Action Group (see page 4 for the next meeting) And below are two local initiatives that should interest all of us.

## CLIMATE CHANGE TALKS

Here's a chance to debate and ask questions at three sessions at The Old School. In each session two or more speakers will give short presentations, to be followed by your questions to all of them. We hope to promote lots of discussion and sharing of ideas.

The focus will be on learning about climate change and understanding what we can do to help deal with it, household by household, here in Stoke Climsland.

Light refreshments and a bar will be available. The evenings will be free, though you are invited to donate to cover costs. It will help us to manage numbers if you can phone or email the Old School office (01579 370493 or theoldscholl78@gmail.com) to let us know that you're coming.

All events start at 7-30 pm at The Old School.

March 20th	<b>Water, Wind and Solar power generation</b> <b>Tim Dart</b> of the Tamar Valley AONB, an introduction to what's already going on <b>Tavistock Energy Community</b> on local water power projects large and small - how they work <b>Andy Metcalfe</b> of New Generation Energy, on heat pumps, solar, and wind turbines, alternative technology for households.
May 15th	<b>Wildlife and our changing environment</b> <b>Cheryl Marriott</b> , Cornwall Wildlife Trust's Conservation Officer, on the potential impact on wildlife and what we should be thinking about doing <b>Local speakers</b> on Ancient Trees, vulnerable species of plant, insects, bats etc in our Parish; <b>Richard Vulliamy</b> of TV Orchard Volunteers, on fruit trees for the future, in our gardens.
June 19th	<b>Power generation by Community Projects</b> <b>Kate Royston</b> of Tamar Energy Community, Tavistock, on Community Energy Projects up and running locally <b>Ali Humphreys</b> of SHARE, on what South Hill parish is doing!

## Free Fruit Trees for your Garden !!

In response to Climate Change and the plan to plant as many new trees as possible in Cornwall, The Tamar Valley Orchards Volunteers proposes a new Project. We would like to provide a fruit tree for every garden in Stoke Climsland Parish over the next 3 years.

The plan is to:

- Hold 2 apple or pear grafting sessions for about 10 people each, teaching them to graft and doing as many as possible. Dates probably between 18th and 22nd March.
- Plant the young trees out in rows in our orchard plot at Luckett to grow on. Teach care and maintenance of the young trees.
- In summer teach groups how to bud other fruits (perhaps cherry, apricot, nectarine, fig, plum or damson); plant them out in nursery rows.
- In year two or more, teach how to plant out in gardens.
- In years 2 and 3 graft or bud more trees; with more people helping to teach, momentum builds up across the parish.

Grants may turn out to be available. However, the cost will be minimal if people pay for their new trees at the cost of the rootstock.

Some fruits, eg apricots and figs, may do better than others if temperatures warm up. Using different rootstocks, trees could be espaliers, small trees, medium or large ones. Some Tamar Valley local varieties can be included.

If you are interested in joining this scheme, PLEASE BOOK NOW, telling us

- your name and contact details
- your choice of fruit tree and what size will fit your garden
- if you would like to receive a fruit tree, or to come and graft your own fruit tree(s),

Please phone on 01579 370411, or 07976 727618

## AND WHEN YOU NEED TO RESTORE YOUR ENERGY LEVELS WHY NOT COME TO THE SATURDAY MARKET DAY BREAKFAST AT THE OLD SCHOOL?



Sausage, egg, bacon, hash brown, tomato, mushrooms and baked beans: all that for a mere £4. Where else can you get such a delicious bargain? Cooked to order just as you like it with quality ingredients. What have you got to lose? Your waistline, possibly. But, you can tell yourself it's all for a good cause. Great news, as well as our delicious full English breakfasts we are now going to be adding a vegetarian option as well. Same price, same deliciousness. Open to all. Served from 9am until noon.



## LAWRENCE HOUSE MUSEUM

9 Castle Street, Launceston PL15 8BA  
Tel 01566 773277

Your local free museum re-opens on March 30th. From now on the museum will be open every Saturday and we have a new curator, Dr Damon Dennis, who has previously worked in the Ashmolean and Pitt Rivers museums in Oxford.

We start the year with 'Prayer & Persecution' which tells the story of religion and worship in Launceston and the surrounding community where there wasn't much time for dissenters, martyring Catholic Cuthbert Mayne and imprisoning Quaker George Fox.

In April local artist Karen Howse will begin her project 'The People's Herbarium' inspired by William Wise's wonderful six volume Herbarium on permanent display in the museum. Nature walks and print workshops to appeal to all ages are planned.



In August the museum will be hosting the Launceston and North Cornwall Motor Club Centenary exhibition in the Mayor's Parlour. The club was started in 1920 by an

enthusiastic group of motorcyclists as The Dunheved Motor Club. To help make the exhibition really special, the club would like to hear from anyone who has

personal or family memories, photographs, video, film, programmes, results, awards, certificates etc related to the club and which they might be willing to lend. If you can help please contact Joe Caudle (phone 07495 358904 or email [joe@lncmc.co.uk](mailto:joe@lncmc.co.uk)). To find out more about the club visit <http://www.lncmc.co.uk/>

The museum continues to host the monthly 'Fake or Fortune' free valuations of your treasures by Richard Hamm of Bearnas, Hampton & Littlewood. He will be in the museum from 10am - noon on Tuesday, March 17th.

The museum is open Monday to Saturday and all Bank Holidays until Saturday 31st October from 10.30am - 4.30pm, last entry at 4pm. You can contact us on 01566 773277 or by email [lawrencehousemuseum@yahoo.co.uk](mailto:lawrencehousemuseum@yahoo.co.uk)



APRIL 9<sup>th</sup>

10:30am - 2:30pm

Children's Toys  
Games, Books  
at The Tamar  
Valley Centre  
Drakewalls



Stuffed animals, cars and trucks, dolls and dollhouses, building toys, books, games and puzzles, outdoor toys, bikes, video games and DVDs.

All toys should be in good clean condition so other kids will enjoy playing with them.



Credits given on your donated items, like for like swaps or fair trades, extra credits can be purchased for a nominal fee.

Nothing to swap? From 10p all items can be purchased.

**Tea, Coffee, Squash, Snacks & Cakes**

Donations for Tamar Tender Loving Care Repair Café

Ph.01822 835030 [www.tamartlc.org](http://www.tamartlc.org) Registered Charity number 1166979



TAMAR  
TENDER  
LOVING  
CARE

**DON'T BIN IT, FIX IT! REPAIR, and RE-USE!**



### Repair Café

Following our very successful initial launch at Tamar Valley Centre, Cemetery Road, Drakewalls the next Repair Café will be Thursday March 12th

**Need something repaired?**

Clothes & textiles, small electrical,  
Bikes, tools, gadgets and musical instruments,  
All repairs will depend on the expertise of our fixers.

To book a slot please contact 01822 835030 or turn up with minor quick fixes on the day.

Tea and cake while you wait

Donations raising funds for Tamar Tender Loving Care

Like to volunteer or be a fixer?

call Coralie on 01822 835030 or email [cbarrow@tamarvalley.org.uk](mailto:cbarrow@tamarvalley.org.uk)

Part of the Cornwall Repair Cafe Network



TamarValley  
Area of Outstanding Natural Beauty



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Tamar TLC - Registered Charity Commission Number: 1166979

## BELL RINGING



The ultimate team activity  
Be part of a tradition dating back 400 years

Could I be a bell ringer?

Yes!  
Ringing is well within the capabilities of most people, young, old, tall, short!

**STOKE CLIMSLAND ARE LOOKING FOR NEW BELLRINGERS TO JOIN US**

**IF YOU WOULD LIKE TO LEARN WE CAN TEACH YOU**

**WE MEET 7 to 8.30 pm ON MOST THURSDAY EVENINGS AT THE CHURCH**

**IF YOU ARE INTERESTED RING 01579 370327 or 01579 370875**



# Music and poetry at The Old School

On Friday May 1st, writer Jane Newberry will present us with a delightfully eclectic music and poetry evening. Two contemporary poets, James Brookes and Jane herself, will take us on an enigmatic journey, and as Jane puts it, "Their readings will be punctuated by the beauty of solo Bach partitas played by acclaimed violinist Paul Mathews, with added social comment from a recorder trio led by Rachael Budd".

The recorder is known in Italian as 'flauto dolce' (soft flute). During its heyday it was traditionally associated with "birds, shepherds, miraculous events, funerals, marriages, and amorous scenes", (quote from the NWE). Rachael Budd's trio will be adding "social comment". Intrigued? Readings from two contemporary poets will guarantee enchantment. James Brookes is "...a poet of high humanity, and a consummate talent", (Martha Sprackland). Michael Morpurgo said that Jane Newberry's "Rhymes make you want to clap and laugh out loud!" So, Music and Poetry comes to The Old School.

To book your £5 tickets, (including refreshments), phone 01579 370493, weekday mornings. Or email theoldschool78@gmail.com. Pay at the door or call in at The Old School office.

The concert supports St. Sampson's Church, South Hill.

*Brian Champness*

**Community singing group!**



Fun singing group starting soon.  
All welcome! Learn by ear in a relaxed setting, no experience needed, drop-in  
Wednesdays 7-8.30 pm from:  
**7PM WEDNESDAY 11<sup>TH</sup> MARCH**  
**THE OLD SCHOOL**  
**STOKE CLIMSLAND**  
**PL178NY**  
**£4/session**



Phone: Clare 01579 382341  
:mail: claritynosh@outlook.com

*Jazz and Delicious Dinner*



at The Old School,  
Stoke Climsland  
Saturday 11th May 2020

**The Brass Farthings Jazz Band**  
featuring Pete Allen on reeds  
Arrive at 7.00pm for a 7.30pm start  
Jazz - Dinner - Jazz and Bar available  
Tickets £18  
(Concert and interval dinner, advance booking)  
Book at The Old School office  
01579 370493, (Weekdays 9.30am-12.30pm)  
or email: theoldschool78@gmail.com

To your right: Roger Marks and Pete Allen

These days jazz evenings get booked out very quickly. There is a limit on the number of seats available. So don't delay - get the date in your diary and a booking in to the office at The Old School



## HIRING THE OLD SCHOOL: ROOM RATES AND CONTACTS

## The Old School has:

5 rooms and a fully equipped kitchen; free on-site parking for 35 cars; high speed broadband with WiFi in all rooms; full wheelchair access to most of its rooms; a licensed bar; both fixed and mobile audio-visual services.

All charges will include the time needed for setting up, for the event itself and for clearing up after the event. All bookings will be subject to the full hiring conditions and to the general usage policies for The Old School, copies of which can be supplied on request.

The office is open each weekday from 9.30 am - 12.30 pm. The address is: The Old School, Stoke Climsland, Callington, Cornwall PL17 8NY Telephone: 01579 370493. Email: theoldschool@ruralinternet.co.uk

MAIN HALL £6 per hour

CAFÉ AREA £4 per hour

COMMITTEE (AH) ROOM £4 per hour

THERAPY ROOM £4 per hour

SMALL MEETING ROOM £4 per hour

KITCHEN charge for full use; £8 per hour (partial use by arrangement)

## YOUR OLD SCHOOL NEWS: EDITORIAL AND ADVERTISING INFORMATION AND CONTACTS

This is one of 4200 copies of the OLD SCHOOL NEWS circulated free in Stoke Climsland, Callington and Kelly Bray, 10 times a year. We welcome contributions and we will do our best to include everything that we receive by the deadlines, though we cannot guarantee this.

ADVERTISEMENTS must be submitted by the 5th of the month before publication. Contact Linda Ainsworth (01579 370632 or newsletteroldschool@gmail.com) for information and help.

The column width is 9cm. Advertising rates are:

size	mono	full colour
9 x 3 cm	£14	£21
9 x 4 cm	£18	£27
9 x 6 cm	£27	£41
9 x 8 cm	£32	£48
9 x 10 cm	£39	£59
quarter page	£49	£74
half page	£71	£107
full page	£145	£214

We will publish advertisement editorials on one occasion only, if we have space. There will be a charge of £3.50 per column cm and insertions must accompany an advertisement. Please discuss your requirements with Linda Ainsworth.

ARTICLES, NOTICES, LETTERS, PHOTOGRAPHS and EVERYTHING ELSE for the next issue must be submitted by the 5th of the month before publication.

Contact editor

Mary Richards (01579 370493 or maryvnews@gmail.com) for advice and to let us know what you expect to send.

## USEFUL TELEPHONE NUMBERS

Adults and Toddlers	Amy Wheeler	07984 199930
Ballet Classes	Susanne Saunders	01822 618952
Beavers	Stacey Weaver	01579 382216
Bridge Club	Peter Lee	01579 350133
Cub Scouts	Clare Bain	01579 370382
Ducklings Pre-school	Nicola Evetts	07813 929171
Duchy College	Reception	01579 372201
Flying Start Nursery	Laura Vine	01579 371004
Gardening Club	Lynn Casebow	01579 371154
Kit Hill Countryside Ranger	Jenny Heskett	0300 1234 202
Local History Group	Richard Bennett	01579 371144
Luckett Social Club	Geoffrey Howlett	01579 370292
Old School Office		01579 370493
OS News Editorial	Mary Richards	01579 370493
OS News Advertising	Linda Ainsworth	01579 370632
OS News Distribution	Michelle Turner	01579 370493
OS Investment Club	Nigel Cooper	01579 370327
Parish Archive	Caroline Vulliamy	01579 370411
Parish Church	Rev Tony Stephens	01579 371496
Parish Clerk	Ren Jackaman	07878 368857
Parish Hall Bookings	Sue Watts	01579 370201
Primary School Headteacher	Ben Towe	01579 370457
SCATS	Sara Hooley	01822 833041
Scouts Group Leader	Ailsa Weaver	01579 382196
Sports & Social Club	Louise Power	01579 370819
Stoke Climsland Post Office		01579 370201
Yoga Classes (Parish Hall)	Nic Marshall	07989321401
Women's Institute	Jane Baxendale	07788 545688

## CORNWALL COUNCIL

General enquiries	0300 1234 100
Email	customerservices@cornwall.gov.uk
Your councillor is Neil Burden	01566 782286 or 07717378507
	neil.burden@cornwallcouncillors.org.uk
Email	(private) neil@neilburden.com

## PARISH COUNCILLORS

Sarah Ross (chairman)	01579 370521
Phil Barriball	01579 370784
Shirley Bruna	01579 370718
Stuart Cazaly	01579 370253
Nigel Cooper	01579 370327
David Crawley	01579 370856
Jerry Forbes	07903 427783
Martin Howlett	01579 371117
Caroline Vulliamy	01579 370411
Bonnie Lightfoot	01579 370250

## OLD SCHOOL TRUSTEES

John Wilmut	01579 370736
Pen Davies-Gregory	01579 389001
Kim Hawkey	01579 371220
Clive Kidman	01579 370297
Ruth Nevill	01579 370262
Caroline Vulliamy	01579 370411
Vivienne Davis	01579 383819

## EMERGENCY CONTACTS

Emergency services	999
NHS non-emergency	111
Police (non-emergency)	101
Crimestoppers	0800 555 111
Samaritans	0845 7909 090
National Floodline	0845 988 1188
Callington Health Centre	01579 382666
Gunnislake Health Centre	01822 832641
Cornwall out of hours GP care	0845 2000 227

## YOUR MP

Scott Mann (Conservative)
01208 74337
scott@scottmann.org.uk
Constituency Office:
10 Market House Arcade, Fore Street,
Bodmin, PL31 2JA



## STOKE CLIMSLAND SPORTS & SOCIAL CLUB



[www.stokeclimslandclub.co.uk](http://www.stokeclimslandclub.co.uk)

## WHAT'S ON AT STOKE CLIMSLAND SPORTS & SOCIAL CLUB

A big thank you to all the members who came to the Members' night. Lots of you turned up so the Club was full. Another a big thank you to Jenny, Jane and Kath who made the tasty nibbles we all enjoyed. It was great to see so many people at this very enjoyable event.

The Club was also full for the January quiz. This had a Cornish and nautical feel which really stretched the teams. In the end the 'Fullmatch' team won but they had sailors on their side - it is much easier to identify knots when you are a sailor! Many thanks to Martin and Lyn for devising the quiz.

Our next quiz will be on **March 21st**. See you there? Remember, you can follow us on Facebook and keep up-to-date.

### NEW MEMBERS ARE ALWAYS WELCOME AT STOKE CLIMSLAND SPORTS AND SOCIAL CLUB

We are open Wednesday to Sunday 8 pm to 11 pm and, when there is an event, on Saturday 7.30 pm to midnight. If you want to know more, come to the bar to find out.

Alternatively you can telephone the secretary  
Louise Power on 01579 370819  
or email: [louisepoweraok@msn.com](mailto:louisepoweraok@msn.com)



## Tai Chi

with Adam Benjamin

**A new morning class starts in Callington on  
Wed 4<sup>th</sup> March 10 - 11am at the Scout Hut  
PL17 7BE**

Tai Chi is a health system originating in China that enhances wellbeing and promotes stability through gentle, flowing yet powerful movements. It improves circulation, is recommended for fall prevention and in dealing with stress related symptoms. Regular practice leads to an inner sense of tranquillity and confidence. Beginner classes are open to everyone regardless of age or experience.

Adam has practiced tai chi for over 30 years. He is a student of the late Rose Shao-Chiang Li a senior instructor with TCUGB and a National Teaching Fellow.

See website for class times and costs or phone Adam for more information on **07961055351**

First class is £5.00, £8.00 thereafter or you can sign up for six classes\* at the cheaper rate of £45.00 (\*these classes don't have to be consecutive)

[contact@adambenjamin.co.uk](http://contact@adambenjamin.co.uk)

<https://www.adambenjamin.co.uk/tai-chi-classes-tavistock>

The Tai Chi Union  
for Great Britain



## WHAT'S ON AT LUCKETT SOCIAL CLUB

**Friday March 6th:** A Talk on Russia by Colin Norman.

**Friday March 13th:** Audrey Pellow Darts Night. £2 to enter, trophies for the winner and runners up. Format to be decided on the night. You don't have to be good, as long as you can throw the darts in the right direction that will be good enough!

**Saturday March 21st:** Karaoke evening.

**Friday March 27th:** A talk and slide show by David Crawley on his recent Safari travels.

All events start at 8.00pm with Club and bar open from 7.30pm.

A couple of other dates for your diary :

**Saturday June 20th:** Luckett Duck Day

**Saturday July 25th:** Skittles Evening at Deer Park Farm. Remember you don't have to be a Lucketteer to join in the fun! For more information, visit our Facebook page - search for The-Luckett-Social-Club.

*Geoff Howlett. Honorary Secretary*

## Walk & Laugh Group

meeting in Callington, Launceston  
& surrounding areas

1st & 3rd Wednesdays of  
the month 1:30-3:30

free  
dementia-  
friendly  
activity

### Locations include:

Kit Hill, Luckett Woods, Stoke  
Climsland Village, Cotehele,  
Launceston River and many  
more!

No transport? We have a small  
transport budget so get in  
touch to find out more!

Contact us on the details  
below: we look forward to  
meeting you!

To book and for more details

tel: 01726 222900

email: [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)



Sensory Trust



Comic Relief



Creative Spaces

Creative Spaces is a Sensory Trust project supporting people living with dementia, their families and carers in rural communities in Cornwall

Creative Spaces

more  
amble  
than  
ramble

## Invisible ME – The story so far

'We all get tired....is often the response frequently faced by many of the 250,000 people in the UK who are living with ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome).

However, the experience of exhaustion in ME/CFS is qualifiedly different from ordinary tiredness and is often accompanied by debilitating flu like symptoms. In addition to a range of other symptoms from brain fog to muscular pain, a major source of distress is disbelief, even sometimes within families and health professionals.

The condition is much misunderstood and there is no effective treatment or cure.

In response to this situation we set up Invisible ME to try and identify people living with the condition in East Cornwall and area, set up a mutually supportive network and, using the creative arts as a vehicle, promote wider understanding of the condition.

We have been distributing leaflets, posters, writing press releases and visiting people who responded. We interviewed a number of them and collected their stories and experiences, which were deeply moving.

Thanks to grants from Cornish funding body FEAST and the Big Lottery, we have been able to engage the skills of artist Tanya Morel, who is helping us create a travelling exhibition to tour local venues in the spring. Building on this we are working with playwright Jayne Newton Chance to create an original theatre production based on the testimonies of local ME/CFS sufferers, carers and health professionals. This will tour in autumn 2020.

We are very grateful for the support of the Old School where this initiative is based.

If you would like to learn more or are interested in being involved in any way please contact David Oddie or Hilary Doe on 01579 370642.

## UPDATE ON PROGRESS WITH STOKE CLIMSLAND PARISH HALL

As you may recall, The Prince's Foundation and the Stoke Climsland Parish Hall CIO members hosted two drop-in sessions in the Parish Hall on 22nd November last year and welcomed many people through the doors during the afternoon and evening. It was wonderful to update you all on the development of the design proposals, the response from the pre-application advice and to discuss options to formulate a final design proposal. We canvassed views on the proposals with a paper questionnaire on the day and an online survey which ran until 30th November.

A record of the drop-in sessions, along with the presentation boards and the questionnaire responses have now been combined into a written report, which can be seen online through the Facebook page and also in hard copy format in the Parish Hall itself. If you are interested, the secretary of the CIO can send you an electronic copy if you contact him (secretaryscph@gmail.com).

As those of you who attended on the day will have seen, the CIO are in discussions with the Duchy of Cornwall Estate about purchasing the Hall, which would be an exciting development for the future of the Hall. The CIO are now reviewing revised designs following on from the feedback given at the November event, which will then form the basis of a full planning application. By the time you read this the formal full planning application may have been already submitted. Keep an eye on the online Planning Portal, our Facebook page and noticeboards for more details and information on the public consultation phase. This will be your opportunity to support this important and exciting project for the Parish.



## Down on the Farm

### FRESH SHOOTS AND NEW BEGINNINGS!

Spring may still be around the corner, awaiting another

late Easter, but signs of the countryside awakening are all around us. Hedgerows coming into bud, grassland and cereal crops are greening and wildlife is coming out of hibernation, with birdsong filling the air - all as nature intended!. For us 'Down on the Farm' - a renewed hope for another season and the very reason for our continued passion to farm as custodians of our Great British Countryside.

So it is with some dilemma, as we plan our business for the years ahead, as to which direction we take in terms of food production, land management and climate change. Now finally having 'Got Brexit Done' we await both a revised Environment Bill and a

newly introduced bespoke UK Domestic Agricultural Policy (DAP) to replace the long standing (47 year) EU Common Agricultural Policy (CAP). There are indications of each promoting conservation and biodiversity as the sole reward for 'public goods' through financial support in place of the current EU Basic Payment Scheme (BPS), which is to be phased out over a 7 year transition period.

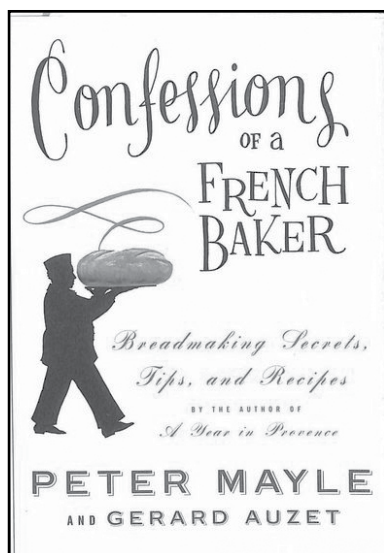
The evidence suggests the management of our countryside to be paramount over food production. Without exaggeration British agriculture and the Countryside are both about to face major change not seen in 70 years. For signs of those 'fresh shoots and new beginnings' we all need to be best prepared for the challenge ahead 'Down on the Farm'.

*Our apologies to the author for having to blue-pencil a lot of his original article.*





On the day thousands of us were dragged kicking and screaming in outrage out of Europe I happened upon a slim volume at the back of my bookcase called 'Confessions of a French Baker'.



Not hanky panky over the paninis, as the title suggests, but a handy little guide to baking baguettes and other delights of cross-channel brilliant breads.

The writer was the late Peter Mayle, author of 'A Year in Provence' in conjunction with master baker Gerard Auzet whose family have run a boulange-

rie in Peter's home village for generations and who is a fantastic baker.

I must confess I bought the book in a fit of enthusiasm after reading the Provence series but never quite got around to actually producing bread.

There's no excuse now. All the ingredients are readily available, which some weren't then. It's mainly about baguettes, the classic bread often bought twice a day to make sure it's really fresh.

The recipe requires care, weighing everything is essential, even liquids. You need some specialist flour but to my surprise the bulk of the flour is just ordinary plain. Instructions are clear and precise.

As well as baguettes, there are other breads too, including a delicious sounding bacon one I must try.

I had thought the book might be out of print, but Amazon has it. Used from a penny, plus postage, new around £7.

### Puffballs



I have been challenged over last month's item in 'Notes on Wheels' where I mentioned eating puffballs.

I made it up, they said. No, I didn't. I should have said my friend was a fanatical forager of fungi long before it got all cheffy and trendy.

I was often presented with bags of strange looking mushrooms, which he would happily cook but I would sadly bin or compost. This was because my grandmother often regaled me with stories of a whole French family, including little children, found stiff and cold and very dead, round the dining table having consumed a casserole of mushrooms without checking for angel death caps.

I loved mushrooming and eating mushrooms but became extra vigilant in case I was found stiff and dead after dinner. As for puffballs, you can eat them. They should be young and firm and all white with no gills. Wash them well before slicing and frying or the can be made into fritters. Or, in fact, used as a substitute for button mushrooms.

Mary Richards

## THE YOUTH OF STOKE CLIMSLAND SCHOOL SPEAK OUT

On Wednesday 5th February, nine pupils from Year 6 at Stoke Climsland Primary entered a Youth Speaks competition which was held at Callington Primary School. They all said that it was a great experience and that they would definitely recommend it for other children to do. There were three teams of three. One of the teams debated about veganism, another team talked about whether families should have access to the internet and the last team talked about the pros and the cons of electric cars. The team talking about veganism (Charlotte Doney, Jasmine Turner and Neva L'Arbalestier) came third, only just missing out on going through to the final. Congratulations and well done to all teams who competed.


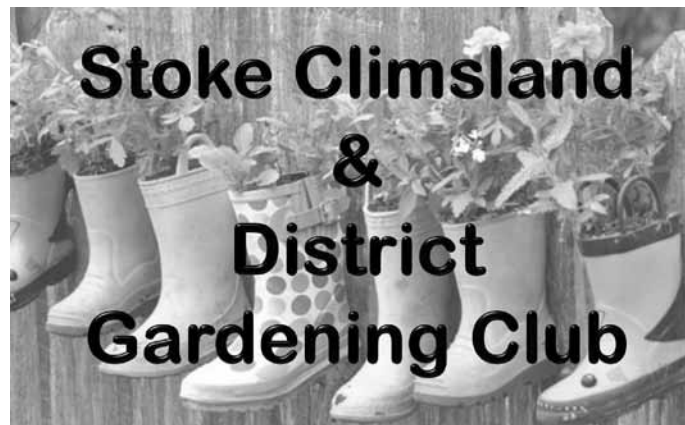
Cydnee Clarkson and Charlotte Doney

**All Aspects of Arboriculture**  
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 f /rootandbranchtreeservices

Root And Branch  
South West Tree Services

Our AGM is held in February and following this meeting, Simon Miles spoke to us about his 'Forest Garden' near Falmouth.

He has over 30 years' experience in horticulture as a tree surgeon, running the local parks department, even practicing herbal medicine and now offers consultancy and training in the organic, sustainable and low-maintenance growing of food.

Our human diet 8,000 years ago was very different from today's reliance on grains and yet humans were taller and possibly healthier than in the last few hundred years.

Not much in the way of fruit was available as apples (originating from Kazakhstan) hadn't yet arrived in Europe but various berries, nuts and legumes with dandelions and nettles were readily available. Later, the cultivation of grains allowed human societies to grow more food leading to the concepts of land ownership, wars etc.

Modern farming practices have a heavy reliance on oil and are not sustainable in the long term. Deep furrow ploughing results in soil loss and large fields of the same crop are more susceptible to pests requiring spraying. An alternative approach is to have food plants of different heights all planted with trees such as alder and autumn olive (*elaeagnus umbellata*) to act as both wind-break and nitrogen fixer, together with pine, sweet chestnut, mulberry, apples, almonds, plums, blueberries, rambling kiwi ...Planting is in layers, spaced to let the sunlight in.

Our next meeting is on March 2, 7:30pm in the Parish Hall. Suzanne Malcome will talk on 'Bee Gardening', all welcome.

*Mike Casebow*

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[www.kennelsandcattery.co.uk](http://www.kennelsandcattery.co.uk)



REMEMBER: The deadline for copy for the next issue of the Old School News is March 5th with copy to be sent to Deri Parsons - see the note on page 3

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**Mobile: 0777 33 55 661**

**Office: 01579 370771 (message service)**

**Email: [lumberjacks@btinternet.com](mailto:lumberjacks@btinternet.com)**



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for Cornwall and Scilly

**defra**  
Department for Environment,  
Food and Rural Affairs



## Stoke Climsland Women's Institute

At our February meeting we had a very informative talk about the life of Nancy Astor, from one of our own members and Blue Badge Guide, Chrissie Le Marchant.

Nancy was born in 1879 in Virginia, USA to a wealthy family. Her second husband, Waldorf Astor, was born in the USA but spent most of his life in England.

In 1908 Waldorf and Nancy Astor bought a property in Elliot Terrace, Plymouth and Waldorf was elected as MP for Plymouth in 1910. However, after the death of his father in 1919, he became a Viscount and was forced to resign as an MP. Nancy saw this as an opportunity to become an MP and so she also campaigned in Plymouth. In 1919 she was elected and became the first woman to sit in Parliament.

In the House of Commons she spoke out for the oppressed and for women's rights. During the Second World War, Viscount Astor was made Mayor of Plymouth so Nancy also carried out duties as Lady Mayoress. She remained an MP until 1945. Recently a statue of Nancy Astor was erected outside her former home in Elliot Terrace, Plymouth and a GWR train was named after her.

The talk gave us a great insight into her life which was made even more realistic as Chrissie came dressed 'in character', even down to the hat!

We are currently preparing our new programme with some very interesting talks in the pipeline.

If you would like to join, us we would love to see you on the second Tuesday of the month in the Parish Hall, Stoke Climsland at 7.30pm.

**April 14th:** Mono Printing Demonstration , Parish Hall 7.30pm

**April 23rd:** Creative group, Social Club 7.30pm

*Ros Hardy*



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## SPRING IS ON ITS WAY

The usual unsettled weather of winter never prevents the odd hedgerow flower opening. Occasional

Red Campion, Lesser Celandine, Barren Strawberry and Primrose can be seen here and there and the first hazel catkins opening their dangling 'Lambs' Tails', first in sunny corners

and then with a rush all along the lanes, coincide with clumps of Snowdrops. Both single and double forms are well naturalized in many places.

Barren Strawberry, not to be confused

with the later Wild Strawberry, sets no strawberry fruit, hence its name. The petals of Barren Strawberry are round and separate from each other. The true edible Wild Strawberry petals are longer, pointed and are close to each other.

The rooks up Downgate Hill were laying claim to their nest sites back in January and about nine nests had survived the winter from last year. However they were probably pretty ramshackle because a short sharp blow a couple of weeks later dislodged all but three and a bit so they'll have to start again. At the time of writing, (just before the copy date of 5th Feb.) they aren't yet showing any sign of twig carrying and rebuilding.

There is early white blossom of Bullace or the very similar Cherry Plum appearing now. These members of the plum family flower earlier than



Blackthorn (Sloe) The flowers are a bit larger, less crowded on the stem and usually show the first signs of a few leaves unfurling too, while Sloe, a much spinier shrub, always flowers well before the leaves appear. Sloe is common and widespread whilst the Bullace and Cherry Plum are less frequent and usually at least originally introduced. They don't fruit as readily as sloes, but some years Bullaces will bear a heavy crop, resembling a small Damson and will make tasty jam if you sweeten it enough and can be bothered to get the stones out. And Bullace Gin goes down just as well as Sloe Gin I find! The yellowish or reddish Cherry Plums are seen even more seldom, maybe because there are few pollinating insects around so early in Britain.

A crop of what looks like Fodder Radish has been planted in a field just north of Rezare.

Its seed has been attracting huge flocks of Chaffinches (and linnets before Christmas) Large numbers constantly flit from the Hedgerow oaks along the lane, down into the crop and then back up to the relative safety and vantage points of the higher branches. It was a particular pleasure to see the Linnets, now sadly decreasing. Milder weather is waking the frogs up. Spring is on its way!

*Mary Atkinson*

Images from top: Cock Chaffinch; Barren strawberry; bullace blossom.

With our apologies to you and to Mary for mono photographs - we just ran out of colour space this time. We hope to do better in future issues.



As related in the February edition, Callington & District Twinning Association will be hosting visitors from Germany, France and Estonia this Easter. In total 70+ guests will be coming to meet up with old friends or build new friendships.

It has now been confirmed that the Estonians and Germans will be arriving on Thursday 9th April during the late afternoon and will be leaving in the morning on Monday 13th to catch a late afternoon flight. The French party will arrive on the evening of Friday 10th and will leave on the Monday evening ferry.

Many of our guests have already arranged accommodation, but there are a couple of Estonians who would appreciate a bed for the duration of the visit, as well as eight places for some Breton musicians. A full programme of events will be arranged for the guests and their hosts so there will be no great need for catering.

If you would be interested in opening your home to welcome a guest/guests, please give Chairman Sue Lumley a ring on 01579 382705 to talk things over. You may wish to only get involved on this occasion, or you may be interested in having a permanent "partner family". Be assured: you do NOT need to live in a palatial residence; you do NOT need to speak a foreign language fluently! You WILL have a lot of fun!

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On March 25, Dr David Harris from Tamar Valley Health will be the guest speaker to talk about 'Recent developments in the management of side effects resulting from prostate cancer and treatment'.

As medical research continues to improve, Dr Harris' talk will be of interest to anyone diagnosed with prostate cancer.

It has recently been reported that prostate cancer is now the most frequently diagnosed cancer in the UK, overtaking breast cancer. The reasons are complex; eg ageing population, better testing, but is also due to men be more open to considering their long-term health, helped also by a number of male celebrities revealing their own conditions.

TAPS exists not only to support men already with prostate cancer but also to raise awareness so that more men may discover their condition in time to improve their life expectancy.

Meetings take place on the fourth Wednesday of each month in the Council Chamber in Callington Town Hall starting at 6pm, (free parking in the main central car park in Callington town centre.) TAPS membership is free and open to men and their partners.

For more information on TAPS please contact Chris Greensted by phone on 01822 834797 or by email to tapsinfo555@gmail.com



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## Cotehele House & Mill



March brings lighter days and signals the

beginning of spring, and at Cotehele things definitely spring back to life at this time of year as the house and mill reopen on Saturday, March 7 after their winter deep clean and conservation work.

In commemoration of the sailing of the Mayflower, 400 years ago, you can discover the transatlantic connections of various collection items in the house on the Tide and Time trail in the house.

This features the Birch Box, which is on display for the first time ever. Made by the Huron tribe, it features images of Native American activities and European gentility on separate sides, embroidered with moose hair onto thin birch panels.



We'll be milling flour every Sunday and Thursday at the mill, as we have the last few years, water-levels depending. Water doesn't tend to be an issue at this time of year, so we should have plenty of Cotehele flour to supply the Barn restaurant and shop.

The garden is filled with the joys of spring, with lots of colour coming from the 250 heritage varieties of daffodils which grow here and are a reminder of the Tamar Valley's market gardening past.

We're celebrating this with a Daffodil Festival from March 14-22. During this time there'll be displays of the different varieties, wonderful daffodil sculptures by NAFAS groups, a display in the packing shed by

Tamar Valley AONB and garden tours on selected days.

If you fancy walking further afield then why not join a free guided walk in the countryside led by our wonderful volunteer Jane She's leading walks on the second Wednesday of the month, starting on Wednesday, March 11. Meet by the Information Point on Cotehele Quay ready to set off at 10.30am for approximately two hour's walk, with plenty of time to pause and enjoy the views.



You may have noticed that the Cotehele Gallery has been closed through February, well March sees it reopen in a new building by the plant centre, as Bull Pen Gallery. It will open with a preview evening on Friday, March 6, 5-7pm, where artists will be present to meet you and talk about their work while you enjoy canapes and a drink of fizz.

March also sees the beginning of our annual Cadbury Easter Egg Hunt, which runs from 28 March 28 to April 13 this year. It's £3 per trail, with children helping Bunny find musical friends to form Nature's Band, and as always there's a Cadbury chocolate prize at the end.

For more details about everything happening here, do check out our website [www.nationaltrust.org.uk/cotehele](http://www.nationaltrust.org.uk/cotehele) and follow our social feeds on Facebook, Instagram and Twitter.

*Dawn Todd*

*Images: Glorious narcissi display in front of the house. Spring in bloom in the upper garden Side view of the birch box showing European tea drinkers. Photos John Parker.*

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We're now back in harness – forgive the pun – despite a temporary hiccup due to two of the coaches sadly succumbing to a seasonal lurgy.

At the start of a new term there is often a change in riders or available horses.

Fortunately, we have the same horses, but one of my riders has left the group. Another Duchy College student wants to join us but it depends on whether they're below the weight limit for our horses, and of course we need the all-important form, completed and signed by a parent or guardian. I wait with fingers crossed.



Shortly before Christmas I had another new rider who, though she has quite severe walking difficulties, has ridden before and wished to join our group.

After careful thought, we chose an appropriate horse and worked out how we could help her to mount. She's now again enjoying her riding.

For both these riders, the horses we have available determined whether we could accept them. The first rider mentioned will only be able to ride Cara, our weight carrier. As I have another rider who's near our weight limit, they will have to come on alternate weeks. For the latter rider, we needed a horse that was not too tall and would reliably stand still during a more challenging mounting.

Fortunately, we have the use of a College horse, Rum, who fits the bill beautifully.



That's the theory, but however well we think we know a horse, we have to remember that a horse is an animal, not a machine. From time to time even

the quietest, most reliable, horse can have an off-day. This is when we're reminded of the immense value of our experienced leaders and alert side-walkers. After all, as with boys, horses will be horses!

*Images: Cara and Ladybird, two RDA mounts. Sam, enjoying his ride*



# CHURCH MATTERS



Does Lent mean anything for us today? Who would like to spend 40 days away from friends, family and food?

Now, all extreme introverts may say 'yes' and extreme extroverts may respond 'no way'. I'm not even commenting on the issue of food and fasting.

Yet, this is what Jesus did, Lent finds its genesis in the life of Jesus.

The story in the Gospels tells us that the Holy Spirit led Jesus into the desert to be tempted by the devil for 6 weeks and most importantly, that Jesus came out of this desert experience renewed and focused on doing God's will (Matthew 4 v1-11). If you want to see the story you can go to YouTube and see The Miracle Maker cartoon 'Jesus temptation' (<https://www.youtube.com/watch?v=NjU4yCFDaG8>).

Taking time out to reflect on our life and purpose is important. Most of us can't manage six weeks, although the idea of reflecting on life and purpose is attractive for many in postmodern society. So, when believers today observe Lent we are mirroring what Jesus did. People often give up stuff: food, alcohol, chocolate etc. Yet, the idea is really about spiritual values and discovering God in the difficult and hard areas of life. I remember working in Bosnia and meeting the local Orthodox Priest.

He wanted to offer me a feast, but told me he couldn't because we were meeting during Lent. Orthodox Christians abstain from meat, fish and alcohol during Lent and I remember feeling a slight embarrassment, because I'd not actually given up anything like that, food on established military operations can be very good indeed, and so my observance of Lent was meagre in comparison, despite time away from family, friends and home comforts for six months due to God's calling me to serve in the British Army.

Lent, those 40 days before Easter, is when we can choose to change the pace of life, the monotony and the sameness of each day and week. Yes, we can give up things, such as alcohol or chocolate, but the important thing is to cultivate those times in the day when we can just stop, be in silence, read the Gospel stories in the Bible and talk to God. It may be that you could choose to drop a meal, or a coffee and cake time, and instead pray and read. My suggestion is that by doing this, we will be enriched, like Jesus was, having developed spiritually and know God, who is closer to us than our very breath.

*Rev David Moss*

*Methodist Minister for Stoke Climsland and Callington*

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## PLEASE HELP US TO SOLVE A PROBLEM!

As the lead organisation in the Callington Carnival, Callington

Rotary has been informed

that the use of tractors to tow trailers with people on board is no longer viable due to insurance regulations. Along with our partner organisations, Callington Town Council and Callington Lions, we no longer feel that the Carnival in its present form can be continued.

Although the presence of magnificent classic cars and spectacular Harley Davidsons has provided visual impact in recent years, entries for both the floats and the walking categories have not been particularly well supported by entries. Furthermore, to be quite honest, the pavements along the Carnival parade route are hardly thronging with onlookers.

Is it too close to the school summer holidays? Two years ago, the Carnival date had to be changed and it was moved from the traditional

slot in early July to the beginning of September. That did not suit many youth groups!

Is it time for a change?

The town calendar is already pretty full and, for a variety of reasons, it would seem advisable to keep the Carnival and the MayFest as far apart as possible. Obviously, MayFest belongs in May – so that limits things somewhat!

To bring a fresh approach and a new challenge to participants, it has been suggested that a lantern parade might be introduced and this would require dark evenings to show them off at their best – but are there any other bright, new ideas that could be considered?

Last year saw no grand fireworks display in Callington. Might a lantern parade in November be one idea to replace that? Could, or should, it be nearer Christmas?

If you have any constructive comments on how we might proceed – or if you would like to become a member of the organising committee – please drop an email to: [callingtoncarnival@gmail.com](mailto:callingtoncarnival@gmail.com) to share your thoughts.

*Richard Lumley, President Callington Rotary*

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**ANY COLOUR ANY DESIGN ANY SIZE**

**"DON'T JUST TAKE OUR WORD"**  
 Thank you, we are delighted with the finished kitchen. The refit has completely transformed it. Many thanks once again.  
 Nicki and Andy, Callington

*We couldn't be more pleased with our kitchen refurbishment by CKS. Bob and his team communicated very well, the attention to detail by Pascal was second to none, the workmanship and all round tidiness was excellent, resulting in a 1st class job. We wouldn't hesitate to recommend Callington Kitchen Studio and in fact have already done so!*  
 Johnny and Karen May, Plymouth

*We are so pleased with our kitchen installation. Quality of work and customer service was second to none. We would be more than happy to recommend you to anyone who was thinking of using you.*  
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## DO YOU HAVE A WORN OUT NIGHTMARE KITCHEN

Is your kitchen in need of repairs/refurbishing then look no further. Callington Kitchen Studio specialises in "Kitchen make overs" with over 30 years experience. By retaining your existing units they can change the doors-handles-hinges-drawer boxes-mouldings-drawer runners-Worktops-

Sinks/taps-appliances and even tiling or if you need we can arrange electrics and gas safe work, all work is carried out by there own fitting teams (no subcontractors) and project managed, Callington Kitchen Studio can give you a fantastic kitchen make over to be proud of, also an up to date modern space at a cost of less than a new fitted kitchen.

MiniQ "I love my new Quartz worktop" overlay system is now available in 16 stunning colours and is water/stain resistant-hygenic-stratch/crack resistant-non porous "nowhere for germs to hide"

Completely maintance free- Quality Italian Quartz stone with a ten year factory guarantee. Quartz stone is for life and is easy to clean with just a wipe down with a damp cloth.

"FOR A LIMITED TIME" Callington Kitchen Studio is offering FREE SINK and TAPS worth over £300.00 on all MiniQ worktop overlay system orders placed, and they offer senior citizens a special discount on all orders placed so visit them in their showroom or call them for a free estimate or visit their web site page [www.callingtonkitchenstudio.co.uk](http://www.callingtonkitchenstudio.co.uk) telephone 07510 194948 or 01579 388709 "To refurbish your old kitchen is cheaper than replacing it" Less Mess-Less Fuss and Less Cost.... Showroom 2 New Road, Callington, PL17 7BE - opening times Monday to Friday 10.30am till 5pm - Saturday and Sunday telephone for an appointment...

  
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