THE OLD SCHOOL NEWS

Issue 237







Book Early to Avoid Disappointment

REMEMBER, REMEMBER THE 5th OF NOVEMBER THE NEXT OLD SCHOOL MARKET IS ON









This News Sheet has been produced by the Trustees of The Old School, Stoke Climsland, Callington PL17 8NY. All enquiries should be made to the office at The Old School, tel 01579 370493 or by email at theoldschool78@gmail.com

The News Sheet can be viewed on The Old School Facebook page and is available for download at www.theoldschoolnews.co.uk

For more information about The Old School go to www.oldschoolstokeclimsland.co.uk

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FROM THE EDITOR

Yes - November's issue is online only.

However we will be back to printing again for a bumper December/January edition so please let me have your Christmas/New Year happenings and articles as well as any reports of your events and meetings over November by 16th November.

Email: gillhiscott@hotmail.com

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Fit for Life Massage Therapy is based in Callington, Cornwall. We offer individually tailored massage in a calm, relaxing environment.

Sports Massage

Helps recovery from sporting injuries, muscle aches and pains and improves flexibility and range of motion



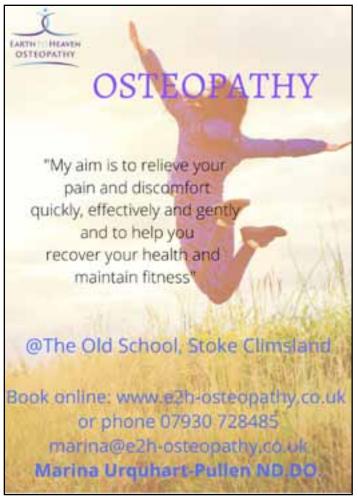
Therapeutic Massage

Relaxing deep tissue massage relieves muscle tightness and soreness, increases circulation, eases tension headaches and increases joint flexibility

Lymphoedema

Manual Lymphatic Drainage

- · Treatment for managing lymphoedema
- Lymphoedema is a swelling caused by a build-up of tissue fluids, maybe due to radiotherapy, surgery, cancer treatment or trauma
- Fit for Life will work gently with the client to help manage arm and leg oedema and help the client learn self-lymphatic drainage techniques.



PARISH HALL DIARY **NOVEMBER 2022** Regular Events: 10:30 - 11:30 ADULT BALLET Weekly (Main Hall) am 7pm 1st Monday **GARDENING CLUB** Monday 3rd Monday PARISH COUNCIL 7pm 2nd/4th/5th SCATS Rehearsal 7pm 9 am - noon Weekly POP-UP CAFÉ 1:15 - 2:15 Weekly LATINO DANCE pm 2nd week Tuesday 7:00 pm W.I. only Weekly except **BOWLS** 7 pm 2nd week Weekly, 9 - 12:30 pm PRIVATE HIRE term time Wednesday SJS DANCE 2 - 8:30 pm Weekly **ACADEMY** 9 - 11 am Weekly **KEEP ACTIVE** SJS DANCE 4 - 7:30 pm Weekly Thursday ACADEMY CALLINGTON 8 - 10 pm Weekly GOSPEL CHOIR 10am - 11am Weekly **PILATES** MATURE MOVERS Friday 11:15 - 12:15 Weekly 7 - 10:30 pm | Weekly BRIDGE All events are subject to change due to holidays etc. Please contact group leaders for specific info. Together with: 9am - 12:30 PRIVATE HIRE 5 Nov

For further information regarding bookings please contact Sue Watts 07836 202212 or email sue-watts@btconnect.com

METHODIST CHURCH SERVICES NOVEMBER 2022

Nov 6	11 am	Revs Tim Wilkinson
Nov 13	11 am	Revd David Moss
Nov 20	11 am	Brenda Grundy
Nov 27	11 am	Revd David Moss (Holy Communion)

"Tea In The Afternoon" on Wed 30 November & the last Wednesday of each month 3.30 pm - 5 pm.
Come and have a chat and enjoy some tea and cake.

POSTPONED

Following the article in issue 236 of The Old School News regarding Jess and Jaz Turner attending the 25th World Scout Jamboree event unfortunately, the Korean Takeaway event, on Saturday 12 November 2022, mentioned has been postponed until a date to be fixed in 2023, due to Edah's current health concerns. We wish her a speedy recovery!

With Helen's support we will continue with the 'Drop-in-Breakfast' on Saturday 14 January 2023. John Turner

PARISH CHURCH SERVICES **NOVEMBER 2022** 8:00 am **BCP Morning Prayer** 10:00 am Morning Worhip - Alan Bruce Nov 6 2:30 pm Remembering God - Lennie At SCC - informal communion 6:30 pm leaders from across the Cluster 8:00 am **BCP Morning Prayer** Nov 13 10:45 am Remembrance Service - Dominic Holy Communion - Joe Lannon Nov 20 9:15 am 8:00 am BCP - Morning Prayer

Family Service - Ryan and Jane

Nov 27

10:00 am

OLD SCHOOL DIARY NOVEMBER 2022			
Weekly Eve	ents:		
	9 am	ACUPUNCTURE (by appt)	
Mondays	9 am onwards	PILATES	
	7:30 pm	SCOTTISH DANCING	
Tuesdays	10 am - 1 pm	RAGS ART GROUP	
Wednesday	10 am	CROSS BOARDER ARTS	
Thursdays	9 am Onwards	OSTEOPATH (by appt)	
Titursdays	11 am	KEEP FIT	
Fui dans	9.30 am	FRIDAY MUSIC GROUP	
Fridays	12 noon	FRIDAY LUNCH (all welcome)	
Together w	vith:		
Nov 2	10 - 11:30 am	PARISH COUNCIL SURGERY	
NOV Z	2 - 4 pm	AFTERNOON TEA	
Nov 3	9:30 am	WESTCOUNTRY TRUST	
Nov 4	?????	WESTCOUNTRY TRUST	
Nov 5	9:30 am	VILLAGE MARKET	
NOV 3	1 - 4 pm	MESSY CHURCH	
Nov 8	2 - 4 pm	LOOK GROUP	
Nov 10	1 - 4 pm	CALLINGTON U3A	
NOV 10	7 - 9 pm	TRUSTEE MEETING	
Nov 11	7 pm	FILM CLUB	
Nov 12		TAKE-AWAY EVENING	
Nov 20	9 am	PRIVATE BOOKING	
Nov 22	9:30 am	WESTCOUNTRY TRUST	
INUV ZZ	?????	STOKE CLIMSLAND SHOW AGM	
Nov 23	9:30 am	WESTCOUNTRY TRUST	
Nov 24	1 - 4 pm	CALLINGTON U3A	

OLD SCHOOL 200 CLUB WINNERS			
Sept 09 S Boot Oct 07 J Parsons			
Sept 16	L Galer	Oct 14	A Craig
		Oct 21	P Davies

Luckett Social Club Craft Fayre

Saturday 5th November 10am to 3 pm

News, diary and other information should be sent directly to Gill Hiscott at gillhiscott@hotmail.com

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AGM

The Old School Community **Project Limited**

To be held on: Wednesday 2nd November at 7:30pm



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THE OLD SCHOOL AGM

The 2022 Annual General Meeting will be held at The Old School on Wednesday 2nd November at 7:30 pm

Agenda

Apologies

Approval of the minutes of the last AGM

Trustees' Report

Financial Report

Election of Officers and Trustees

Any Other Business

Everyone with an interest in The Old School is welcome to attend but only paid-up members may vote.

If you are interested in becoming a trustee please provide your name, contact details and a brief description of relevant experience to: The Old School Office by the 18th October.

Any member who wishes to propose a resolution for consideration at the AGM must submit it to: The Old School by 18th October. Only members can propose resolutions.

Stoke Climsland Community Project Registered Charity no 1069240

PARISH COUNCILLORS

Bonnie Lightfoot (Chairman)	7792264177
Sarah Ross	1579370521
Stuart Cazaly	1579370253
Nigel Cooper	1579370327
David Crawley	1579370856
Jerry Forbes	7903427783
Martin Howlett	1579371117
Richard Davies	7771905959
Gerard L'Albalestier	7714760601
Calvin Roper	78143200671

OLD SCHOOL TRUSTEES

Clive Kidman (Chairman)	1579370297
John Wilmut	1579370736
Pen Davies-Gregory	1579389001
Ruth Nevill	1579370262
Caroline Vulliamy	1579370411
Vivienne Davis	1579383819

CORNWALL COUNCIL

General Enquiries 0300 1234 100 Email customerservices@cornwall.gov.uk

Your Councillor is Adrian Parsons 566782296 Email cllr.adrian.parsons@cornwall.gov.uk

YOUR MP

Scott Mann (Conservative) 01208 74337

Email scott@scotmann.org.uk Constituency Office, 10 Market House Arcade, Fore Street,Bodmin PL31 2JA





APPLE DAY AT THE OLD SCHOOL WHAT A BUMPER CROP

They came with their cars, they came with their boxes, they came with one bag, they came with several bags but without fail they were all amazed at the quantity of apple juice that was produced from their crop. Plastic bottles and plastic buckets at the ready, everyone queued in an orderly fashion, taking it in turns to mulch their apples and fill up the press ready for the next stage in the process. Some people were going to make cider, some borrowed sterilisers



and those with small quantities were just going to freeze theirs, after enjoying a fresh

glass or two of course. At one time there was quite a queue and some people did have to, shall we say, 'stay a while' but this didn't deter them, infact it turned out to be quite the social event, with lots of apple talk.

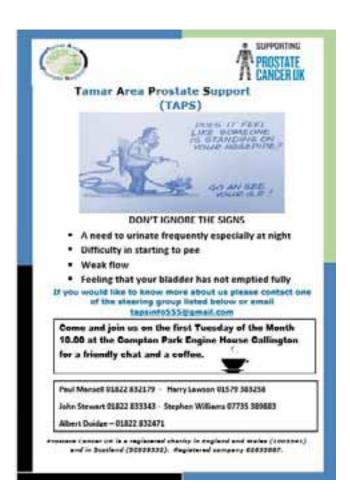
There was a display of apple varieties which Richard Vulliamy put together, giving an ideal opportunity to work out what variety of apples people had brought along. While people were waiting, there was apple cake and tea available



to enjoy whilst sitting outside in the lovely weather and observing the process and enthusiasam of the apples pressing. It was great to see how many youngsters were getting involved, I think it's safe to say apple pressing in Stoke Climsland in the future will be in safe hands.

A big thank you to the helpers from the community, Erin Guy and David Shorten - helping people to load their cheeses in the press. Those responsible for setting up and organising the day this year, were members of the Tamar Valley Orchards Volunteers Group - Al Guy, Jem Legh, and Richard Vulliamy and lets not forget the apple cake and tea provided by East Cornwall Mining History Association members. We lookforward to another bumper harvest and enjoyable day next year.

Photos: Irene Nash Article: Hilary Scott



ADVERTISING MANAGER WANTED FOR OLD SCHOOL NEWS

Please could someone with an aptitude for figures volunteer to handle the advertising and financial position of The Old School News. Ideally someone who can work on a spreadsheet (any programme). Duties include keeping a record of who has paid and contacting them when their advert runs out. Liasing with Sheila at The Old School as to what payments have been made and consequently Hilary, who will then add and subtract adverts as necessary. Receive and liase with new advertisers. Offers scope for expanding and suggesting improvements.

Please contact either the editor gillhiscott@ hotmail.com or Caroline on carolinevulliamy@ hotmail.com or The Old School directly





'No False Autumns!'

Much is made of the weather and its seasons here in the UK and quite rightly so as it both acts as a guide to nature and marks each of our calendars of events and activities. Officially we are still very much in the Autumn period - commonly denoted as 1st September to 30th November

according to the Met Office. Others will point to the equinox dates of 22nd September to 21st December. Each identify our orbital position on Earth and its proximity to the Sun.

So panic talk of 'false autumn' way back at the height of the August heat-wave, were indeed premature and just a signal of nature's rearguard action of survival mode. The early fall of leaves from some individual shallow rooting trees and bushes were simply just a means of reducing their energy demands to produce chlorophyll (green colouring) for their leaves and conserve water as best they could. It is of course the exact same reaction in true autumn as the available daylight hours reduce and overall temperatures drop.

However recent observations that our own autumn 2022 has lost its usual display of spectacular colour, along with the traditional 'season of mists and mellow fruitfulness', could be down to the change in weather patterns normally associated with the South West. And despite a return of Atlantic lows and occasional remnant storms, we still remain under a general drought order and hosepipe ban let us not forget!

For many of us 'Down on the Farm' having enjoyed a fruitful harvest - trouble free, dry crops and good yields, it has followed a pattern whereby nearly every crop throughout the season -from first cut silage, through to haymaking and cereal harvest to now maize forage, have all been around 2 to 3 weeks early. Even in our hedgerows fruits have cropped much earlier. This may have a negative impact for early winter feeding wildlife.

So with many autumn sown crops drilled and germinating and we all prepare for a challenging winter of high energy bills and even a threat of consistent supply of electricity and gas, we can be reassured and thankful that the barns, stores, larders and our supermarket shelves remain well stocked thanks to a most bountiful season for us all 'Down on the Farm'.

Martin Howlett



Stoke Climsland Gardening Club

(October 2022)

In the autumn and winter, the Club meets on the first Monday of the month at 7:30pm in the Village Hall for talks by invited speakers. Our next meetings are:

November 7th Trevor Wiltshire Cyclamen Society field trips
December 5th Mike Stephen Plants for the five seasons

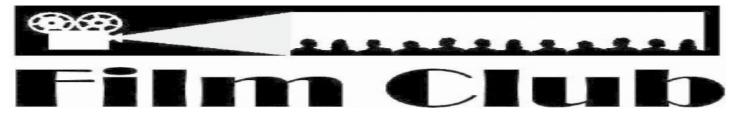
For this month's meeting Liam Shoesmith spoke on "Gardening for wildlife". Liam is a regular contributor on BBC Radio Cornwall and as Truro City Head Gardener

had plenty of experience in gardening matters. Wildlife certainly needs our help. The estimated population of hedgehogs was 30 million in 1950 and is now down to less than a million. Insects are greatly depleted, as shown when driving by the reduced numbers splattered on the windscreen. Insect pollinators have decreased by 80% since the 1970's. Changed farming practices, use of chemicals, loss of habitat - all have deleterious effects. But it's not only recent actions - five hundred years ago Henry VIII's flagship the Mary Rose was built from 600 oak trees, that's 40 acres of woodland! And an oak tree is a wonderful habitat for a wide range of wildlife.

We can encourage wildlife in our gardens by having plants that flower in all seasons, having undisturbed log piles, letting plants like teasel provide seeds for birds. An RSPB survey of goldfinches found an 80% increase from 2002 - 2012. Poisons such as metaldehyde pellets do kill slugs but also frogs and birds, and pets. Unfortunately there does not appear to be an equally effective alternative.

Mike Casebow





Friday November 11th 2022

Doors open at 7pm for Refreshments Film starts 7:30pm



This Months Film is: 'Downton Abbey" starring Hugh Bonneville, Maggie Smith, Dominoic West, and Michelle Dockerty.

From award winning creator Julian Fellowes comes the motion picture Downton Abbey: A New Era. This much anticipated return of the global phenomenon reunites the beloved cast as they go on a grand journey to southern France to uncover the mystery of the Dowager Countess' newly inherited villa.

NEW MEMBERS ARE ALWAYS WELCOME

Friday December 9th 2022

"Last Christmas", starring Emma Thompson, Henry Golding, Emilia Clarke, Fabian Frankell.

Romcom: A disillusioned Christmas store worker forms a relationship with a mysterious man and begins to fall for him.

Friday January 13th 2023

"Brian and Charles" starring David Earl, Chris Hayward, Louise Brealey.

Comedy. After a particularly harsh winter in rural Wales, Brian goes into a deep depression; completely isolated and with no one to talk to he does what any sane person would do when faced with such a melancholic situation. He builds a robot

Stoke Climsland Show Jumble Sale October 8th

Saturday October 8th was a lovely Autumn Day with blue skies and the Old School House was bathed in sunshine. Inside, tables were laden with new stock, bric a brac, clothes, books, CD's and artwork with a separate room for children's clothes and toys. The Jumble Sale was advertised as a 10.00am start but well before 10.00am a long queue of bargain hunters had formed outside! Refreshments, including homemade cakes, were being prepared in the kitchen and a raffle with a lovely range of prizes was being laid out.

Everything seem to indicate that the Show Jumble sale would be well attended and provide vital revenue for the

Village Show and so it proved! A remarkable £705.00 was raised! A record for The Show Jumble Sale!

Huge thanks must go to the hard-working committee members, volunteers and those who donated their jumble as well as those who attended on the day.

The Old School House plays an important role not only by providing the ideal space for the occasion but also by storing items prior to the event. Thank you!

Any unsold items are given to the local Scouts group and Charity shops. Nothing goes to waste.

Another jumble sale is being planned for March 2023. More news nearer the time.



Stoke Climsland Parish Hall

PARISH HALL

Hello everyone, in the September issue I outlined where we were with fundraising and the plea for a few of you to join us either as a trustee or as part of the new management committee, the plea is still there!!

Since the last report we have been awarded £15k from the Bernard Sunley Foundation (thank you Deri for making a successful application). We also have an application submitted to the Trusthouse Charitable Foundation for £10k (their maximum) which we understand has been received 'favourably' and hope it goes the whole way!! Thank you to Mark Webb of the Prince's Foundation for that one.

This will bring our total of grants and cash to about £110k!!

The costs of just making the parish hall weather tight and return it to the original standards is about £500k subject to ever increasing costs. To deliver the approved design, for which we have planning permission, will be closer to £900k.

So, we have some way to go, but are on the move. We will need to get local support be it hands on help, or donated building materials etc and will have to work on this over the coming months. Those costs are high, and we will need to be 'creative' to deliver what we asked for. Our planning permission expires in October 2023!! So, the clock is ticking.

We have been working with our fundraiser, Valentine Morby, and he has been interviewing some of you as he builds the case for support before making further, larger, grant applications. He has more interviews to complete. We have also been receiving some good responses from some of you to help endorse our applications and be good advocates as we move forward.

Fingers crossed!!

Geoff Giles

Tel: 07740 165730, email: geoff_a_giles@hotmail.com



THE NEXT OLD SCHOOL MARKET IS ON NOVEMBER 5th

STALLHOLDER LIST

Jeremy Daw - Butcher - 01579 350410
Ian MacDonald - Framing - 01579 351221
Karen Cooper - Cards - 01579 370536
Di Nash - Gift Hand Knits - 01579 84155
Derek Scofield - Fruit Juices - 01579 350594
Chris George - Wood Turner- 01579 370654
Rosemary Hambly - Action for Children - 01579 383773
Helen Webb - Skin Care Products - 01579 683471
Linda Losty - Aprons, Masks etc. - 07494 939086

Michael Harford - Wood crafts - 01579 370663

Neil Robyns - Pies, yogurts, etc. - 07831 625159 Sandra Jane - Leather products - 01579 370966

Kendale Courts - Local Fresh Vegetables - 07813 157961

Sue Cook - Plants & Glass Ornaments - 01579 383885

Val Kidman - Preserves & Cakes - 01579 370297

Tasha Biggs - Resin Gifts & Diamond Art - 01579 389077



OPENING TIME 9.30 am

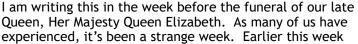


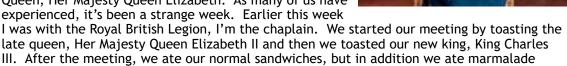




Paddington

by Revd David Moss, Methodist minister for Stoke Climsland





sandwiches. Now marmalade sandwiches, reflect the film we saw at Her Majesty's Platinum Jubilee, just a few months ago. The film is of the Queen hosting High Tea for Paddington Bear. He takes a marmalade sandwich out of his hat and shows it to her and the Queen replies that she too likes marmalade sandwiches and always keeps one in her handbag just in case.

If you haven't viewed Paddington the film, then I encourage you to watch it because the film is about a refugee bear, Paddington, who comes to this country with no family as a stranger and he finds a home with the Browns. To my mind the little film, which the late Queen made, is making a deep social comment, one which reflects the late Queen's Christian faith, it is about welcoming the stranger, Paddington in this case, who comes from 'Darkest Peru' and is a migrant and refugee. Jesus told us about how we'll measure up at judgement, he focuses on welcoming the stranger and that in doing so, we welcome him: 'the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' He replies, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' (Matthew 25: 34-40).

CALLINGTON SINGERS AT STOKE CLIMSLAND CHURCH

The Callington Singers present excerpts from Handel's Messiah, to include the Hallelujah Chorus, with a selection of Christmas Music at Stoke Climsland Church on 10th December at 4:30pm.

We are pleased to be joined by soprano soloist Samantha Rowe, who will be performing selected arias from the Messiah. The choir will be directed by Dr. Andrew Wilson and accompanied by Mark Smith.

Refreshments will be available during the concert.

It is advisable to purchase your ticket in advance. Tickets will be available to purchase on the door.

Tickets cost £10, available from Eventbrite. They will need to be reserved in advance to ensure that a seat is available. Any children under 16 can attend free of charge but will need to send notification of their attendance.

To reserve a seat, please use the contact form at: https://callingtonsingers.org/contact-us/

THE CALLINGTON SINGERS

Present excerpts from
The Messiah by G.F. Handel
with a selection of Christmas Music

Musical Director: Andrew Wilson – Accompanist: Mark Smith Featuring soprano soloist Samantha Rowe



STOKE CLIMSLAND CHURCH Saturday 10th December at 4:30p.m.

refreshments available

TICKETS: £10 (under 16's Free) Tickets available online or on the door.



Use the QR code or visit www.eventbrite.co.uk and earch for 'Callington Singers - Messiah at Christmas' www.callingtonsingers.org or find us on Facebook



Whats the point.

SHARE Recycling for Charity project.

Many collect because it's recycling items that can't be recycled elsewhere and we also make money for our charities.

Every box of biscuit wrappers or cheese packets, Pringles or toothpaste tubes we send to TerraCycle gives us points, every 6 months we redeem those points as money for charity.

The manufacturers determine what items we can send to gain points.

Since 2019, we have raised £8443 for Kicks Count



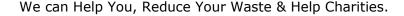
KICKS COUNT charity is helping to reduce stillbirths by educating mum's-to-be, about the importance of their baby's kicks. There were 2,597 stillbirths in the UK in 2021 **7 babies are stillborn every day, leaving family and friends completely devastated.**

It's Pregnancy and Infant Loss Awareness Month, if you're feeling strong you should visit Kicks Count web site <u>Kicks Count</u> or FB page. <u>www.facebook.com/kickscount</u>

The INK CARTRIDGES we collect are the only item that the project makes any money from. Last year you helped us cover all our project expenses, printing and lots of parcel tape. THANK YOU. Amazing support.

New items now accepted: PP5 Chinese Takeaway tubs, Tupperware and other brands, old lunch boxes, plastic reusable bottles including old baby's bottles.

For a list of items we can collect for our charities and locations you can bring them to, please visit our web site www.south-hill.co.uk/charity-recycling or email SHARE@south-hill.co.uk or you can call/text Ali project lead on 07305 044049.





MAKE A POINT OF RECYCLING MORE.

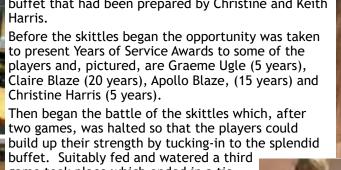
CALLINGTON TOWN BAND



Members of Callington Town Band and friends spent a very pleasant evening at Treburley Social Club where they played skittles and pool and enjoyed a splendid buffet that had been prepared by Christine and Keith Harris.

buffet. Suitably fed and watered a third game took place which ended in a tie with husband and wife, Apollo and Claire Blaze, in first place. A play-off took place which resulted in Apollo scoring one more than Claire and this earned him the 'valuable' Callington Town Band skittles Trophy.

A thoroughly enjoyable evening had been had by all and one which will, almost certainly, be repeated.









Depending on when you get to a copy of this issue you may have time to come along to our talk on October 25th. We'll have Ian Lauder presenting the events leading up to the reburial of 2nd Lt. Piers Edgcumbe, heir to the Edgcumbe Estate, who was killed in WW2. It's a fascinating and poignant story.

We have something completely different for our November 22nd meeting. Emma Cunnis, a Dartmoor guide, will be talking about 'Dartmoor Women through the Ages'. Women have played an important and integral role on Dartmoor through the ages. Starting with the fascinating Bronze Age burial of a woman up at Whitehorse Hill, Emma will explore the lives of some of the many extraordinary women that have lived and/or worked here up to the present day. She will weave personal stories from her maternal family with histories and legends of famous Dartmoor women, farmers, archaeologists, authors, witches, wives, sisters, grannies and more.

We are hoping to start a Family History Group which will meet at the Old School. At this stage we are canvassing the level of interest and what the content should be. If this is something that interests you, you can help us by completing a short on-line survey. You can find it here: https://www.surveymonkey.co.uk/r/L5G25R3

If you want more information on any of the above, please contact:

Deri Parsons on 01579 370319 or via email: derrick.parsons@btinternet.com

All talks will take place in the Old School in Stoke Climsland and will start at 7. 30pm.



Light refreshments will be available after each talk.

Tamar Valley Health Patients' Group



TVH FLU AND COVID VACCINATIONS ARE AVAILABLE TO BE BOOKED NOW!

Tamar Valley health seasonal COVID & FLU vaccination appointments are now available for booking. The program started in September and enables you to opt for your vaccination at Callington or Gunnislake health centre or at Callington Town Hall. The clinics will be running as double vaccination clinics as per government guidance. Both vaccines have been approved to be given together.

If you do not want the flu and COVID vaccinations together, you will be booked into the single vaccination clinics in mid/late October and will need to attend twice to be vaccinated against both influenza and COVID.

To book an appointment the phone lines will be open from 10am - 12pm and 2pm - 4pm, this is to ensure the Practice

is still able to take regular on the day phone calls from patients who need to see or speak to a clinician. Staff may offer to book you an appointment whilst you are on the phone discussing other matters if you are eligible. You can use the NHS app and systmone online applications to book an appointment reducing phone waiting times. You do need to

register for these systems. The Practice will also be sending invitations via text message which will include a link to booking an appointment. You can also use the TVH website and click on RECEPTION & ENQUIRIES then "ask a receptionist a question", send your availability and an appointment will be booked and confirmed with you.

Housebound patients are coded as such on the clinical system. Patients do not need to ring to confirm their housebound status unless they are temporarily housebound (recent operation or disability) or have recently become housebound. If you are housebound and have not heard from the Practice regarding a home visit by mid-October, please contact the surgery for further information and to check when your visit is scheduled.

Dates for Callington Town Hall:

Friday 4 th November - 1:30pm-6pm	Saturday 19 th November - 8:30am-2:30pm
Saturday 5 th November - 8:30am-2:30pm	Friday 25 th November - 1:30pm-6pm
Friday 18th November - 1:30pm-6pm	Saturday 26 th November - 8:30am-2:30pm

For eligibility and more information go to

https://tamarvalleyhealth.org.uk/practice-information/flu-and-covid-vaccination-delivery-plan/Sharon Trafford. Chair. Tamar Valley Health Patient Participation Group.



WE ROLLED UP OUR SLEEVES READY TO GET STUCK IN

For our October meeting we were delighted to welcome Jo Pescod to speak to us about making clay pinch pots. Jo is a local Potter and she is also a member of Stoke Climsland WI. She showed us a wide selection of items that she had made using the pinching method, including bowls, vases and small heads. Jo demonstrated the techniques and showed us how to join two basic bowls together in order to create other shapes. She brought along a good supply of clay and tools for us to work with and then we were all keen to have a go ourselves. We ended up with a range of creations which were decorated in different ways. It was a very enjoyable evening and we look forward to seeing the finished products once they have been fired in the kiln.

We have lots of interesting talks planned for the coming year and we would love to welcome New Members. The charge for visitors is just £4 to include tea and cakes.

Meetings are held on the second Tuesday of the month in Stoke Climsland Parish Hall at 7.30pm.

Dates for your Diary

8th November 13th December 10th January Willow making Christmas Social making decorations Talk on Plymouth Sound





JAZZ IS BACK

what a great evening



Roger Marks' jazz band strikes just the right mixture of polished togetherness and jazzy improvisation. For twenty years our visiting bands have been encouraged to play New Orleans style jazz and blues. So Roger and friends included standards such as "Old Green River" and "My girl Sal", leavened with fun tunes like "Candy Lips" and "Minnie the Mermaid". Graham Trevanton (cornet & trumpet) provided his usual nearly-saucy songs, helping to ensure that we all had an extra lovely time!

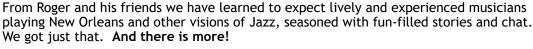
After the raffle came the thanks, where everyone clapped their appreciation for the hard work done by volunteers. These included Rob Clarke and friends for tending the bar,

Pauline and Jan for setting up the hall, Edah our miraculous chef, the ladies in the kitchen, and especially the endlessly energetic Vivienne Davies for organising the whole thing.

After dinner Roger announced that the band would play "Dallas Blues", the first true blues tune ever published and copyrighted in 1914. This was followed by "Sweethearts on Parade" and "Georgia on my Mind". Then he called on his clarinet-blowing friend Pete.

We always look forward to reed man Pete Allen's clarinet solos, and he did us proud with

that Dixieland favourite "Some of These Days". (Pete is one of the few UK musicians to have been awarded the Freedom of New Orleans). He was wonderful, once again.



If you want to make sure of your £19 tickets for our always popular **Christmas Jazz Party** on **Saturday 10th December**, featuring John Shillito's famous and popular Jazz Band, please book as soon as you can. Contact The Old School Office, 01579 370493 weekdays 9.30am -12.30 pm, or phone organiser Vivienne Davis on 01579 383819 or 07798 751337. Please arrive at 7.00pm for a 7.30pm start, to enjoy your evening of music, dinner, and more music.

Brian Champness



COMMUNITY MATTERS -

There is a change of title for this month's 'Church Matters' as it's content is more about the community as a whole, including the church.

As I write there is growing concern for the economy of the nation and how it is going to affect everyone. The cost of energy, food and mortgages; not to mention the impact on the National Health Service and other public services. The energy price cap and winter fuel payments from the Government are a welcome help to many but for a significant number, both locally and nationally, rising prices will result in a bleak and cold winter.

All over the country organisations are preparing to open their premises as warm and welcoming spaces to give those who most need some respite. These include libraries, churches and village halls. At the Linkinhorne Parish Hall Committee meeting last week we discussed the possibility of opening the hall as a warm and welcoming space and agreed to look into this further. I wonder if Stoke Climsland and South Hill have had similar thoughts for some of their buildings?

Martin Lewis (the money saving expert) has sponsored a guide to outline best practice of how to set up a warm and welcoming space. It starts with the words: Local communities have stepped up in many ways

to support their neighbours through the cost-of-living crisis. Very close to what Jesus identified as the second most important principle to live by; 'Love your neighbour as yourself'. Communities across the country seem to have perceived that this is simply the best way communities work, regardless of whether they are faith based or not. Further information at: https://blog.moneysavingexpert.com/2022/10/martin-lewis--new-guide-to-set-up-a-warm-space---somewhere-for-p/

Another way communities are helping their struggling neighbours is with foodbanks, community fridges and similar initiatives. One warm welcome centre offers as many groceries as are needed for £3.00! Most of these initiatives are in cities or towns but some rural neighbours are finding the current cost of living just as challenging as their city counterparts. What can be done locally in our rural settings and how can they be funded?

Several local people have mentioned to me that they don't really need the Government handout over the winter months and have considered giving it to an organisation that can channel it to those in greater need. It would not need many to channel their £400 winter fuel payment to a local 'warm welcome' to provide enough capital to fund it's running!

Before any action is taken on providing warm spaces locally, some questions need to be asked and answered - and very quickly before the really cold weather begins to bite. Firstly, how many locally would benefit from a warm space and how many of those would feel comfortable using one and have transport if was needed? Secondly, are the necessary resources available, venue, finance and volunteers willing staff warm spaces? If you have answers or would be willing to help set up and run a warm space locally please contact me in the first instance at briannorrisics@hotmail.com or phone 01579 363515.

Brian Norris



Luckett Social Club

Following the sad passing of a former Chairman and life time member of the Club Andrew Williams we delayed the start of our Winter Programme until Friday 30th September. A few members got together and sat around having a chat over the odd pint of beer or a glass or two of wine.

Due to an early deadline our October activities will be published in the December / January edition.

Dates for your November diary.

Saturday 5th A CRAFT FAYRE from 10am til 3pm.

There will be plenty of local stall holders selling various crafts and handmade produce for you to come and have a look at and to buy. No charge to come in. Light refreshment will be also available.

There are a couple of places (tables) available and you can e-mail Kim at kimtasker67@hotmail.com should you be interested.

Friday 11th It's Eyes Down for CASH BINGO.

Friday 18th QUIZ NIGHT with Ivan Judd (subject to confirmatio).

Always a fun evening with plenty of laughs and the obligatory Status Quo question thrown in for good measure.

Friday 25th A TALK by JOHN CHADWICK entitled 'A VOYAGE TO CAPE HORN'

Come along and listen to JOHN'S fascinating adventures and interesting tales of his voyage. Well worth coming to hear. Not to be missed.

All events start at 8.00pm unless otherwise stated, with the club and bar open from 7.30pm.

For more information visit our facebook page The-Luckett-Social-Club.

Geoff Howlett (Hon. Secretary).



Stoke Climsland Sports & Social Club

Follow us on Facebook
MEMBERS ARE ALWAYS WELCOME

We are open Wednesday to Friday 8.00pm to 11pm, and when there is an event on Saturday from 7.30 to 12pm.

If you want to know more, come to the bar to find out. Alternatively you can telephone the secretary:

Louise Power on 01579 370819 or email louisepoweraok@msn.com.

The first Quiz of the season was very well attended. The Quiz masters were Dave Bundy and Bernard. As usual, everyone enjoyed the questions and competed to get the most marks. The team winning were 'The Grafters'. A good evening was had by all thanks to the hard work of the Quiz masters. On the 8th October we held our Oktoberfest. German beers, cheeses and bratwurst were available and there was a sprinkling of lederhosen! Many thanks go to Luke who masterminded the evening. Despite the clash with other events, the evening was well attended and much enjoyed. Beer was quaffed and food was eaten with relish. A very enjoyable evening.

In November the Quiz will be on 19 November and we will also be holding a METS evening but as yet the date is to be confirmed. Keep a lookout on facebook or our website for the confirmed date. We will be opening the bar on Friday 25 November and Tuesday 27 November from 7.30 as these are the dates for the football World Cup. England are playing on both nights. In the run up to Christmas we will hold our quiz on 17 Dec to be followed the next night by our Christmas Raffle. Don't forget to sign your winning square on the sheet which will be up in the club from the beginning of November! As usual we will have carol singing, mulled wine and mince pies. This is a good community event. We are reinstating our NEW YEAR DISCO as our final event of the year. We look forward to seeing you all on 31 December for a knees up and sing-a-long to the traditional 'For auld lang syne'

Dates for your diary:

METS date tbc				
Quiz	19th November	New Year Disco	31st December	
World Cup - England v USA	25th November	Quiz	21st January	
World Cup - England v Wales	27th November	Members night	28th January	
Quiz	17th December	Valentine Meal	11th February	
Christmas Raffle	18th December	Quiz	18th February	

Keep an eye on our facebook page for more information.

Louise Power

Stoke Climsland Sports & Social Sports Field PRIVATE FIELD



There have been complaints about dogs running on the field and people leaving dog poobags in the hedges and at the gates of the field. We would like to remind people that

the sports field is a PRIVATE FIELD. There is a footpath which runs across the field from the gate opposite the School to the gate behind the pavilion. There is also a permissive footpath which runs along the Venterdon Road. People should restrict themselves to walking along the footpath. When walking dogs, they should preferably be kept on a lead or at the very least under

control so they do not disturb other walkers. Dog poo should be picked up and put in one of the dogpoo bins in the village.

Anyone wanting to use the field for recreational purposes must ask the Sports and Social Club for permission first as a matter of courtesy.





The Old School is starting a Repair Café Are you a repairer?

Would you like to get involved?

Do you want to reduce waste, save money, meet new people, learn new skills, eat cake?!

Repair cafes are free meeting places and they're all about repairing things (tagether). You'll find knowledgeable volunteers and the tools needed to help you repair your household items such as electrical and mechanical devices, computers, bicycles and clothes for free. Even if samething cannot be fixed, It is useful to discover why - Plus there is always coffee and cakel











If you would like to get involved, please join us at 10 am on Saturday 21st January @ The Old School for a discussion about how we can make this happen, followed by FREE light lunch.

Alternatively leave your contact details in the office (01579 370493) and let us know how you would like to help.

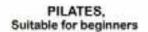


Messy Christingle

Callington Methodist Church PL17 7JJ
Sunday 27th November
from 3.30 pm – 5.45 pm.
Free event, donations welcomed for
Action for Children &
The Childrens Society

Games, creativity, challenges, story and food for all ages. Children please bring a well behaved adult with you!

Please book 01579 388840 or via our Messy Church in Callington Facebook page.



Fridays 10a.m-11 a.m. @ Stoke Climsland Parish Hall

Excellent class, competitive rates Contact Jayne



Jayne.Dowdeswell@googlemail.com Movementmedicinentmedicine.uk 07838 842943



Traditional Acupuncture

The Old School Therapy Room, Stoke Climsland & The Castle Street Clinic, Launceston

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www.mclementsacupuncture.co.uk

Michael Glements MA Li: Ac. Member British Acupuncture Council



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THE 4th THURSDAY IN THE MONTH IS FILM NIGHT IN CALLINGTON

Callington Community Arts is delighted that the return of the monthly films has been met with such enthusiasm. Join us in November for:

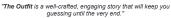
"THE OUTFIT"

Running Time: 1hr 45m

From the Academy Award-winning writer of **The Imitation Game** (Graham Moore) comes **The Outfit**, a gripping and masterful thriller in which an expert tailor (Academy Award winner Mark Rylance) must outwit a dangerous group of mobsters in order to survive a fateful night.

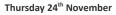
Leonard (Mark Rylance), a master English tailor who has ended up in Chicago, operates a comer tailor shop with his assistant (Zoey Deutch) where he makes beautiful clothes for the only people around who can afford them: a family of vicious gangsters. One night, two killers (Dylan O'Brien, Johnny Flynn) knock on his door in need of a favour - and Leonard is thrust onto the board in a deadly game of deception and murder





sturdy storytelling that weaves a complicated yet ascinating trail of clues that's a joy to discover."

"The Outfit follows a pattern set by countless gangster flicks of the past, but its freshness is in the intelligence and surprise of the script. Like a well-made suit, it's not old-fashioned - it's classic.



Members' entrance: Adults: £4 U18s: £3

Start time:

7.30pm (Doors open at 7.15pm) Callington Town Hall





Rotary (Callington Matters

Callington Rotary prides itself in not only reaching out to the wider world (this year we are supporting initiatives to send material support to Ukraine; we are providing new sanitation facilities and seed for crops for a school in Tanzania; we also give our support to Keen4Gambia,

a local initiative which provides relief to villages in Gambia) but focusing too on the needs of local groups and individuals

We were delighted to support the Lions at Honey Fair, and gladly raised funds on the day for the newly formed Callington Youth Project Group. I am sure you will all remember the somewhat damp conditions which prevailed in the morning and caused irreversible damage to the gazebo being used by the Penhaligon's Friends. We were more than happy to give Jill and her teddies shelter for the day, thus enabling her good cause to continue raising much needed funds. Thank you to everyone who generously donated to support these projects.

November will be a busy month: after the excitement of the Rock and Roll Bingo evening at the end of October (in case you receive this copy before the end of October, it starts at 7.30pm on Saturday 29th and takes place in the Town Hall) we will be attending the annual Remembrance Day service; during that week we will also be sponsoring the weekly Age UK lunch.



Just in case it had passed you by, Christmas is fast approaching and Callington Rotary will be firing on all cylinders on Saturday 3rd December when the Christmas Victorian Market returns after the enforced Covid break. The Pannier Market will be a hive of activity with plenty to see and do, live entertainment and tasty morsels to whet your appetite – and it will all be under

cover so everyone can linger and chat with friends and neighbours and get into the Christmas spirit.

As this is being written, a wide range of stallholders are signing up, but if you would like to be a part of the entertainment or have goods which you think might be appreciated on the day, please contact <u>president@callingtonrotary.org</u> to declare your interest. We will get back to you to discuss how we might fit you in.

TWINNING NEWS

Twinners were out and about at Honey Fair and were pleased at the response to their display on twinning activities. Twinning events have been going on in Callington since 1982, when the first twinning charter was signed with Guipavas and further strengthened when we twinned with Barsbüttel in 2004. What made this so special was the fact that Guipavas and Barsb

Many a passer-by was taken by the special Honey Fair offer of a free year's membership for anyone signing up on the day.