# THE OLD SCHOOL NEWS

Issue 241 April 2023





PANTO IS BACK OH YES IT IS THANKS TO SCATS



# THE NEXT OLD SCHOOL FARMERS MARKET IS ON APRIL 1st OPENING TIME 9.30 am

STALLHOLDER LIST

Jeremy Daw - Butcher - 01579 350410
lan MacDonald - Framing - 01579 351221
Karen Cooper - Cards - 01579 370536
Derek Scofield - Fruit Juices - 01579 350594
Chris George - Wood Turner- 01579 370654
Helen Webb - Skin Care Products - 01579 683471
Linda Losty - Aprons, Masks etc. - 07494 939086

Linda Losty - Aprons, Masks etc. - 07494 939086
Neil Robyns - Pies, yogurts, etc. - 07831 625159
Sandra Jane - Leather products - 01579 370966
Sue Cook - Plants & Glass Ornaments - 01579 383885
Val Kidman - Preserves & Cakes - 01579 370297
Suzanne Shone - Felting - 01579 386992

Veryan Barneby - Jewellery - 01579 370680 Kendale Courts - Local Fresh Vegetables - 07813 157961 Rosemary Hambly - Action for Children - 01579 383773

(Pictures painted by Ukrainian artists depicting their view of the conflict)
The next 'Sending Love to Ukraine' trip departs on the 7th April.
See page 11 for more information







This News Sheet has been produced by the Trustees of The Old School, Stoke Climsland, Callington PL17 8NY. All enquiries should be made to the office at The Old School, tel 01579 370493 or by email at theoldschool78@gmail.com

The News Sheet can be viewed on The Old School Facebook page and is available for download at www.theoldschoolnews.co.uk



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Vict









07989 957242 fitforlife cornwall@yahoo.co.uk www.fitforlifetherapy.co.uk

Fit for Life Massage Therapy is based in Callington, Cornwall. We offer individually tailored massage in a calm, relaxing environment.

#### Sports Massage

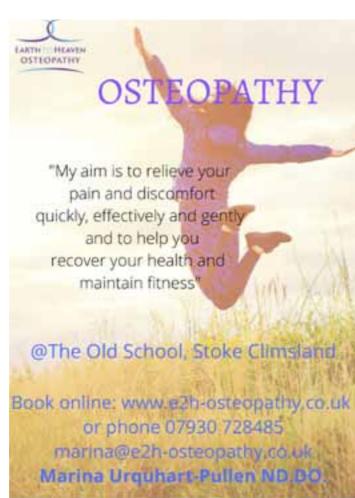
Helps recovery from sporting injuries, muscle aches and po and improves flexibility and range of motion



Therapeutic Massage Relaxing deep tissue massage relieves muscle tightness and oreness, increases circulation eases tension headaches and ncreases ioint flexibility

#### Manual Lymphatic Drainage

- Treatment for managing lymphoedema
- Lymphoedema is a swelling caused by a build-up of tissue fluids, maybe due to radiotherapy, surgery,
- · Fit for Life will work gently with the client to help manage arm and leg oedema and help the client learn self-lymphatic drainage techniques



## **PARISH HALL DIARY APRIL 2023** Regular Events:

Regular Events:				
Monday	7pm	1st week only GARDENING CLUB		
Tuesday	9 am - noon	Weekly	POP-UP CAFÉ	
	1:15 - 2:15 pm	Weekly	LATINO DANCE	
	7:30 pm	2nd week only	W.I.	
	7 pm	Weekly except 2nd week	BOWLS	
Wednesday	9 - 1:00 pm	Weekly (term time)	PRIVATE HIRE	
	3 - 8:30 pm	Weekly (term time)	SJS DANCE ACADEMY	
	9 - 11 am	Weekly	KEEP ACTIVE	
Thursday	4 - 7:00 pm	Weekly (term time)	SJS DANCE ACADEMY	
	8 - 10 pm	Weekly	CALLINGTON GOSPEL CHOIR	
	10am - 11am	Weekly	PILATES	
Friday	11:20 - 12:20	Weekly	MATURE MOVERS	
	7 - 10:30 pm	Weekly	BRIDGE	

All events are subject to change due to holidays etc. Please contact group leaders for specific info. Together with:

PH CIO

For further information regarding bookings please contact Sue Watts 07836 202212 or email sue-watts@btconnect.com

#### METHODIST CHURCH SERVICES **APRIL 2023**

ALL DAY

1 April

April 2	Local arrangement (Alpha Film)		
April 9	Easter Sunday - Church Anniversary Clebration Service, led by Helen Burke		
April 16	11 am	Helen Pengelly	
April 23	11 am	Brenda Grundy	
April 30	10.30 am	Circuit Easter Offering Service at Callington Methodist Church	

'Discover the Bible' meets each Tuesday at 7 pm Maundy Thursday, 6th April, 7 pm Holy Communion and Meal - please book with Donna 01579 383709 "Tea In The Afternoon" Wednesday 26th April and the last Wednesday of each month 3.30 pm - 5 pm. Come and have a chat and enjoy a cuppa and lovely reshments.

#### Required Urgently!

#### **EDITOR FOR OLD SCHOOL NEWS**

POSITION IS VOLUNTARY. FOR SOMEONE with GOOD ENGLISH LANGUAGE SKILLS. MOSTLY LIASING VIA EMAIL WITH CONTRIBUTORS MONTHLY AND CHECKING GRAMMAR AND SPELLING OF INCOMING ARTICLES.

CONTACT derrick.parsons@btinternet.com

#### PLEASE HELP

OLD SCHOOL DIARY APRIL 2023				
Weekly Events:				
Mondays	9 am	ACUPUNCTURE (by app		
	9 am onwards	PILATES		
	7:30 pm	SCOTTISH DANCING		
Tuesdays	10 am - 1 pm	RAGS ART GROUP		
Wednesday	10 am	CROSS BOARDER ARTS		
Th	9am Onwards	OSTEOPATH (by apt)		
Thursdays	11	IVEED EIT		

11 am

9.30 am

Fridays

KEEP FIT

FRIDAY MUSIC GROUP

FRIDAY LUNCH all welcome,

	12 noon	· · · · · · · · · · · · · · · · · · ·
	12 110011	please ring Old School to book
Together v	vith:	
April 1	9:30 am	FARMERS MARKET
A	pm	AFTERNOON TEA & MARJONG LESSON
April 5	pm (AH room)	COUNCIL CORONATION PLANNING MEETING
April 6	(AH room)	CHIROPODY
April 8	1 - 6pm	MESSY CHURCH
April 11	2 pm	LOOK GROUP (AH Room)
April 13	1 - 4 pm	CALLINGTON U3A
	7 pm	TRUSTEES MEETING
April 14	7 pm	Film Club
April 15	9 - 1 pm	REPAIR WORKSHOP - set up Not for public to bring repairs
April 20	(AH Room)	CHIROPODY
April 20	7 pm	Investment Club
April 21		BIRTHDAY BOOKING
April 25	7 pm	LOCAL HISTORY
April 27	1 - 4 pm	CALLINGTON U3A

# **PARISH CHURCH SERVICES**

	APRIL	2023	
	April 2	8 am	Morning Prayer
-		10 am	Morning Worhip - Palm Sunday
		2:30 pm	Remembering God
	April 7	10:30 am	Good Friday Walk of Witness Venterdon Chapel to Stoke Church
		8 pm	Tenebrae Service
	April 8	3 pm	Messy Easter at The Old School
	April 9	6:15 am	Sunrise Service at Kit Hill
		10 am	Family Communion for Easter Day
	April 16	8 am	Morning Prayer
		10 am	Morning Worship
	April 23	8 am	Morning Prayer
		10 am	Family Service
	A = == 1 20	9:15 am	Communion at Upton Cross
	April 30	11 am	Family Service at St Marys

OLD SCHOOL 200 CLUB WINNERS			
March 12	M J Cox		

News, diary and other information should be sent directly to Derrick.parsons@btinternet.com

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#### **EDITOR'S LETTER**

Sadly I am unable to continue as Editor for The Old School News. Other commitments mean I cannot give it my best attention. I have enjoyed receiving your thoughts and articles. Deri Parsons has kindly agreed to take it on temporarily but we still need someone to come forward.

One thing I have learnt to appreciate is the value of time which is given to the community by so many. We are so fortunate in Stoke Climsland that there are many people who do so much for the village - to preserve the Old School and all the other institutions and meeting places. If only walls could talk!

All the time given does so much towards creating a community and gives a sense of home and stability in an unstable world. We are so lucky.

Thanks everyone! For all you do - to those who contribute to the Old School News. And thanks too to the local businesses who advertise with us. Without financial contributions it will be difficult to continue so if you are a local single trader or business please ask for our advertising rates. They are extremely reasonable.

I am still running the advertising side and still very much part of Stoke Climsland and will see you soon.

With very best wishes.

Gill Hiscott

Advertising: gillhiscott@hotmail.com Editorial: derrick.parsons@btinternet.com

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#### News from the Parish Council

By the time you receive this copy of the Old School News the Outdoor Gym on the Village Green will be in action. This is a circuit of seven items designed to exercise all parts of the body if you complete it. This has been paid for with a grant from the Lottery Fund Awards for All programme. The grant covers 100% of the £9900 cost. We hope it will be well used and that you will enjoy keeping fit.

Enough money has been raised, thanks to the hard work of the residents of Downgate, so the defibrillator has been ordered together with installation work paid for by the PC. Well done all.



There will be a programme of events for the Coronation weekend and the community are joining the PC at planning meetings. So far we know that the Church will have floral displays and a concert on the evening of May 5th followed by a barbeque. Amongst the other events there will be a carnival for the children on the theme of Charles/Charlie and a concert by the Mets.

Luke has agreed to run another scarecrow competition with the same theme as the carnival. It promises to be a weekend to remember.

Have you registered your child for a Coronation Medallion? If not please email name address and date of birth to the Clerk at parishclerkscpc@gmail.com

Further news will be on the stokeclimslandparishcouncil.org website and the Stoke Climslandpc Facebook page and we hope to publish the programme in the May edition of the News.

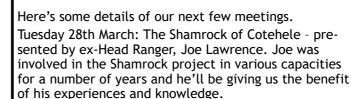
#### THE OLD SCHOOL FOUND\MISSING

MISSING - Big Stainless Steel Baking Tray was taken out by mistake by someone, if you have it at home please return it to us, as it belongs to someone else and it has very sentimental value to her.

FOUND - Someone left a measuring Pyrex Glass at school, if it's yours, missing at home, please come and collect it.

Edah

# Stoke Citmskind



Tuesday 25th April: Hopefully we will have Mark Camp, an author and Blu Badge Guide, talking to us about 'Smuggling: Fact or Fiction?'. How much do we really know about smuggling? Was Jamaica Inn really a smugglers' haunt? And what about Ross Poldark?

Tuesday 23rd May: A talk by maritime archaeologist, Kevin Camidge, on 'The Wreck of HMS Colossus on the Scillies in 1798'.

All are welcome to come. It's free to non-members but donations are welcome/encouraged. Why not join? It's only £10 for this year.

If you want more information, please contact Deri Parsons on 01579 370319 or via email: derrick. parsons@ btinternet.com

#### "ARE YOU A THERAPIST?

The Old School has a comfortable Therapy Room, available to hire by a private therapist to meet their

Acupuncturist - Michael Clements has been treating people here for some years, during which many from our local community have benefited from his skill.

Osteopath - We have been delighted to host Marina Urquhart-Pullen this year. She is sadly leaving for a while now, due to time limitations while she completes further training. She will continue her sessions in Tavistock and can be contacted at:www. e2h-osteopathy.co.uk;marina@e2h-osteopathy.co.uk, or 07930 728485

So we have more availability, and we would love to see you! - do contact The Old School on 01579 370493"





# Down on 'Yes - we have no Banana's... Tomatoes, Cucumber or Eggs'

If geo-searching for lithium or tungsten, arsenic, copper or tin, and dangling a giant size cartwheel equipped with the latest imagery technology by a rope from a helicopter is not an April Fool stunt after all, then just maybe scouring every supermarket fresh fruit and vegetable aisle for a full compliment of salad items in late winter probably is beyond

West Country traditional livestock farmers breed, raise and produce grass fed quality beef, lamb or milk for a largely stable market of loyal British consumers, and match grass growth, forage and fodder availability to summer grazing and winter housing. Beef and milk cost of production is higher in the winter feeding period, premium lamb from mid summer to mature hogget by winter. Each have an input cost and sale value based upon supply, demand and

However, with an urban population detached from not only where their food comes from or how and why it is produced, we now see a trend of expectation that whatever is demanded should be instantly and widely available in all forms, irrespective of season, climate or geographic location of the world. Affordability, quality and choice are each a given and no account taken of cost of production, food chain disruption, war, pestilence or weather extremes.

So as bizarre a comment in reaction to the recent tomato shortage from our DEFRA Secretary of State - Therese Coffey MP, to 'let them eat turnip', she was correct to highlight the value of this both nutritionally as well as price and introduces seasonal winter vegetables into our daily diet in support of British and in particular South West field vegetable growers.

Addressing the bigger picture of national food security in the light of global instability, rising populations and climate change, however remains the 'elephant in the room' and yet we, as the primary producers, still await any guidance

on a national food strategy within the now adopted 'Domestic Agricultural Policy'. Whilst rightly much effort is directed toward measures to mitigate both the declared climate and ecological emergencies, all too many of our mainstream farming sectors remain exposed to the mercy of the marketplace. The classic example of this is within the poultry sector, who despite having to deal with the worst ever outbreak in winter season of Avian Influenza (Bird Flu), find their overall costs of production - high grain and protein feed prices, unprotected energy bills, transport and distribution fuel costs, resulted in many units forced to mothball operations. Thus there is a genuine shortage of eggs on the supermarket shelves.

So this Easter good luck in your hunt for the chocolate versions of the Easter Bunnies because finding the real eggs maybe harder to crack - unless that helicopter and scanner can find more than precious metals in these valley's - Down on the Farm.

#### Martin Howlett



Eggstreme Easter Egg Hunt



Doors open at 7pm for Refreshments Film starts 7:30pm Friday April 14th 2023



Ticket to Paradise" (2022 film) starring George Clooney and Julia Roberts.

A man and his ex wife race to Bali to try to stop their daughter from marrying a seaweed farmer. As they desperately try to sabotage the wedding the bickering duo soon find themselves rekindling old feelings that once made them happy together.

"A-list stars, beautiful scenery and a lighthearted romcom story. What more could you ask for."

**NEW MEMBERS ARE ALWAYS WELCOME** 

#### SIGHT LOSS CHARITY

#### calls for local volunteers to help people in the Stoke Climsland community

Stoke Climsland residents are being asked to help someone with sight loss in their community to stay active with a new volunteering initiative from iSightCornwall.

Cornwall's oldest charity, iSightCornwall are looking for people in the Stoke Climsland area to sign up to their new Walking Buddy scheme which sees volunteers paired with a blind or partially sighted resident to help them go on short walks around their local area.

The charity has one client in the area who is new to Stoke Climsland and who would love to go on short walks near their home to gain confidence in getting out and about and to get acquainted with the village.

Carole Theobald, Chief Executive from iSightCornwall said: "Over 40 percent of blind and partially sighted people feel cut off from people and things around them and 50 percent feel limited in the activities they can take part in.

"Walking Buddies play a vital role in helping people to overcome these barriers by providing the support they need to get outside for a short walk."

iSightCornwall aim to match volunteers with someone living in their area and pay any mileage costs. Volunteers will be given training on how to guide visually impaired people and the charity will also provide a DBS check as well as ongoing support.

Jodi Strick, Volunteer Co-Ordinator at iSightCornwall said: "We look at each person who signs up to our Walking Buddy scheme, both volunteers and participants, and make an arrangement which works for all involved. The length, location and frequency of the walks can all be decided once you've been matched with a Buddy.

"This is a fantastic volunteering opportunity, not

just because you can make a real contribution to the lives of people living with sight loss but because it also gives the opportunity for our volunteers to meet new people, learn how to guide someone and to get more involved in their local community.



For more information about this or any of our other volunteering roles, please contact Jodi Strick on 01872 261110, jstrick@isightcornwall.org.uk.

#### Village Show Jumble Sale

There was a day when the Village Show Jumble sales raised £250.00 - £300.00 to help finance the Village Show. The latest Jumble Sale raised an astonishing £1.000 of which £153.00 was donated to the Turkey/ Syria Earthquake Disaster Appeal The £153.00 was raised

by the sale of bacon butties which were greatly enjoyed by all. The balance will be used to help finance this years Village Show which will be held on the Village Green on Saturday August 12th. The weather was kind

to us and by 9.30am a long queue of bargain hunters had formed outside the Old School House.

The Jumble Sales have been quite a social event in the Village with tea, coffee and cakes being served as well as the bacon butties!

Thanks to all those who donated towards a mountain o iumble, to those who bought items and to our wonderful team of volunteers who make the event possible. The unsold jumble will be donated to

local charities and the Village Scouts Group.

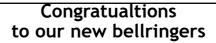
We are very lucky to have the use of the Old School House. It is the ideal venue for events such as ours and we appreciate the support they give us, especially as a drop point for donations.

We plan to have another

Jumble Sale on Saturday June 24th. Weather permiting this will be held outdoors in the OS car park and alongside the jumble we hope to have plants on sale. More details to follow.

Thank you so much for supporting your Village Show and the Eartquake Disaster Appeal.

**Derek Ross** 



Sue Watts and Jackie Stokes have been registered with the Truro Diocesan Guild of Bellringers and were presented with their certificates last night.

They have worked with our tower captain, Stephen Leonard Williams and the team to reach the standard needed and we are all thrilled they have joined us.

If you have been considering learning to ring please contact us or come along to a practise on Thursday evening at 19.30 and find out more.





#### **Community Fellowship**

Hello everyone, well, 2023 sees me and Sue's 50th anniversary of being introduced to Stoke Climsland when Sue's parents, Tom and Caroline Parkinson moved to Lower Downgate. Having just got married in 1972 and living in a bedsit in Ealing we took every opportunity to drive down for a weekend or more. We loved the area and meeting local friends - gone now though many of the old family names still reside in the parish. Others are now just names on the grave stones in the churchyard, where we will be one day!!

Back in those days the community was a bustling place, the church was full and all were dressed in their Sunday best!! Events were everywhere.

The electronic age is here but can we delay the march of progress??

Sue and I know a village in South Oxfordshire where 40 years ago there was the bustle of community life. Everyone knew everyone (well almost) and we could pop into friends homes for a natter, meet in the pub, or have BBQ's at weekends. But the community fellowship has left that village.

The post office, village shop, primary school and pub are all closed and now dwellings.

The Parish Council now have to meet in a local care home once the 'residents' have gone to bed.

The Church is struggling with 6 attending supported by 'lay' readers.

The church organ needed repairing, so no accompaniment to hymns.

The parish rector has gone (now just a cluster of 5 parishes - sound familiar??) and also the rectory.

Polling station, bus service and telephone box are all gone - just the bus shelter remains.

There is no village magazine, fete, flower show, or other community gatherings.

The spirit and soul has gone

We can all work together to ensure our offerings from the various facilities continues to meet our community needs. When the call goes out for new volunteers remember that without these volunteers the facilities will close. Please don't let our village go the same way as other parishes.

Stoke Climsland is recognised as being a very active place to live or visit, but it is not immune to the march of 'progress'.

Back then we didn't have mobile phones with apps to communicate with. The value of community facilities is that we meet up and talk and so maintain our health and mental wellbeing.

Let's keep going and adapting to change, embrace it but not lose the community fellowship.

The following is an extract from an article placed in the OSN in 2012 following the passing of Sue's

You should be immensely proud of the welcoming and caring spirit which prevails in the village. Guard and protect it as it continues to develop, it is a shining example to all. We have been touched by your messages of support and the respect and high esteem in which our mother was held. She was a very special lady who was so pleased and grateful she could end her days, with you, safe in the love and fellowship that is Stoke Climsland.

Sue and Geoff Giles

#### **Old & Proud Variety Show**

at Golberdon Parish Hall

Saturday 1st April 2023 from 7,30m to 10pm

#### \*\*\*BOOK YOUR TICKETS NOW\*\*\*

Bray Shop residents Elaine and Colin have added an extra date and venue to their 'Old & Proud' comedy variety show with ticket sales from this extra date going to the Bray Shop Community Fund. Come along to Golberdon Parish Hall on Saturday 1st April (doors open at 7am).

Tickets are only £5 each, what a bargain for a fun night out! You can bring your own booze and snacks to enjoy during the show and we'll have a raffle on the night plus the chance to purchase tea, coffee and cake during the interval. Come along to support Elaine, Colin and the rest of their theatre group 'Yn Poynt Da', which in Cornish means 'In Good Spirits' as their aim is for us all to leave 'in good spirits' after enjoying a great show with friends. To book your tickets email caroline@ wetdogcreative.co.uk or call Caroline on 01579 371 445 or 07896 106

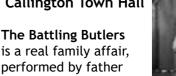
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#### **Bash Street Theatre Co** THE BATTLING **BUTLERS**

It's a family affair

Friday 28 April 7.30pm Callington Town Hall





is a real family affair, performed by father and son, Simon Pullum

and Lochlann Pickering, with original live music from Julian Gaskell.

Licensed bar available.

Tickets available from Callington Town Hall, Victoria Eyton or via Eventbrite.

**Prices** 

Adults: £12 Under-18s: £6 Families (2+2): £30 Solo+ (1+2): £18



#### MayFest 2023

Now is the time for everyone to step up a gear in readiness for this year's MayFest which will take place on Saturday 13 th May.

As usual, in the run-up to MayFest, there will be exciting opportunities for people of all ages and abilities to experience the joy of singing and music-making with free workshops on offer as outlined below.

It's not necessary to commit to every session (but it would be best if you could).

#### Find Your Voice with Sarah Owen!

Sarah has become a firm favourite with everyone in Callington who has worked with her in the past and has a firm belief that everyone can sing!

#### Join the MayFester Musicians with Rosie Fierek!

If you play an instrument but do not have the time to commit to weekly rehearsals, or would just like to take the opportunity to play with new people, come along and be a part of the Magnificent MayFesters.

Rehearsals for both workshops are from 10.30am - 12.30pm on the following dates:-

	ROSIE'S WORKSHOP	SARAH'S WORKSHOP	
April 1	-	Methodist Church	
April 8	Callington Primary School	Council Chamber	
April 15	Town Hall	Methodist Church	
April 22	Town Hall	Methodist Church	
April 29	Callington Primary School	Methodist Church	
May 6	Methodist Church	Methodist Church	

Why not get along to one of the first sessions and see how you might fit in?

#### **CHURCH MATTERS - CHANGE**

There is a story about a bishop meeting a church warden I heard many years ago, I'm not sure if it's true or not but it's a good story anyway. The church warden, in conversation with a bishop, happened to mention he had served for nearly 50 years. The bishop responded by saying: 'Well, I expect you have seen a lot of changes during your term of office'. 'Yes', was the reply, 'and I have opposed every single one of them'.

Some adapt to change better than others but like it or not, change is a fact of life and the rate of change always seems to be increasing. The church as an institution is not exempt from change and in Cornwall is undergoing radical change at the moment. You may have heard of 'On the Way', the label the church in Cornwall has given this process of change. It involves individual parishes like Linkinhorne, Stoke Climsland, Southill and Callington (already grouped together) being formed into larger groups with one rector (priest) looking after them.

Of necessity, individual parishes, individual congregations, in these larger groupings will need local leaders entrusted with the day-to-day running and leading of local churches and responsible to the rector who has oversight of the group. Many of these leaders have been in place for some time 'unofficially' but the intention is to officially recognise this role. Training of local leaders is in progress as is preparing rectors for a position of oversight. It's worth noting that there are no plans at present to close any church buildings which will remain open as long as there are local congregations and communities able to maintain them.

So far I have referred to changes affecting the institution of the Church of England in Cornwall. What I find most encouraging, however, is that the 'On The Way' initiative recognises that without a change at a personal level in the people who are the church, any institutional changes are pointless. The true church comprises those who seek to follow Jesus and his teaching: In a nutshell, a love for God (and by implication all that he has brought into being) and for our fellow human beings, love your neighbour as yourself.

Just recently I came across a very interesting quote by Guss Speth, an American environmental lawyer who co-founded the National Resources Defence Council and became Dean of the Yale School of Forestry and Environmental Studies:

'I used to think the top environmental problems were biodiversity loss, eco system collapse and climate change. I thought that with 30 years of good science we could address these problems, but I was wrong. The top environmental problems are selfishness, greed and apathy - and to deal with those we need a spiritual and cultural transformation - and we scientists don't know how to do that.'

I suggest that the spiritual and cultural transformation Guss Speth refers to would address many, if not all, of the problems we face today, locally, nationally and globally. I am convinced that the teaching of Jesus and his church (his followers) have a crucial role to play in that transformation.

**Brian Norris** 

# -h

#### STOKE CLIMSLAND WI

In March we held our Annual Meeting and we were delighted that Chrissie Le Marchant agreed to continue as our President for another year.

In 2022 Stoke Climsland WI entered The Baker Cup competition run by The Cornwall Federation of Women's Institutes. The brief was 'Discovering Footpaths'. A number of members participated and this involved walking a route from Lockington to Holwell and then a second leg around Lidwell. During the walks lots of observations were made, photographs taken, sketches made and broken stiles logged. Poems were written and handcrafted items added. There was also a follow up session with an art group. A few months later it was a pleasure to hear that the hard work had been rewarded and we had won the Baker Cup. A group of our members went to Truro to be presented with the cup.

At our March meeting Chrissie gave us a Powerpoint presentation of the winning entry where we could appreciate the efforts of our enthusiastic members.

We have a range of interesting talks coming up in the next few months and in addition to our Monthly meeting in The Parish Hall we usually have a Cookery evening at The Old School or a Knit and Natter evening at the Social Club each month. Look out for details on the

Noticeboards and on our Facebook Page.

New Members and visitors are always welcome to come along. We meet on the second Tuesday of the month in The Parish Hall at 7.30 pm .The cost is £4 which includes delicious tea and cakes. We look forward to seeing you.

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#### Dates for your Diary:

11th April 7:30pm - Parish Hall - Open Meeting - Talk from The Rivers Trust

11th May 7:30pm -Parish Hall - Bessie;s Tale - the life of a 16th Centrury serving woman

Ros Hardy





On Friday the 10th of March, 10 large vans made their way to a warehouse in Warsaw, Poland, carrying humanitarian aid for the Ukrainian cause. Almost to a day this marked the anniversary of the first trip made by 'Cornwall and Devon Sending Love to Ukraine', and was the 10th trip made by the group, surpassing 100 vehicles (105), and nearly 200 tons of delivered aid.

Generators; medical equipment and medicines; baby food, nappies, and clothing; sanitary items; sleeping bags, camp beds, mattresses, and bivvy bags; tinned and packeted food; candles, torches, and batteries (to name but some of the items donated and delivered), will now be quickly forwarded to refugee shelters in Poland and Ukraine, as well as hospitals, orphanages, relief stations and organisations, and many other locations within Ukraine itself. Our 11th convoy vehicle actually went into Ukraine with some specifically requested urgent items and delivered them direct.

Our return journeys are usually blessed by being able to bring displaced Ukrainians back with us, sometimes even with their pets! This is possibly the most rewarding part of the trip for some volunteers, seeing the anxious and troubled faces of the mainly women and children we pick up finally break into smiles and (happy) tears when they see the white cliffs of Dover.

This was a particularly poignant trip, and one that nobody expected to be doing when the group started a year ago. We will continue to do what we can for the displaced, injured, and traumatised people of Ukraine suffering at the hands of the Russian army and almost daily missile strikes that do so much damage to an innocent people just desperately trying to defend their families, homes, livelihoods, and country.

All this, however, is only possible by YOUR donations. From packets of Paracetamol (difficult to even source in Ukraine!), through to large portable electricity generators, the people of Cornwall and Devon have continually come up trumps. Not least, the generous folk of Stoke Climsland Parish have rallied to the cause and been responsible for many donations - for example, popup café, the Post Office and the church collected nearly 1,000 boxes of painkillers over a 6 week challenge before Christmas! Incredible!

Unfortunately, the war continues, and our aid is always desperately needed. So please continue to bring your items to the P.O., or take them to the Town Hall or 'The Emporium' in Callington. All the donation station locations and items required can be found on the website https://sendinglovetoukraine.org .

If you'd be interested in helping collect or could volunteer sorting and boxing, or even consider driving, please get in touch (even if it's just to find out more).

David Crawley - 01579 370856

#### More than a load of old stones!

By Revd David Moss, Methodist Minister for Stoke Climsland

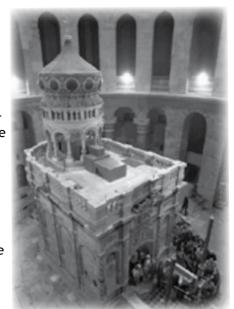
We rose very early on a Wednesday morning before the sun was rising over Jerusalem. Our intention was to go to the first Mass in the Church of the Holy Sepulchre. We had been invited to celebrate Jesus in the Tomb he was buried in. We were with the Tantur Ecumenical Institute and the Roman Catholic priests amongst us have been invited to celebrate the Eucharist, Holy Communion (bread and wine) in what is considered, by many, to be the holiest site in the Christian world.

Inside the larger Church of the Holy Sepulchre is a marble chapel and inside, a small tomb. In the Holy Land people often say, 'tradition says this or that happened here', but the Church of the Holy Sepulchre is different. Scholars and archaeologists agree that this is the place where Jesus died and was buried. James Martin SJ quotes the scholar Murphy-O'Connor's evidence, which is based on the tomb being placed in an unused quarry which fits the gospel's descriptions. 'The most important argument for the authenticity of the site is the consistent and uncontested tradition of the Jerusalem community, which held liturgical celebrations [Worship] at the site until AD66.'

UNTIL AD 66! The reason the Jewish Christians were there at the Tomb until AD 66 is that the Romans in whose empire Jerusalem sat, forced all Jewish people out of the city in AD 66, Christians included. The period from the time of the resurrection of Jesus to AD 66 is about 30 years. There will have been people in AD 66 who first believed and some of them will have seen the risen Christ for themselves.

So, back to our early morning Holy Communion. Some may be wondering if my wife and I would actually receive the bread and wine from our Roman Catholic friends. The answer is yes, we did, because the patriarch of the catholic church gave permission for any protestants with the Tantur Ecumenical Institute to take Holy Communion. His reasoning was that the Christian church is vulnerable enough in the Middle East and we need to strengthen one another. So, early in the morning the 19 of us crammed into the small chapel. The bread is shared amongst us as we remember the death of Jesus and celebrate that he is alive and with us. Then one by one, we stoop through the small doorway of the tomb, and kneel at the stone

where the dead body of Christ was laid. I knelt and reverently stretched out my hand to touch the stone where the body had been. Christ, my Saviour was there, and the good news is that he is always with us who believe. As Jesus himself said: 'Behold, I am with you till the close of the age'. By faith, we know his love and friendship.



#### LOVE OUR RIVER

Today (19th March) at Calstock we were privileged to hear several brilliant speakers, one of whom had also spoken last year at Stoke Climsland Climate Fayre.

The speakers included Dr Laurence Couldrick of Westcountry Rivers Trust, (Stoke Climsland) who spoke among other things, about his Citizen's Science project; Alastair Tinto of Calsock Parish Council (Environment) about the problems of getting honest data on pollution in the Tamar; Dr. Rebecca Pierce who is a researcher with particular focus on droughts and their effects, and Chris Jones, much loved 'Beaver man' talking about the advantages of these wild creatures in the landscape. And we even met 'Trevor' - you may know the size of a beaver - I had no idea that they were so large.

The subject of the morning was the pollution in the RIver Tamar, the river which must be closest to our hearts. The River Tamar was reported to be the seventh most polluted river in the UK. The talks incited great interest and fifty to sixty people were enthralled, listening to the information and suggestions.

We are in a drought situation and this winter has just not provided the rainfall to fill the reserves. There are things that we must be aware of as a result of the water shortages, which may show themselves particularly this summer.

As a development of last year's Climate Fayre we now have a plan to bring some guest speakers to the Old School, to update our community on the science and perhaps instigate calm debate about methods to mitigate climate problems here, within this parish and its neighbours. The world problems are not something we can alter without institutional change but every little bit, like a drop in the ocean, will add up, if we all try.

One thing is to read and act on the things that fit for you, reading from 'The Carbon Buddy Manual' - copies still available from meliovguv@hotmail.com



# CALSTOCK ARTS





Thursday 6 April: C-Fylm The Banshees

or a remote island off the west coast of











onlike Skoogh is a highly-versable and brated multilingual jazz vocalist who is not in Exeler. She brings a special bles orian charm and Latin Savour b

Friday 5 Way: Armika Skoogh Quartet



duet to quintet formats and have perfo



in style and substance. Reflecting on his redts it's dear that imagination and

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#### Stoke Climsland Sports & Social Club

Follow us on Facebook MEMBERS ARE ALWAYS WELCOME

We are open Wednesday to Friday 8.00pm to 11pm, and when there is an event on Saturday from 7.30 to 12pm.

If you want to know more, come to the bar to find out. Alternatively you can telephone the secretary: Louise Power on 01579 370819 or email louisepoweraok@msn.com.

The February Quiz was a fine quiz hosted by Jenny and Kathleen. It was a busy night with 9 teams. It was won by "Shocking" with "I'm Not Very Good At This" collecting the wooden spoon. It was great to see so many teams and so many new members joining in. We hope to see you all for the next Quiz on 15 April. The Valentine's meal was excellent. The Club was packed with everyone enjoying the meal. Many thanks to Bonny for all her hard work cooking and to the team who decorated the Club so well. St Piran's night was also very well attended with the Club full to capacity with over 50 people enjoying the home cooked pasties. The club was decorated in black and white with Cornish Flag bunting festooning the ceiling. Again many thanks to Bonny, Gareth and many others who produced the wonderful pasties.

The AGM will be on Saturday 25 March at 7.30pm in the Club. There are several issues we need to bring before the AGM so please do attend. If there is anyone who wants to put forward their name to join the committee, the forms are up in the Club. We always welcome new members onto the committee.

The Gin evening will be on 22 April, hopefully with music by the METS. The Club will be on the Green on Saturday 6 May for the coronation celebrations. In the evening the METS will be playing in the marquee and there will be a disco. We are hoping to have a Fabulous Fish Friday on the field either at the end of May or the beginning of June. Look out for the tickets going on sale as they go very quickly! All events are advertised on facebook and we will try to email you about upcoming events.



#### Dates for your diary:

15 April	Quiz	6 May	Coronation
22nd April	Gin Night	17 June	Quiz

Keep and eye on our facebook page for more information.

#### Louise Power



#### 'Callington Toddle In'

For babies, toddlers & their parents, grandparents, carers CALLINGTON METHODIST CHURCH

Each Thursday 9.30 - 11.30 am Toys, creativity, healthy snack, tea & coffee. Parking behind the Church. 01579 388840 or visit our Facebook page

# Wednesdays@10.30



Each Wednesday morning at Callington Methodist Church - a relaxed time of Intergenerational Creativity, Spirituality, Tea, Coffee and Chat. All ages welcome. For further details please visit our Callington Methodist Church Facebook page or our website www.callingtonmethodist.org

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#### Easter Cracked

Callington Methodist Church PL17 7JJ



Wednesday 5th April 2023 10 am - 12 noon

Games, Food, Creativity, Giant making rkshop - all ages welcome - children to be accompanied by an adult

Further details 01579 388840

or visit our Messy Church in Callington Facebook page

#### 'Well that wasn't as easy as I thought it was going to be'

A big thank you to Wendy Ambrose for inviting us all to the parish hall for a very informative introduction to emergency resuscitation and making it an enjoyable experience, albeit, harder work than any of us expected.

First, Wendy explained what we should do if we came across someone who had collapsed. Of course, most importantly is the area safe for us to go into? Then, is the person unresponsive? Check for breath, is their chest moving? SHOUT FOR HELP, oh, my goodness, Wendy can certainly shout. Contact the emergency services, we all know 999 but what if we are on holiday, in another country, we then need to dial 112, who knew? Some of us, but not all of us. Demonstrations next on how to do chest compressions and mouth to mouth breathing (only if it's safe and you are happy to, if not chest compressions alone may well save a life) and then it was our turn. Down on the floor with the manikins, this is where the hard work comes in, some of us were not quite as good as others at doing chest compressions but we all gave it our best try, anything is better than doing nothing if ever you were to find yourself in the unfortunate position to have to give it a go. You must keep going until the emergency services arrive only pausing whilst a defibrillator is being used.

We have two defibrillators in Stoke Climsland one at the Primary School, just to the side of the office, the other outside the Sports Club in the middle of the village. With the use of a simulator, we were shown just how easy these are to use. Instructions are clear, on each pad is a picture showing where to place them on the casualty. The machine works with a recording which explains very clearly what to do, you can't go wrong, the machine will only do what is necessary.

One reason someone might need help is if they choke, Wendy explained, first try firm backslaps, if this doesn't dislodge the obstruction try doing an abdominal thrust. For this demonstration Wendy put on a special waistcoat, a volunteer was identified, and we watched a volunteer give her the 'Heimlich' manoeuvre, that certainly worked.

Getting a casualty into the recovery position was a much easier process. First Wendy demonstrated and then we gave

it a go. Wendy's little saying 'Hello cheeky, give us your leg and turn over' will be something I will remember, and it certainly helped me to get it right. This short course has made me feel, if I needed to help someone, I would at the very least, give it a go.

Wendy is more than happy to deliver certified training to groups and organisation, her contact information is as follows: wendy@active-training.org.uk

Hilary Scott





#### Stoke Climsland's very own Repair Café

NEXT OPENING - April 15th 9am to 1pm @ The Old School Refreshments and Repairs

#### What's a Repair Café?

Repair Cafés are free meeting places and they're all about

repairing things (together). You'll find expert volunteers, with repair skills in all kinds of fields. You'll also find tools and materials to help you make any repairs you need on portable/hand carry items such as clothes, furniture, electrical appliances, bicycles, crockery, IT equipment, appliances, toys, etc.

Visitors bring their broken items from home. Together with the specialists they start making their repairs in the Repair Café. It's an ongoing learning process. If you have nothing to repair, you can enjoy a cup of tea or coffee and/or something tasty to eat. Or you can lend a hand with someone else's repair job. You can also get inspired at the reading table - by leafing through books on repairs and DIY.

#### Why a repair café?

We throw away vast amounts of stuff, even things with almost nothing wrong, which could get a new lease of life after a simple repair. Knowing how to make repairs is a skill quickly lost. This is a threat to a sustainable future and to the circular economy, in which raw materials can be reused again and again.

That's why there's a Repair Café! People with repair skills get the appreciation they deserve. Invaluable practical skills are passed on. Things are being used for longer and don't have to be thrown away. This reduces the volume of raw materials and energy needed to make new products. It cuts CO2 emissions, for example, because manufacturing new products and recycling old ones causes CO2 to be released.

The Repair Café teaches people to see their possessions in a new light. And, once again, to appreciate their value. The Repair Café just wants to show how much fun repairing things can be, and how easy it often is. Why don't you give

"We would appreciate a donation for repairs and refreshments to help fund this important project. "

"We would appreciate a donation for repairs and refreshments to help fund this important pr Please contact stokeclimslandrepaircafe@gmail.com with any gueries



OME ALONG TO A FUN

### Variety show & supper

TR

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6 FOR 6.30PM

ON

FRIDAY 10TH MAY 202



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& ENTERTAINMENT FOR JUST

LI OBE

TICKETS AVAILABLE IN ADVANCE FROM STOKE CLIMSLAND POST OFFICE

#### CALLING NOTICE FOR PERFORMERS FOR A VARIETY SHOW AND SUPPER EVENING

With the aim of putting on an evening of cheerfulness for the parish after a wet and windy winter, the years of covid, the ongoing war in Ukraine, and

economic instability, a Variety Show and Supper Evening will be held in Stoke Climsland Parish Church on Friday 19th May 2023.

We are looking for willing volunteers from the Community to perform as part of this showcase of local talent. This could be in the form of a Song, a Skit, a

Poem (self-penned or otherwise), a musical piece from soloists or groups, modern or classical, but with the emphasis on light-hearted, all-age entertainment.

We would love you to be a part of this evening of music and fun, so please contact Barbara Bennett on 07971 667556, or Lyn Crawley on 07711 613726 as soon as possible to ensure your place on the Programme!

WE LOOK FORWARD TO HEARING FROM YOU



**EXHIBITION AND ART SALE** 

AT THE OLD SCHOOL 5<sup>th</sup> APRIL-25<sup>th</sup> MAY

We welcome you to pop in to The Old School to see our wooden wall art on repurposed wood and greetings cards. Kym, under her KYMSPIRATION alter ego also produces canvas art, 3D Shadow boxes and whatever else takes her fancy. We are based about a mile from Stoke at our own working studio. Visitors welcome by appointment, new stock always evolving, commissions welcome and prices to suit all pockets.

Lower Norton Farm, Mill Lane, Stoke Climsland
PI 17 80F.

We will also be participating in Cornwall Open Studios from 27<sup>th</sup>-30<sup>th</sup> May & 2<sup>nd</sup>- 4<sup>th</sup> June and also Drawn to the Valley Open Studios when dates are announced.

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